



Grades 3-5

Menu of Interdisciplinary Activities

The following activities can be used to share your learning about nature and the world around you. With permission from an adult, take a walk outside and notice what is happening in the world around you.

<p>Write a poem. Include details of what you can see, hear, smell, and touch in your own backyard.</p>	<p>Each time you take a walk outside keep a nature walk journal. What do you see? What do you hear? What do you feel? What do you smell?</p>	<p>Watch the movements of animals and/or insects. Notice what they do and when they do it.</p> <p>Create a play to show what is happening between the animals.</p>
<p>Create a collage with pictures from magazines that compare and contrast the seasons. Keep in mind a variety of images and colors.</p>	<p>Collect different types of leaves. Examine them. How are they the same and how are they different. Can you search online and determine what type of tree they come from?</p>	<p>Study or look at an animal or insect. Write a story from the animal or insect's point of view. What is a day in their life like?</p>
<p>Pick something you see outside your window. Think about what you already know about it and what questions you have. Write down all the questions you have about that one item. Choose some of your questions that you would like to explore. See what you can find out!</p>	<p>Sitting inside (looking out the window) or outside in nature, spend five minutes of mindfulness noticing what you see, hear, feel, and smell. Write a letter to a friend or family member telling them about what you noticed in your mindful moment and how it made you feel.</p>	<p>Based on your walk in nature, take three pictures of your outdoor world and - in no more than five minutes - write a story. Your story MUST include these three pictures.</p>

