



Spring Cleaning Menu



Many cultures around the world include cleaning as part of spring routines! Here are 9 different ways that you can use to challenge yourself to clean your room!

<p>The Ickiest Thing</p> <ul style="list-style-type: none"> -Sweep every corner of your bedroom into a pile. -Find the ickiest mysterious object you can find in your bedroom. -Try to identify its origin. -Write a poem about the mystery object (to share with your class) and how it got there. -Throw it away along with the rest of your pile. 	<p>What's Hiding Under There?</p> <ul style="list-style-type: none"> -Remove everything from under your bed. -Sort it into 2 piles: Trash or Treasure? -Find a new home for your treasured object. -Trash or recycle the rest! 	<p>Beat the Clock </p> <ul style="list-style-type: none"> -Establish a cleaning goal for each participant. -Set a timer or select a song to clean to. -Get to work. <p>Examples of goals:</p> <ul style="list-style-type: none"> -clean out your sock drawer -organize your pajamas -try on all your pants and see if they still fit
<p>Book Drive</p> <ul style="list-style-type: none"> -Collect any books that you no longer read. -Write a book review for at least one book, encouraging younger readers to read it. -Donate the books to your school or a local book swap. 	<p>Before and After</p> <ul style="list-style-type: none"> -Take a before photo of your room. -Clean up and organize as much as you can! -Take an after photo. -Share your success with your family and friends. 	<p>White "Glove" Test</p> <ul style="list-style-type: none"> -Get an old (possibly with holes) pair of white socks and dust every surface of your room with them.
<p>Clothing Drive</p> <ul style="list-style-type: none"> -Take out all of your clothes and put them on your bed. -Count how many of each clothing type you have. (shirts, shorts, pants, etc) -Pick out your favorite items (that fit you), fold them and put them away -For any items that you no longer wear, hand them down to a younger child or donate them! 	<p>Toy Drive</p> <ul style="list-style-type: none"> -Sort your toys and games into 3 piles: I love it, I like it, I don't ever use it. -Make a plan for the "I don't ever use it" pile. -Think about: does it work? Does it have all its parts? Would someone else enjoy this? If yes to all of the above, consider donating! 	<p>Chore Chart</p> <ul style="list-style-type: none"> -Create a chore chart for your room. -Think about what needs to be done on a weekly basis. -Make a chart and think about your incentives for completing these tasks! -Negotiate with your family about incentives for keeping your room clean and organized!

