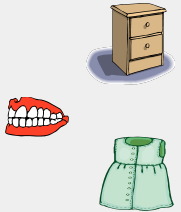










Beaverton Community Resources

Categories	Places that Help	Phone Number	Comments
Multi-Service Centers <i>Centros de Multiservicio</i> 	Dept. of Human Services Self-Sufficiency Offices Beaverton (15625 SW Greystone) Hillsboro (5300 NE Elam Young) Tigard (10777 SW Cascade)	(503) 646-9952 (503) 693-4555 (503) 670-9711	Food stamps, Cash Aid, Temporary Cash Assistance (TANF), Oregon Health Plan. <i>Estampillas de Comida</i>
	Washington County Community Action	(503) 648-6646	Information, energy asst., emergency rent asst, food. <i>Se Habla Español</i>
	Neighborhood House (SW Pdx)	(503) 246-1663	Parenting classes, homelessness. Clases para padres, falta de vivienda.
	Family Resource Centers Tigard (9000 SW Durham Rd Portable 716 M-Th 9-12; 1-3)	(503) 603-1585	Referrals, information, food, housing, parenting classes, clothing, diapers, energy assistance. <i>Múltiples Recursos</i>
General Information Lines	211; www.211info.org TEXT your zip code to 898211	Dial 211 Or (866) 698-6155	Info & referrals for health care services, emergency social needs, mental & dental help, WIC, housing. <i>Se Habla Español</i>
Women, Infants, and Children 	WIC Washington County Women, Infants and Children	(503) 846-3555	Food vouchers, breastfeeding classes, breast pumps, parenting classes. <i>Se Habla Español</i>
Housing  <i>Recursos de Vivienda</i>	Dept. of Housing Services Washington County	(503) 846-4794	Information on housing options.
	Community Action	(503) 640-326 (503) 615-0770	Housing assistance, case mngt, shelter information/waitlist. Emergency rent assistance.
Utilities <i>Recursos para Servicios Publicos</i> 	Care to Share	(503) 726-0407	Utility assistance.
	Community Action	(503) 615-0771	Energy assistance.
	Salvation Army	(503) 640-4311	Energy and water assistance.
Transportation 	Ride to Care (Healthshare)	(855) 321-4899	Free transportation to and from your medical appointments.
	Tri-County MedLink (Open card, Cawem plus)	(866) 336-2906	www.ridetocare.com
	Ride Connection (Non-medical appts)	(503) 226-0700	
Legal Assistance <i>Servicios Legales</i>	Legal Aid	(503) 640-4115	Free legal assistance.
	Tenant Advice Hotline (M,W 9-12)	(503) 648-7723	<i>Se Habla Español</i>
	Child Support Hotline (M 1-4)	(800) 383-1222	<i>Se Habla Español</i>
	Renters Rights Hotline	(503) 288-0130	M, W, F, Sat 1-5pm, Tues 6-8pm
	St. Andrew Legal Clinic	(503) 648-1600	Low cost legal consultation.
	Immigration Counseling Services	(503) 221-1689	Low cost assistance for immigration issues.
Medical Insurance <i>Seguro Medico</i>	1. Oregon Health Plan 2. HealthShare of Oregon (Providence, CareOregon, Kaiser, Tuality) https://one.oregon.gov Opening Doors	1. (800) 699-9075 2. (503) 416-8090 (503) 517- 3198	State medical insurance applications and eligibility information. <i>Se Habla Español</i> Request an Application, Client Services, Birth Reporting Line, Customer Service line. Help with: applying for OHP for expectant mothers.

 Counseling Services <i>Servicios de Consejería</i>	Morrison Child & Family Services (SW Farmington)	(503) 258-4381	Counseling and support services. OHP accepted.
	Sequoia Mental Health Services (SW 185th)	(503) 591-9280	Counseling and support services. OHP accepted.
	Lifeworks NW Intake	(503) 645-9010	Multiple locations. <i>Se Habla Español</i>
	Lewis and Clark Community Counseling	(503) 768-6320	4445 SW Barbur Blvd Pdx \$15 flat rate, limited availability. <i>Español</i>
	Hawthorn Walk-In Center (NE Hillsboro) 24-hour Washington County	(503) 846-4555 (503) 291-9111	Appointment or walk-in. Urgent care services for mental health and addiction concerns. Crisis line.
	Wolf Pack Consulting (SW Beaverton)	(503) 828-3402	Therapeutic Services. Accepts private insurance.
	Pacific University Psychology Comprehensive Health Clinic	(503) 352-7333	Hillsboro; \$50 intake and \$10-\$50 sessions.
Domestic Violence  <i>Línea de Crisis</i>	Domestic Violence Crisis Line	(503) 469-8620	24 hour DV crisis lines; can call collect. 24 hour crisis line; supports callers of all genders; https://calltosafety.org/
	Call to Safety	(503) 235-5333	
	Domestic Violence Resource Center & Counseling Services	(503) 640-5352	Support, resources, and counseling services for DV.
	Family Justice Center WaCo	(503) 430-8300	DV support.
Health Clinics  <i>Clinica de Salud</i>	School-Based Health Center	(503) 356-3895 After hours tel. number (800) 867-6577	Health services for Beaverton School District students.
	Beaverton High School 13000 SW 2nd Street Beaverton, OR 97005		
	Merlo Station High School 1841 SW Merlo Drive Beaverton, OR 97003	(503) 941-3210	
	Neighborhood Health- Beaverton 17175 SW TV Hwy, Suites A & B Beaverton, OR 97006	(503) 848-5861	http://www.nhcoregon.org/
	Neighborhood Health- Hillsboro 266 W Main Street Hillsboro, OR 97213	(503) 941-3016	
	Virginia Garcia Clinic Beaverton Hillsboro	(503) 352-6000 (503) 601-7400	Medical care for OHP patients and the uninsured. <i>Se Habla Español</i>
Childcare	Childcare Resource & Referral	Call: 211 Text: the keyword "children" to 898211 Email: help@211info.or	Referrals for childcare in your area.
Food/Comida 	Care to Share (9-12pm & 12:30-3pm)	(503) 591-9025	Referrals for emergency food. 97003, 97005, 97006, 97007, 97008, 97078, 97123, 97124, 97223, 97225, and 97229.