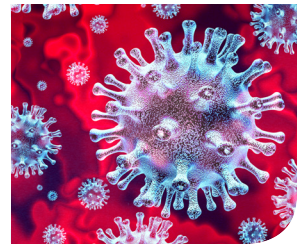




# QUICK SHARE: COVID-19 / CORONAVIRUS



MARCH 2020

## WHAT DO I NEED TO KNOW ABOUT CORONAVIRUS?

During recent weeks a new flu-like virus, called a novel Coronavirus has originated in Wuhan, Hubei Province, China. This virus is a concern for public health globally because it is being transmitted from human to human and can cause serious illness including pneumonia, and in some cases can be fatal. The virus has spread, and the situation is evolving rapidly: the symptoms are similar to cold and influenza viruses and the infection is spread in the same way - no vaccination is available at this time. According to the Centers for Disease Control and Prevention, the immediate threat to the general American public is low at this time.

This virus originally emerged from an animal source but has been monitored spreading from person-to-person. Some viruses are highly contagious (like measles), while other viruses are less so. At this time, it's unclear how easily or sustainably this virus is spreading between people. In general, coronaviruses spread through:

- Coughing or sneezing
- Close personal contact, such as touching or shaking hands
- Touching a surface with virus, then touching your mouth, nose or eyes before washing your hands

## WHAT IS TULSA PUBLIC SCHOOLS DOING TO KEEP SCHOOLS SAFE AND HEALTHY?

We have public health emergency response plans in place, and we are carefully monitoring the full scope of the coronavirus. We are actively working with the Tulsa Health Department, Tulsa Area Emergency Management Agency, and Oklahoma State Department of Health to stay updated on the status and spread of the coronavirus. We take student and staff health and safety seriously, and we routinely monitor schools for health issues of any kind and regularly disinfect schools during and after school hours. In the event of an outbreak, our school nurses and school leaders would follow the steps we have in place to track illnesses, notify health department officials, disinfect schools, and keep staff and parents updated.

[TulsaSchools.org/Coronavirus](https://TulsaSchools.org/Coronavirus)

## WHERE CAN I FIND MORE INFORMATION?

Centers for Disease Control and Prevention: [www.cdc.gov/coronavirus](http://www.cdc.gov/coronavirus)

Oklahoma State Department of Health: [www.ok.gov/health](http://www.ok.gov/health)

Tulsa Health Department: [www.Tulsa-Health.org](http://www.Tulsa-Health.org)

*Adapted from the Oklahoma State Department of Health, Tulsa Health Department, and Centers for Disease Control and Prevention*



## WHAT CAN I DO TO PREVENT INFECTION?

You can prevent infection by doing the following:



- Wash your hands frequently with soap and water for at least 20 seconds



- Use alcohol-based sanitizers (60% alcohol or above) when hand-washing is unavailable



- Help your young students to wash their hands well



- Do not drop off your sick child at school and stay home when you are sick
- Cover your nose and mouth when coughing and sneezing
- Avoid close contact with anyone with cold or flu-like symptoms

## IF YOU HAVE COLD OR FLU-LIKE SYMPTOMS, YOU MUST:

- Follow local procedures: contact your doctor, as appropriate, and avoid close contact with others
- Cover your mouth and nose with a tissue when you cough or sneeze, then throw the tissue in the trash
- Wash your hands often and thoroughly using soap and water and clean and sanitize objects and surfaces

