APRIL - AUGUST 2020 White Bear Lake Area School District COMUNITY SERVICES & RECREATION



Flip book to see Bear's Bulletin!

Bear's Bulletin, a White Bear Lake Area School District publication, can be found on the reverse of this catalog. The piece covers District and school news, accomplishments, 624 Facts and notice of upcoming events. *Flip this book to see the District updates!*

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REGISTRATION



whitebear.ce.eleyo.com





Our Mission

The mission of Community Services & Recreation, a dynamic department at the leading edge of community programming, is to connect and engage individuals and the community in lifelong learning and enrichment through a vital system distinguished by:

- Safe, nurturing environments and accessible spaces
- Inclusive, varied programs and experiences
- Participants, volunteers, and staff who reflect and embrace the diversity of our community
- Synergistic partnerships and meaningful relationships
- Dedicated, qualified, and supported staff and volunteers

NEW! White Bear Area Senior Center Craft Corner Gift Shop Spring Boutique & Bake Sale







Saturday, April 4

9:00 am - 3:00 pm

Featuring hand-crafted gift items supporting White Bear Area Senior Program and the consignees. Shop for spring, graduation, and summer at the lake items!

Senior Center, 2484 East County Road F, WBL 651-653-3121

ESPAÑOL: Los enlaces culturales del distrito escolar ofrecen servicios e información a nuestras familias Latinas. Más información en página 38.

HMOOB: Koog tsev kawm ntawv cov cultural liaisons muaj kev pab thiab txhais lus rau cov tsev neeg hais lus Hmoob. Yog xav paub ntxiv mus nyeem rau phab nplooj ntawv 38.

NEED FINANCIAL ASSISTANCE?

WBL Community Services & Recreation is dedicated to providing learning opportunities for people of all ages. Limited financial assistance is available. For details and to apply, call 651-407-7501.

YOUTH SUMMER REGISTRATION IS NOW OPEN!

Sign up at whitebear.ce.eleyo.com

FREE Community Baby Shower

Wed, April 22 9:30 - 11:30 am Normandy Park

Call 651-653-3100 to register or visit: whitebear.ce.eleyo.com





FREE EVENT!

Come enjoy our many cultures with food, dance, music, traditional clothing, and more!

> Friday, May 1 5 - 7pm Normandy Park

All are welcome!

For more information or to volunteer, please contact Chente or Amy at (651) 653-3157.

Summer Bash at Stellmacher Park

June 24, 2020 | 5 - 7pm

Mingle with your neighbors at this FREE community event for all ages. Enjoy a tasty dinner, play some yard games, and make a craft!

White Bear Lake Area Schools Community Services & Recreation

4855 Bloom Avenue, Room 106, White Bear Lake, MN 55110 communityservices.isd624.org

Information & Registration	
	FAX (651) 407-7502
con	nmunity-services@isd624.org

Online Registration www.whitebear.ce.eleyo.com

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BearPower Breakaway Bike Ride

GET BEARPOWERED BY RIDING BIKES WITH US!

Families and community members are invited to join BearPower and WBL Community Services & Rec for a FREE fun bike event starting at Otter Lake Elementary. Come out and get active and celebrate our community spirit! *All ages welcome.*

Saturday, May 16 @ 9:30 am Otter Lake Elementary

1401 County Road H2

Register at whitebear.ce.eleyo.com Course #: 8000.400

Register by May 1 to receive a BearPower gift!

www.ISD624.org



MANY FACES • MANY STORIES

Building Community through Storytelling: recognizing, honoring, and embracing all cultures with humility and respect.

STUDENTS WELCOME

Community Workshop

Power, Privilege and Identity: Exploring positions in society and the power that comes with privilege

Facilitated by Mike Rios, Office for Social Justice

Equity & Disparities; Racism, Sexism, Classism...What is my role and responsibility? Examining and understanding our own identities is just one piece to the puzzle of combating systemic oppression.

FREE / Wed, April 8, 2020 / 6:30 - 8:30 pm #1655.300 / WBL District Center Board Room Registration required. Call 651-407-7501 or visit www.whitebear.ce.eleyo.com

Book Discussions Need a book? Call 651-653-3126

"How the Garcia Girls Lost their Accents" by Julia Alvarez

Facilitated by Briana Santoscoy, Latino Cultural Liaison and WBLAS students.

FREE / Tue, May 12 / 5:30 - 7:00 pm 5:30 - 6:00 pm - Meal 6:00 - 7:00 pm - Discussion

#1655.305 / North Campus Cafeteria Registration required. Call 651-407-7501 or visit www.whitebear.ce.eleyo.com



Many Faces, Many Dishes

Discover culture through food. For complete descriptions, see page 8.



Easy Ethiopian/Eritrean Cooking Class

\$42 / Tue, April 7 / 6 - 8 pm
#1633.303 / South Campus 206
There is a \$20 material fee due at the beginning of class

South East Asian Cuisine: Traditional Hmong (Hmoob) Rice

\$49 / Fri, April 24 / 6:30 - 8:15 pm #1633.305 / South Campus 206

> Share and tag your photos using #ManyFacesWBL

Collaboration Partners: Century College City of White Bear Lake Greater White Bear Lake Community Foundation Lakeshore Players Mahtomedi Public Schools White Bear Center for the Arts White Bear Lake Area Historical Society White Bear Lake Area Schools



Handmade Greeting Cards (Ages 15+) NEW!

Instructor: Laurie Healy

Create eight adorable handmade cards. There will be four different card styles; you will make two of each. Express yourself in coordinating card stock, ink, stamps and embellishments from Stampin'Up! Join us for some relaxing stamp therapy! There is a \$10 materials fee due to the instructor at class.

1517.230

1 session / \$36 Tue, Apr 7 / 6 - 9 pm South Campus 202

Glass Mosaic Mug Planter or Garden Stake (Ages 15+) NEW!



Instructor: Lindsey Guetter Create a unique mini planter, pen cup (using a coffee mug) or a colorful garden stake with cut glass. The planter is perfect for growing herbs at work or in a kitchen! The glass is pre-cut and stencils are available. The first night we will design and glue the glass to the mug/stake, the second night we will grout the finished project and learn more

about mosaics. If there is time, you can make more than one project for \$10. There is a \$10 materials fee due at class to the instructor the first night of class.

1403.303

2 sessions / \$41 Wed, Apr 15 & 22 / 6:30 - 9pm South Campus 202

Cedar Adirondack Chair (Ages 16+) NEW!

Instructor: White Bear Makerspace

Does your outdoor space need style and personality? A Cedar Adirondack is the answer. This chair offers the perfect place to unwind and lounge back in comfort. A second chair can be made for an additional fee of \$75. Chair may be finished with stain either at White Bear Makerspace or you can take them home to stain. Students must supply their own stain.

1415.315

1 session / \$170 Sat, Apr 18 / 12 - 4pm White Bear Makerspace 5966 US-61, WB Township



Mixed Media: Trees & Textures NEW! Instructor: Julie Schroeder

In this unique project we will use mixed media, acrylics, photographs, papers, beads, paste, and a variety of fabrics including lace and ribbon to create two 8x10" works of art. Create textures by first putting down papers with writing and/or music, painting, and then embedding materials and painting some more! Discover the depth of your work by using a variety of tools to create a 3-D look! Feel free to bring a lunch! A \$15 material fee due at class.

1413.313

1 session / \$49 Tue, May 19 / 10 am - 1pm Senior Center

Flutter Bowl NEW!

Instructor: Vandalia Glassworks

In this beginners class, students will work with an instructor to design and blow their very own flutter bowl. This class will allow students to experience working on shapes that require a greater amount of heat, optic molds, and more complex manipulation of the molten glass. It will also provide a glimpse of the skills needed to create more sophisticated vessels and sculptures. Wear closed toed shoes and dress in layers as the studio can get quite warm. Please note: You will need to return 48 hours later to pick up your finished work.

1414.314

1 session / \$115 Sat, Apr 18 / 10 am - 1pm Vandalia Glassworks 103 Concord Exchange N, South St. Paul



Sunset Cabin: Bob Ross-Style Oil Painting NEW!

Instructor: Henry Jacob Rupp

Spend the early afternoon creating an oil painting of happy little trees in a beautiful nature scene with a Bob Ross Style Certified Painting Instructor. This "wet-on-wet" technique is perfect for all levels, even first-time painters. Please note: Oil paintings take two weeks to fully dry but can still be put into the frame of your choice and hung immediately. A \$20 material fee is due to the instructor at class.

1560.300

1 session / \$41 Thu, Apr 23 / 10 am - 2 pm Senior Center

Palette Up! Watercolor Poppies NEW! (Ages 15+)

Instructor: Lisa Vitkus

Socialize, relax and recharge with an Art Soiree. No art experience necessary to have fun and enjoy. You will complete a painting of poppies with watercolors on 11x15" watercolor paper. Invite a friend or two to register with you for an evening of unrestrained imagination with step-by-step instruction. Share an unforgettable night of art with friends, family and new acquaintances.

1414.206

1 session / \$38 Tue, May 5 / 6:30 - 8 pm South Campus 202

Hot Mosaics – Fused Glass Creations NEW!

(Ages 15+)

Instructor: Ellen Aeling

Make a dramatic fused mosaic plate or candle holder using compatible glass and frit with Hot Mosaics! Embellish your item with glass frit, dichroic glass stringer, and pebbles. Fire your creation by fusing together the glass components producing a glass mosaic with soft melted appearance. Then complete the form into a plate or candle holder with a second firing. Please note: arrangements will be needed with the instructor to pick up your finished work at a later date. A \$15 materials fee is due to the instructor at class.

1508.201

1 session / \$40 Mon, May 11 / 6:30 - 9pm South Campus 202

REMINDER

The decision on whether a class will run is made based on enrollments three to five business days before the class start date. Register early to ensure we don't cancel a class you were hoping to attend!





Culinary Arts



Easy Ethiopian/Eritrean Cooking Class (Ages 16+) NEW!

Instructor: Selam Asfaha

1633.303

Explore the delicious flavors and techniques of authentic Ethiopian and Eritrean cuisine. With approachable techniques you can replicate at home, you will learn to cook dishes with a variety of fresh ingredients and flavors, from light and mild to sizzling plates packed with exotic spices. Both vegetarian and meat-based recipes will be available at class. There is a \$20 materials/food fee due at class.

1 session / \$42

Tue, Apr 7 / 6 - 8 pm

South Campus 206

South East Asian Cuisine: Traditional Hmong (Hmoob) Rice NEW! Instructor: Yeeleng Yue

For many cultures, rice is a staple food and an Asian way of life, culture, customs, traditions and spirituality. Rice has been a seed in many diets but it is always more the process of making the rice than the end product. For Hmong people, this grain is the longevity of their people. Class participants will learn how to make steamed white rice from the ground up. Remember to bring an apron to class!

1633.305

1 session / \$49 Fri, Apr 24 / 6:30 - 8:15pm South Campus 206

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Festive Spring Salads (Ages 16+)

Instructor: Laurel Severson

Ready for a lighter fare and warmer weather? Transform your table to the tastes of spring! Head into spring with a wild rice and breast of chicken salad or fresh mushrooms and cashews. Create a tasty vegetarian main dish salad using multicolored peppers and the unique grain Quinoa. Then enjoy a refreshing fruit salad by combining cantaloupe and strawberries with an orange sauce. Or, equally as pleasing is raspberry-spinach salad with glazed pecans. Then round out the evening with three easy dressing for your favorite combination of assorted garden greens - Feta Cheese, Creamy Blue Cheese and Orange Dressing. There is a \$13 materials/food fee due to the instructor at class.

1632.305

1 session / \$41 Mon, May 18 / 6 - 9pm South Campus 206

The New Reality of Retirement

Instructor: Daniel Goldsmith

How is retirement different now from that of previous generations? Explore an updated approach to retirement planning that accounts for the challenges and pitfalls that are unique to the reality in which we now live. Learn how to determine if you have enough money, avoid the pitfalls of planning your retirement distributions, assess the benefits of Roth conversions, protect your assets and much more!

1535.305

1 session / \$30 Wed, Apr 8 / 6 - 9 pm South Campus 302

Drafting Your Own Will

Instructor: James Wellner

Developing a will is an important step in providing for the ones you love. You will learn various techniques of property distribution protection of the state and beneficiaries, explore basic will concepts, assess your need for a simple, receive sample forms and language for use in drafting your own will. You'll also learn safekeeping techniques and circumstances that may require a review or revision of your will. In addition, you will be able to sign your own will.

> 2 sessions / \$59 Wed, Apr 8 & 15 / 6:30 - 8:30 pm South Campus 304

Elder Law: Know Your Rights NEW!

Instructor: Mary Ebb

Receive an overview of the areas of law most often handled by elder law attorneys: Medical Assistance/Long-term Care Planning, Estate Planning, Probate and Guardianship.

1536.306

1143.303

1 session / \$20 Sat, Apr 11 / 10 - 11:30 am South Campus 304

How to Pay for the Nursing Home: **An Attorney's Perspective**

Instructor: Steve J Ledin

We all come into the world with nothing and leave with nothing. The biggest fear for most of us is how to pay for the nursing home and still leave the next generation something. With ever changing estate planning laws and great increases in nursing home costs the fear is real. We will discuss long-term care insurance, home care, gifting money away, Medicaid qualifcation, your current Trust and if avoids the nursing home, the 60 month claw back and much more!

1122.302

1 session / \$20 Mon, May 11 / 6:30 - 8 pm South Campus 302

FREE THANKS TO INSTRUCTOR SPONSORSHIP

The NEW Reverse Mortgage: **Understanding Reverse Mortgages and Its Uses - Which now includes purchases!** Instructor: Vaughn Kavlie

Discover the pros and cons of Reverse Mortgages as well as a better understanding about these mortgages and clarify the myths and truths. During the class there may also be available a Realtor and or Financial Planner available to answer questions that attendees may have.

1147.310

1 session / FREE Tue, Apr 21 / 10 - 11:30 am Senior Center

Social Security: Timing is Everything!

Sponsored by Matthew Merrick, Thrivent Financial Social Security is a vital income source for many retirees. But it can be a confusing topic and making the most of it can have a lot to do with timing it right. This workshop can help you get answers to your questions and learn what Social Security can mean for you.

1534.314

1 session / FREE Wed, Apr 22 / 6 - 7:30 pm South Campus 302

Five Keys to Retiring Fearlessly with **Social Security:** Timing is Everything

Sponsored by Matthew Merrick, Thrivent Financial After years of hard work, retirement may finally be in sight. Learn the five keys to unlocking a fearless retirement while also answering questions such as: What do I need to know before my last paycheck? What types of accounts should I have? How do I turn my assets into a paycheck in retirement? In addition, you'll gain insight into Social Security. While it can be be confusing, making the most of your Social Security has a lot to do with when you apply for benefits.

1535.306

1 session / FREE Tue, May 5 / 6 - 7:30 pm South Campus 302

How to be a Smart Shopper for College (Ages 16+)



Instructor: Alan Weinblatt Your student is ready to go to college. You saved your money. What if it isn't enough to pay even the first year's tuition, room and board? Now you need to be a smart shopper! Learn where your student will fit in best, academically, socially and financially. Which

schools will offer your student the largest scholarships without regard to your household income or assets? Also learn how to apply for grants and how the FAFSA works. Get an education, not unmanageable debt.

1609.309

1 session / \$20 per person, \$25 per family Mon, Apr 20 / 6:30 - 8:30 pm South Campus 304

Cut the Cord NEW!

Instructor: Elise d'Entremont

Do you want to save money? Join us as we explore the online avenues to watch your favorite stations and movies without having a cable contract. We will discuss low or no cost options for your telephone and online streaming on your smart TV, computer, or your favorite mobile device. Bringing your laptop or mobile device is optional.

1230.320

1 session / \$29 Wed, Apr 22 / 6:30 - 8:30 pm South Campus 304

Internet Garage Sale: Selling Online NEW!

Instructor: Elise d'Entremont

Spend the evening exploring what is available online to help you sell items from your home. Learn tips and strategies to sell items safely on sites like Craigslist, Facebook, LetGo and OfferUp. Bringing your laptop or mobile device is optional.

1230.321

1 session / \$29 Tue, May 5 / 6:30 - 8:30 pm South Campus 304

Fitness



Intro to Dragon Boat Paddling



Dragon boating is one of the fastest growing sports in the world! Soaring down a race course in a long, narrow, canoe-like boat, 20 paddlers moving in synchronicity toward that finish line, is a feeling like nothing else! Get the opportunity to learn this sport, meet new

people and spend time on our beautiful White Bear Lake! You will have four, weekly training sessions and then participate as a co-ed team in the first annual WHITE BEAR LAKE DRAGON BOAT FESTIVAL! Paddles, boat and life jackets provided, or bring your own. Must have a basic level of fitness.

Race Day: Saturday, August 8, 2020

5 sessions / \$185 / Matoska Park

1600.400	Women's Team Thu, Jun 21 - Jul 26 / 6 - 7 pm No Class Jul 2 & 9
1600.401	Adult Co-Ed Team Thu, Jun 25 - Jul 30 / 7:30 - 8:30 pm No Class Jul 2 & 9
1600.402	Youth Team Sun, Jun 21 - Jul 26 / 7:30 - 8:30 pm No Class Jun 28 & Jul 5



ROCKOUT.WORKOUT.

POUND (Ages 16+)

Instructor: Holly Hamilton

Find your inner Rock Star with this heart pumping cardio jam session! This workouts is designed to work your core and scorch calories. Using lightly weighted drumsticks, class is guided by upbeat music and upwards of 15,000 stick strikes to the ground and overhead! Get ready to sweat, tone, and more importantly rock out to POUND! Students must bring a yoga mat to class.

1645.207

6 sessions / \$55 Thu, Apr 2 - May 7 / 6 - 7 pm **South Campus Cafeteria**

Zumba

Instructor: Luciana Saunders

Zumba classes take the "work" out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and World rhythms take over, you'll see why Zumba® Fitness classes are often called exercise in disguise. Super effective? Check. Super fun? Check and check.

1623.205

6 sessions / \$56 Wed, Apr 8 - May 20 / 6 - 7 pm Central Middle School - Gym A No Class May 6

Yoga NEW!

Instructor: Janet Gail Berryhill

For beginning and intermediate students – yoga to stretch your body and refresh the mind. A special emphasis on alignment and building self-awareness will help you work safely in the poses. Learn to how to work the body, calm the mind and achieve a deep relaxation at the end of each class. Bring a yoga mat, 2 blocks, and a blanket to class.

1604.201

5 sessions / \$59 Mon, Apr 13 - May 11 / 6:30 - 7:30 pm Senior Center

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Learn to Kayak (Ages 6-16 with adult)

Instructor: Kerri Jeanne Kolstad, Wahoo! Adventures! Get outdoors, learn something new, and experience your parks! Kick off summer with a kayak paddle on White Bear Lake to look for birds, turtles, and fish. Learn how to safely get in and out of a kayak, paddle, and what to pack for a day on the water. Double and single kayaks will be available. Wear shoes that can get wet and dress in layers for time on the water. Life vests are provided or bring your own.

1680.400

1 session / \$25 Sun, Jun 14 / 9 - 10:30 am White Bear County Park 5050 Lake Avenue, White Bear Lake



Mindfulness Meditation: The Art of the

Present Moment NEW

Instructor: Mary Jo Meadow

Mindfulness is the art of living in the present moment, which brings increased happiness to life. This ancient method is used widely for handling pain, tension, stress, habit control, 11th step, insomnia, painful emotions and disturbing thoughts. Its content is our own experiences of body and mind. There is no ideology, so it is compatible with any religious or other practices. Research shows that it improves both physical and mental health. The teaching is cumulative so attendance at all meetings is most helpful. Wear loose fitting, comfortable clothing.

1146.306

5 sessions / \$40 Sat, Apr 18 - May 23 / 10 - 11:30 am South Campus 304 No Class May 2

Everything You Want To Know About Medicare

Instructor: Greg DeKeuster

An educational presentation for anyone who wants to know more about Medicare. Topics will include Parts A, B, C, & D of Medicare, application process, estimated costs, supplements, MAPD, and when the right time to sign up. This an ideal course for people that are turning 65 or over 65 and coming of their employer medical plan.

1245.305

1 session / \$12 per person, \$17 per couple Sat, Apr 25 / 9:30 - 11 am South Campus 302

Medications & You NEW!

Instructor: Jim Polucha, Medicine Chest Pharmacist Meet a local pharmacist and get answers to questions such as: What is a drug? What types are there? How are they available? How do you maximize their benefits while minimizing their unwanted effects? How to determine if you are getting a good deal. As more medications become available, drug regimens become increasingly complex. Having a team in place, that includes your pharmacist, will help manage these vital regimens and lead to a healthy, long life. There will also be discussion about insurance companies and their impact on you.

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1514.314

1 session / \$20 Mon, May 4 / 6:30 - 7:30pm South Campus 304

Hypnosis: Weight Loss/Health Eating, Stop Smoking/Vaping, or Chewing Tobacco Instructor: Dr. Mary Fischer

Do you feel like your life revolves around food or smoking cigarettes or vaping? Stop the cravings and urges with hypnosis and learn how to get healthy today! No more weight gain, no more cravings! This is a combined class with 2 sessions running concurrently. All students come together at introductions and then split into groups for their hypnosis sessions. Participants can attend both sessions at the combined class fee. Lifetime members pay a nominal fee. Participants will receive a hypnosis reinforcement CD and membership card to attend future classes.

1550.3051 session / see pricing belowTue, May 12 / 6 - 8:45 pmSouth Campus - 611

\$65 Tobacco Cessation\$65 Weight loss\$110 Combined class\$10 Lifetime Member

How Not Hearing Well is Impacting You NEW!

Instructor: Dr. Sarah Binfet

Dr. Sarah Binfet, from SoundGate Hearing Clinic will be here to discuss the latest research on hearing loss. We will dive into the effects of hearing loss on brain health and how hearing loss also affects other health conditions. We will discuss the importance of how good hearing helps maintain good brain health and go over what options and solutions are available to those with hearing loss. Most importantly, we will discuss how we can help! Light refreshments will be served.

1146.304

1 session / FREE Thu, May 28 / 2 - 3 pm Senior Center





Companion Planting NEW!

Instructor: Michelle Nicole Bruhn

Learn the secrets + science of how flowers can help you grow healthier vegetables. The practice of companion planting is making a comeback with organic home gardeners- and for good reason! With a few key flowers; some to attract beneficial insects and some to repel, you can help your vegetables flourish while adding beauty to the space. Be ready to plant your best garden yet!

1490.309

1 session / \$31 Mon, May 4 / 6:30 - 7:30 pm South Campus 302

Dig Into Vegetable Garden Planning NEW!

Instructor: Michelle Nicole Bruhn

Ready to try growing some of your own food but don't know where to start? Or... tried before and got stuck? This beginner class will get you digging into gardening with confidence come spring! We'll cover the basics and share simple strategies to keep you loving your garden all season long. Active garden planning time and links to the best online resources included.

1 session / \$35 1490.310 Mon, Apr 6 / 6:30 - 8pm South Campus 304

Preparing to Downsize Your Life and Home

Sponsored by Tom Becker, Edina Reality Discover the necessary steps to downsize your life and your home. We will discuss the type of home that may best fits your changing needs, the home buying process, today's market dynamics, and purchasing housing that fits your current and future needs.

1131.203

1 session / FREE Sat, Apr 11 / 9 - 11 am South Campus - 302

Music & Dance

Instant Guitar for Hopelessly Busy People NEW!

Instructor: Greg Sampson

Have you ever wanted to learn the guitar but simply find it difficult to find the time? In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment and you won't have to take private lessons to do it. Learn some basic chords to get you playing along with your favorite songs right away! Bring your acoustic guitar. Fee includes the online book and online videos.

1324.302

1 session / \$62 Tue, Apr 7 / 6:30 - 9pm South Campus 304

Don't forget to register early to ensure we don't cancel a class you were hoping to attend.



Wedding Dance Crash Course - It's Not too Late!

Instructor: Monica Mohn

You thought about it! You wanted to! But where did the time go? Not to worry! Learn fun moves and simple tips to have you feeling comfortable and looking great for any occasion! With the expert guidance of 3-time Ballroom Dance champion, Monica Mohn, you'll be dancing before you know it! Couples only please.

1300.320

1 session / \$46 per couple Mon, Apr 27 / 7 - 9pm South Campus Cafeteria



TRAVEL SHOW

White Bear Lake Area Schools Community Services & Recreation offers unique travel opportunities that are managed and guided by Premier World Discovery. Get inside information about the destinations, as well as trip details!

Contact Michelle Hubbard at 651-653-3124 or michelle.hubbard@isd624.org for more information!

UPCOMING TRIPS

- June 11, 2020 Pacific Coast Adventure
- August 13, 2020 Highlights of Bavaria & Austria: Oberammergau Passion Play
- October 2, 2020 Albuquerque Balloon Fiesta
- December 9, 2020 San Antonio Holiday

Pickleball Club

The White Bear Area Pickelball Club runs year-round. A membership is needed to play either indoor or summer outdoor Pickleball.

Club Dues: \$15 for school district residents \$20 for non-residents

Checks payable to Community Services

- 1. Register online at www.whitebear.ce.eleyo.com Course #: 9600.500
- 2. Mail checks to: Jon Anderson, Community Services 4855 Bloom Ave, White Bear Lake
- 3. Bring to pickleball and give to Sue Grun or Bob Djupstrom

Please carry the shoes you plan to wear to protect the wood floors. Seating is available for changing of shoes.

Questions: Contact Sue at grunsusan@gmail.com

To view the full schedule visit communityservices.isd624.org Adult & Seniors > Adult Recreation > Pickleball

Adult Tennis

Are you looking to learn or improve on your game while getting a great workout at the same time? Our adult lessons are for you! Lessons will be based on level of participants.

4616.412 6 sessions / \$125 Mon, Jun 15 - Jul 20 / 6:30 - 8 pm North Campus

Adult & Child Lessons Ages 7-17 with Adult 18+

Sign up as a pair and learn the lifelong sport of tennis. Cost is for the pair, child and parent.

4616.406

6 sessions / \$125 Tue, Jun 9 - Jul 21 / 6:30 - 8pm North Campus No Class Jun 30

Stay connected! Follow us on social media.





Adult Softball

Come and play softball with us at Lakewood Hills Park! We offer a variety of softball options from Men's, Women's, and CoEd leagues on a variety of nights throughout the spring and summer. All games played at Lakewood Hills Park.

3100.304	Wed Men's Church / \$570 per team
3100.306	Tue Women's D* / \$525 per team
3100.303	Thu Men's / \$705 per team
3100.307	Sun CoEd * / \$525 per team

**NEW!* Join White Bear Community Services & Recreation and Maplewood leagues. Games will rotate between communities based on the number of teams from each community.

For more information, contact Jon Anderson at jon.anderson@isd624.org or 651-407-7508

Adult Kickball NEW!

WBL Community Services & Rec is offering a new Adult Co-Rec kickball league. We're partnering with the cities of Maplewood and Roseville for an exciting league with other communities. Games will be rotated between sites. WBL game site is Lakewood Hills Park. Teams must consist of a minimum of 4 women playing in the field. League will play double headers each week at the scheduled site. Games are on Tuesdays in June and July between 6 - 9pm.

3100.310

5 sessions / \$300 per team Tue, Jun 9 - Jul 7 / 6 - 9 pm Lakewood Hills Park

Adult Basic Education



ENGLISH LANGUAGE CLASSES CLASES DE INGLES / KAWM NTAWV ASKIV

Classes are held at White Bear Lake Area Learning Center, 2449 Orchard Lane, WBL

English Classes Tuesday & Thursday 9am - Noon 5 - 8pm Clases de inglés cada martes y jueves 9am - 12 del medio día y 5 - 8 pm

Kawm ntawv Askiv

Tuesday thiab Thursday 9 - 12 teev sawv ntxov 5 - 8 teev tsaus ntuj

In collaboration with Harmony Learning Center.

- Interested? Want more information when available?
- ¿Tiene interés y quiere recibir más información cuando esté disponible?
- Yog xav kawm ces peb muaj ntau yam qhia rau koj.

For English:

651-407-7625 / briana.santoscoy@isd624.org Para Información en español llame al: 651-407-7625 / briana.santoscoy@isd624.org Yog xav tham nrog tus Hmoob hu: 651-407-7623 / nirvana.yang@isd624.org

White Bear Lake Area Schools Community Services and Recreation Department, in cooperation with North St. Paul-Maplewood-Oakdale Community Education and Mahtomedi Community Education offer full-service Adult Basic Education (ABE) programming for all area residents. All classes are held at Harmony Learning Center 1961 Co. Rd. C East, Maplewood, MN. Corner of White Bear Ave & County Rd. C (651) 748-6208, abe622@isd622.org

FREE Classes

- » GED and basic skills ESL
- » Basic skills brush-up citizenship
- » Basic computer skills

Other Services Offered

- » Basic skills brush-up
- » Reading and math assessment

Registration Times

Mon	9 am - 8 pm
Tue	9 am - 8 pm
Wed	9 am - 8 pm
Thu	9 am - 8 pm
Fri	9 am - 8 pm

GED Diploma

The time to earn your GED Diploma is now! Our staff will help you work on subjects you need. Official GED testing is available.

- » Preparation classes and testing
- » Prepare by taking practice tests

GED Testing Offered Weekly

(651) 748-6208 or (651) 748-6207

Mon - Thu9:15 am - 7:30 pm Fri9:15 am - 2 pm

Accuplacer Study Class

For recent graduates or GED students planning on going to college.

IT Careers Class

Comp TIA A+ Certification for tech support positions.

Monday - Thursday Mornings and afternoons available

Para Pro

Students can become a paraprofessional to work in the schools. The test is normally \$55, but free if you attend classes. Fridays from 9am - 1pm.

Healthcare Careers & CNA

Train for an entry level position on a track toward a career as a Home Health Aide (HHA), Certified Nursing Assistant (CNA), Licensed Practical Nurse (LPN) or Registered Nurse (RN).

Afternoon classes Call: 651-748-6208 or 651-748-6223

Citizenship Class

A 12-week course designed to give ESL learners a better understanding of everyday life in the U.S. and to prepare for the Citizenship test.

Mondays 5-8pm

Call: 651-748-6208 or 651-748-6223

Interested in volunteer opportunites? Contact Mariel at 651-407-7686 or mariel.culhane@isd624.org for more information!



Community Bridge Consortium

(651) 748-7252 To register call 651-748-7232. www.isd622.ce.eleyo.com

Programming for Adults with Cognitive Disabilities



Open Gym Adult Learning Center (ALC), 2449 Orchard Ln, WBL

Drop-In Program Open Gym, movies, craft projects

Monday nights / 6 - 7:30 pm

Jan 6 - May 18 (Off for summer break June - August)

\$5/session or \$40/10 session punch card

Punch cards can be used by one participant 10 times or by multiple participants from the same group home - for example 5 participants attending 2 sessions.

White Bear Lake Area Schools believes in lifelong learning for everyone

As part of this belief, the Community Services and Recreation Department is part of a five-district consortium, the Community Bridge. Together with the Mahtomedi, North St. Paul-Maplewood-Oakdale, Roseville area, and South Washington County Schools, the consortium provides adults with developmental disabilities access to education, recreation, and social activities.

Brochure Mailing List Sign-Up (651) 748-7232

The Community Bridge Consortium publishes a quarterly brochure that lists a variety of customized classes/activities for adults with Developmental Cognitive Disabilities (DCD).

These classes are sponsored by the consortium members and held throughout the consortium area in schools and other community facilities. Call 651-748-7232 for information or to be placed on the brochure mailing list.

ANNOUNCEMENT:

Open gym and craft classes will not be scheduled in WBL for the summer months. See the Community Bridge newsletter for other locations activities or visit www.isd622.ce.eleyo.com.

Art Classes

Alcohol Ink Art

\$12 / Tue, May 14 / 6 - 7:30 pm WBL Area Learning Center Register by: May 8



Kayaking with Wahoo Adventures

Kick off summer with a kayak paddle on White Bear Lake. Learn how to paddle and get in and out safely. Double and single kayaks available, and life vests are provided. Wear shoes that can get wet and dress in layers for time on the water. \$20 / Sun, Jun 14 / 11am - 12pm / Register by June 9

Food with Friends

Let's go out to eat! Choose what you want to eat off the menu, meals vary in cost from \$7-\$17. Bring money as you will be paying for your own meal. The reservations will be under the name "Community Bridge".

Perkins in Roseville

Sat, Apr 4 / 5 - 7 pm / Register by: Mar 27

T-Ball Tournament

Softball is the name of the game no matter how one hits the ball! Join one of the three Community Bridge Consortium very basic softball/t-ball teams. Develop team spirit, learn the game, improve skills and engage in a bit of competition. Batters can hit from a batting 'T' or a coach-pitched ball. The season includes practices, scrimmages and concludes with a Saturday tournament, June 13.

Three teams to choose from:

CBNTS1 North St. Paul-Maplewood-Oakdale Team / \$55 Coach Ron Sushak, Robinhood Park (2039 Manton St), Maplewood

CBWTS1 White Bear Lake Area Team / \$55 Coach Amy Lewellen-Contreras, Sunrise Fields, White Bear Lake

CBSTS1 South Washington County Team / \$55 Coaches Judy Ptacek and Alexi Hansen, Hemingway Field #41, Cottage Grove

Teams will meet for 5 sessions on Thursdays, May 14-June 11 from 6:30 - 8 pm. Tournament is on Saturday, June 13 from 9:30 am - 1 pm at Lakewood Hills Park in White Bear Lake

Scrimmage schedule and directions to the scrimmage locations will be handed out at the first practice.

Register at www.isd622.ce.eleyo.com or call 651-748-7232.

Community 🔀 Connections

The White Bear Area Senior Program partners to bring high quality programs into the community.

Hugo

Rice Lake Centre 6900 137th St. N, Hugo

Decorating for Small Spaces

You can still live large in a small space. Learn tips on storage and decorating ideas, and tricks for living in studios and small apartments.

1655.322 Mon, Apr 20 / 1 - 2pm

Grief, Loss and Compassion Fatigue

An opportunity to pause and reflect upon loss and to discuss how to manage grief and create resiliency that promotes the ability to provide compassionate care to others while also caring for yourself. Includes the current research about how and why we grieve as well as effective coping mechanisms.

1655.323 Mon, May 18 / 1 - 2 pm

Vadnais Heights

VH City Hall 800 Co Rd E East, VH

Decorating for Small Spaces

You can still live large in a small space. Learn tips on storage and decorating ideas, and tricks for living in studios and small apartments.

1655.313 Tue, Apr 28 / 2 - 3 pm

Stroke Awareness and Prevention

Take the mystery out of strokes! Learn the classic signs and symptoms of stroke; the best action to take when you suspect someone is having a stroke and the most important modifiable risk factor. Also learn about the new advances in stroke care in a fun, interactive way!

1655.314 7

Tue, May 26 / 2 - 3 pm

WBL

WB Branch Library 2150 2nd Street, WBL

Grief, Loss and Compassion Fatigue

An opportunity to pause and reflect upon loss and discussion how to manage grief and create resiliency that promotes the ability to provide compassionate care to others while also caring for yourself. Includes the current research about how and why we grieve as well as effective coping mechanisms.

1655.310 Thu, May 7 / 11:30 am - 1 pm

Senior Center

Senior Center 2484 East County Road F

Stroke Awareness and Prevention

Take the mystery out of strokes! Learn the classic signs and symptoms of stroke; the best action to take when you suspect someone is having a stroke and the most important modifiable risk factor. Also learn about the new advances in stroke care in a fun, interactive way!

1655.309 Thu, Apr 2 / 11:30 am - 12:30 pm

TED Talks

TED Talks. Join us in viewing a TED Talk followed by group discussion. Feel free to bring a lunch!

2nd Thursday of the month, 11:30 am - 1 pm White Bear Library, 2150 2nd Street, WBL Registration is appreciated.

What Happened When We Paired Up Thousands of Strangers to Talk Politics 1660.360 April 9 Community Connections will break for the summer months.

Visit us at the Senior Center and check out our Resource Wall or view our guides online www.whitebearseniorprogram.org







Seniors / Older Adults

Senior Center Normandy Park Education Center

2484 East County Road F, White Bear Lake, MN 55110 Mon - Fri, 8am - 4:30pm, (651) 653-3121 www.WhiteBearSeniorProgram.org

The White Bear Area Senior Program provides education, recreation, volunteer opportunities, resource navigation and support services for seniors and their families.

The Senior Center is open to all. Please stop in and meet our friendly staff and volunteers. Be sure to check out our resource wall and Senior Voice newsletter for up-to-date information.

Senior Center Membership

Membership is required to attend ongoing group activities at the Senior Center. Members receive an access card which allows automatic entry into the building. Membership fees help offset expenses for coffee, supplies, staffing and facility costs.

New memberships and renewals can be processed in our Main Office or call 651-653-3121.

Yearly renewal starts June 1 for July 2020 - June 2021: \$30 Fee

Senior Voice Newsletter

The Senior Voice is a guarterly newsletter. If you would like to be added to our mailing list please call 651-653-3121.

Volunteer Opportunities

- » Meals on Wheels Drivers and Kitchen Helpers
- » Elementary School Volunteers
- » With community partners: chore, companionship, and transportation volunteers.

For more information on any of these opportunities, please call 651-653-3121.

See application online at whitebearseniorprogram.org under VOLUNTEER.

Elder Resource Specialist

Mary Mengel, mary.mengel@isd624.org (651) 653-3125

The Resource Specialist is available to seniors and their families to answer questions, assess needs and refer to services in the community. Confidential office visits may be arranged.

We are here to help with any of your housing, transportation or service related questions.

Meals on Wheels

Deb Walker, deb.walker@isd624.org (651) 653-3123

Meal on Wheels is a community service where volunteers deliver hot or cold nutritious meals Monday-Friday during the noon hour. Special diets are available. You can also choose to have frozen meals delivered once a week.

All residents of the White Bear Lake Area School District are eligible for delivery regardless of age or income. Meals are priced on a sliding fee scale.

Now serving meals in Mahtomedi. Please call for details.

Craft Corner Gift Shop

Mon - Fri, 11 am - 3 pm (651) 653-3130

Looking for a unique gift for a birthday or special event? Our gift shop is the perfect place to shop for a variety of beautiful, handcrafted items. Stop in. We will be happy to assist you.

If you are 55 years of age or older, or a disabled adult, you can sell your items in our shop. A small portion of sales is donated to the Senior Program, the rest is paid to the consignee.

Questions? Call 651-653-3130.

Senior Center Closed

5/25, 6/10 - close at noon, 7/3 8/18-21 - closed for cleaning

No Meals on Wheels Delivery 5/25,7/3

Get Up & Go Fitness (Adults 55+)

\$40/ punch card for 8 classes

Purchase punch cards at the White Bear Area Senior Center.

Summer fitness classes, from June 15 through August 21, will be at the Matoska School Cafeteria, 2530 Spruce Place, WBL. Enter through Door A on the south side of school. No class May 25 & July 3.

Aerobics

Mon, Wed, Thu, Fri 9:30 - 10:30 am

Mon - Strength Aerobics Wed/Fri - Regular Aerobics Thu - Light Impact Aerobics

To improve endurance, flexibility and strength, balance and coordination. Designed for people needing a slower tempo and less vigorous program.

Yoga

Tue / 9:30 - 10:30 am For those who want a less strenuous style of yoga.

Silver and Fit Program

Your health insurance plan may participate in the program. Contact your insurance provider to find out about cost. Silver and Fit applies to one facility only.

Qualifying members receive a free Senior Center Membership, along with free participation in any Get Up & Go fitness class.





Senior Center Crafts

Join us for fun crafts at the Senior Center! Classes are taught by Senior Center staff and members.

Beaded Bracelet & Earrings

Unleash your creative side and design your own jewelry! If you have any charms you would like to use feel free to bring them along!

1401.310 \$10 / Apr 14 / 10 am - 12 pm

Button Bouquet

Brighten up your home with this wonderful bouquet of spring flowers. Create fun and funky flowers out of buttons, beads and wire. Feel free to bring your own buttons too!

1401.311

10 / May 12 / $10\,am$ - $12\,pm$

Faux Mosaic

Create a fun and easy faux mosaic window! We will take an ordinary picture frame, a little glue, a little paint and wah-laa! A beautiful piece you can hang in any window!

1401.401

\$15 / June 9 / 10 am - 12 pm

Alcohol Ink Tile

Join artist and Senior Center Member, Sylvia Benson as she teaches us to create beautiful flowers with alcohol inks!

1401.402 \$12 / July 7 / 10 - 11:30 am



Kolrosing

Kolrosing, an old Scandinavian tradition dating back to the Vikings, was used decorate utilitarian objects, such as spoons, bowls or boxes with fine line surface decorating. Join us in creating a simple design in an old tradition and add a modern flair by adding color!

1401.403 \$10 / August 7 / 10 am - 12 pm

Diabetic Shoe Show NEW!

Are you feeling discomfort, pain, numbness, and/or tingling of toes on your feet? Learn how you may qualify for diabetic shoes, at little to no cost to you. Discover the hundreds of shoe styles available while you receive a personal attention at our on-site shoe fitting and measuring. Insurance processing is available when placing an order for shoes. Medicare and Supplemental Insurance information required for coverage submittal or cash purchase upon fitting and ordering.

Registration not required but appreciated. This helps with scheduling shoe fittings.

Call to register: 651-653-3121

FREE / Fri, May 15 / 2 - 3:30 pm / Senior Center

NEW! White Bear Area Senior Center Craft Corner Gift Shop







Saturday, April 4

4 9:00 am - 3:00 pm

Featuring hand-crafted gift items supporting White Bear Area Senior Program and the consignees. Shop for spring, graduation, and summer at the lake items!

Senior Center, 2484 East County Road F, WBL 651-653-3121

The White Bear Area Senior Center is looking for donations of new or gently used ukuleles!



www.ISD624.org

Elder Law: Know Your Rights NEW!

Instructor: Mary Ebb Receive an overview of the areas of law most often handled by elder law attorneys: Medical Assistance/ Long term Care Planning, Estate Planning, Probate and Guardianship.

1536.306

1 session / \$20 Sat, Apr 11 / 10 - 11:30 am South Campus 304

The NEW Reverse Mortgage: Understanding Reverse Mortgages and Its Uses - Which now includes purchases!

Instructor: Vaughn Kavlie

Discover the pros and cons of Reverse Mortgages as well as a better understanding about these mortgages and clarify the myths and truths. During the class there may also be available a Realtor and or Financial Planner available to answer questions that attendees may have.

1147.310

1 session / FREE Tue, Apr 21 / 10 - 11:30 am Senior Center

How Not Hearing Well is Impacting You NEW! Instructor: Dr. Sarah Binfet

Dr. Sarah Binfet, from SoundGate Hearing Clinic will be here to discuss the latest research on hearing loss. We will dive into the effects of hearing loss on brain health and how hearing loss also affects other health conditions. We will discuss the importance of how good hearing helps maintain good brain health and go over what options and solutions are available to those with hearing loss. Most importantly, we will discuss how we can help! Light refreshments will be served.

1146.304

1 session / FREE Thu, May 28 / 2 - 3pm Senior Center

Meals on Wheels Kitchen Volunteers Needed.

No cooking involved. Help with packing meals (2 hour shift) Cleaning route bags and set up kitchen for next day. (45 minute shift)

> For questions or application call: 651-653-3121



Meals on Wheels Delivery (651) 653-3123

Meals on Wheels is a community service that delivers nutritious meals to your home with the help of volunteers. This service is available to all persons regardless of age or ability.

Meals are priced on a sliding fee scale.

For more information about Meals on Wheels call our Meals on Wheels Specialist Debbie Walker at 651-653-3123 or email Deb.Walker@isd624.org

Meals on Wheels Donation 651-653-3121

Meals are provided at a reduced rate due to generous donations from participants, foundations, and the wider community, and also through support of the White Bear Lake Area School District, Consortium of Lake Area Senior Services, Ramsey County, Metro Meals on Wheels, local Lions Clubs and others.

9999.501

Meals on Wheels donation www.whitebear.ce.eleyo.com

Please consider making a donation today.

Meals on Wheels Fundraiser

Wednesday, April 29 10am - 10pm

Vadnais Heights Culvers on Centerville off Hwy 96

10% of sales goes to WBL Meals On Wheels



Culver's

AARP Smart Driver Classes

Minnesota law mandates a 10% reduction in car insurance premiums for persons 55 years and older who complete a defensive driving class. Courses consist of an overview of safe driving. There are no written or driving tests required. Advanced registration is required - no drop ins.

All classes are held at:

White Bear Area Senior Center, 2484 East County Rd F, WBL Questions: Call 651-653-3121.

> AARP rate increases starting JULY 1: Full Course \$39 / Refresher Course \$35

FULL COURSE (TWO 4-HOUR CLASSES) \$29

1578.300 Tue & Wed, Apr 14 & 15 / 5 - 9 J

- Tue & Wed, May 5 & 6 / 5 9 pm 1578.301
- Tue & Thu, May 19 & 21 / 5 9 pm 1578.302
- Tue & Thu, Jun 9 & 11 / 12:30 4:30 pm 1578.400

RATE INCREASE BEGINS JULY 1 / \$39 -

1 578.40 1	Tue & Thu, Jul 21 & 23 / 12:30 - 4:30 pm
1578.402	Tue & Thu, Aug 11 & 13 / 12:30 - 4:30 pm

REFRESHER COURSE (4-HOURS) \$25

1579.304	Tue, Apr 7 / 8:30 am- 12:30 pm			
1579.305	Wed, Apr 22 / 5 - 9 pm			
1579.306	Wed, Apr 29 / 12:30 - 4:30 pm			
1579.307	Tue, May 12 / 8:30 am- 12:30 pm			
1579.308	Thu, May 14 / 12:30 - 4:30 pm			
1579.309	Mon, May 18 / 5 - 9 pm			
1579.310	Wed, May 20 / 12:30 - 4:30 pm			
1579.311	Thu, May 28 / 5 - 9 pm			
1579.430	Wed, Jun 3 / 12:30 - 4:30 pm			
1579.431	Thu, Jun 4 / 8:30 am- 12:30 pm			
1579.432	Wed, Jun 17 / 12:30 - 4:30 pm			
1579.433	Tue, Jun 23 / 12:30 - 4:30 pm			
1579.434	Wed, Jun 24 / 5 - 9 pm			
1579.435	Thu, Jun 25 / 8:30 am- 12:30 pm			
RATE INCREASE BEGINS JULY 1 / \$35				
1579.445	Thu, Jul 9 / 8:30 am- 12:30 pm			
1579.446	Tue, Jul 14 / 12:30 - 4:30 pm			
1579.447	Wed, Jul 29 / 12:30 - 4:30 pm			
1579.450	Tue, Aug 4 / 8:30 am- 12:30 pm			
1579.451	Wed, Aug 19 / 12:30 - 4:30 pm			

1579.452 Thu, Aug 27 / 8:30 am- 12:30 pm

Senior Center Library

- » Take a book / leave a book
- » Large print collection
- » Audiobooks and paperbacks
- » WBL Historical Society Exhibit
- » No return due date



Computer & Technical Device Help

3RD WEDNESDAY OF THE MONTH / 9 - 11 am WHITE BEAR AREA SENIOR CENTER

Receive one-to-one instruction provided by the Ramsey County Library. No appointment needed.

Call 651-653-3121 for more information.

REE Medicare Insurance Counseling

1ST & 3RD TUESDAY OF THE MONTH WHITE BEAR AREA SENIOR CENTER

Get answers about your Medicare, health, supplements or long-term care insurance.

Call 1-800-333-2433 to schedule a one-hour individual appointment at the Senior Center.

Senior LinkAge Line[®] 1-800-333-2433 MON - FRI / 8 am - 4:30 pm

Assistance in simplifying the complex issues and decisions you face every day as a senior, baby boomer, Medicare beneficiary, caregiver or someone trying to reduce prescription drug costs.



Foot Care Clinic New price starting April 1

Every Friday and the 2nd & 4th Tuesdays of the month at the White Bear Area Senior Center

Call to schedule a 30-minute appointment with Rosann Mitchell, RN.

651-653-3121 / Cost: \$30

Programs and Activities for Parents/Guardians and their Infant, Toddler and Preschool Children

SITES: Hugo Elementary, Normandy Park Education Center, Tamarack Nature Center, Birch Lake Elementary

Early Childhood Family Education

ECFE offers classes for parents and their children ages birth to five years of age (before kindergarten).

- » Programs are designed for parents and their infants, toddlers, and preschool age children
- » Classes help strengthen family relationships and provide information and resources to parents
- » Programs strive to build a strong foundation for families by forming a partnership between home and school
- » Opportunities for families are offered throughout the year including:
 - » Special parent-child and family classes, activities and events
 - » Guest speaker and parent workshops
 - » Home visits

Early Childhood Programs

- » Early Childhood Family Education (ECFE)
- » White Bear Lake Area Preschool
- » Early Childhood Screening
- » Outreach programs and services, Special Education programs and services, home visits, and much more!

Program Brochures

Program brochures are available at any of the program sites, the Community Services office or online at earlychildhood.isd624.org/registration

Program Sites

- » Birch Lake Elementary (BIR) 1616 Birch Lake Ave, White Bear Lake
- » Hugo Elementary (HU) 14895 Francesca Avenue, Hugo
- » Normandy Park Education Center (NP) 2482 East County Rd F, White Bear Lake
- » Tamarack Nature Center (TAM) 5287 Otter Lake Rd, White Bear Township



Family Play Group SPRING FUN!

AGES 1-5 YEARS OLD

Sing, dance, play and explore with your children during this fun drop-in playgroup! No parent separation. Infant siblings under 6 months welcome in class at no extra charge.

\$5 per child, \$10 per family

Tuesdays / 6 - 7:30 pm / Now through May 15 **Hugo Elementary**

Register online or just drop-in and we will bill you accordingly. (Staff will not have cash on hand.)

Let's Get Outside ECFE SPRING FAMILY EVENT!

You're invited to the WBL Early Childhood PTA Spring Event to enjoy games, prizes, crafts and snacks!

We will have our annual raffle baskets and tickets for sale at the event. Everyone in the community is welcome to join us for this fun night outdoors.

Admission is \$2.00 per family or a nonperishable food donation for the White Bear Area Emergency Food Shelf

Thu, May 7 / 6 - 7:30 pm / Tamarack

Early Childhood Screening

SCREEN AT THREE

Early Childhood Screening is required by the state of Minnesota for all children prior to entering kindergarten. White Bear Lake Area School District provides this screening at no charge.

3 reasons to screen at age 3:

- » Screening can ensure school success
- » If health or developmental concerns are identified, educational services are available immediately
- » It is fun for children and provides caregivers with valuable information regarding child development

Register online at: 651-653-3100 or whitebear.ce.eleyo.com

Early Childhood Screenings are held at:

Normandy Park Educational Center 2482 East County Road F, White Bear Lake, MN

UPCOMING SCREENING DATES

April 2020

17th	8:30 - 10:45 am, 12 - 1:30 pm
24th	8:30 - 10:45 am, 12 - 1:30 pm
May 2020	
1st	8:30 - 10:45 am, 12 - 1:30 pm
8th	8:30 - 10:45 am, 12 - 1:30 pm
15th	8:30 - 10:45 am, 12 - 1:30 pm

Screening Volunteers Needed!

On-the-job training is included and you will be working with a group of volunteers during screening clinics.

Please call Rachael at 651-653-3100 for more information about volunteering.



Community Baby Shower FREE!

Infants up to 9 months old You and your infant are invited to join us for a baby shower! You will meet our Early Childhood staff, receive free takeaways from our resource fair, take a tour of our facility, and enjoy some healthy snacks while meeting other new parents in the community.



Wed, Apr 22 / 9:30 - 11:30 am Normandy Park

Call 651-653-3100 to register or visit: whitebear.ce.eleyo.com

Little Bear Fitness FREE!

Infants up to 9 months old

You and your infant are invited to join us! You will meet our Early Childhood staff, receive free takeaways from our resource fair, take a tour of our facility, and enjoy some healthy snacks while meeting other new parents in the community.

Wed, Apr 22 / 9:30 - 11:30 am / Normandy Park

Call 651-653-3100 to register or visit: whitebear.ce.eleyo.com

Summer Bash at Stellmacher Park

June 24, 2020 | 5 - 7 pm

Mingle with your neighbors at this FREE community event for all ages. Enjoy a tasty dinner, play some yard games, and make a craft!



Parent Teacher Association Advisory Committee - PTA

Our Early Childhood PTA offers flexible opportunities for parents/caregivers to provide feedback or suggestions related to programming, assist and plan fundraising events, participate in monthly

membership meetings, and meet others who would like to be involved in White Bear Lake Area Schools.

For more info, like us on Facebook at White Bear Lake Early Childhood Education PTA or email us at wblearlychildhoodpta@gmail.com.



White Bear Lake Area Preschool Program

Four star (highest possible rating) Parent Aware rated White Bear Lake Area Preschool provides a safe and nurturing environment for a child's first school experience away from home.

Age-appropriate activities provide a variety of meaningful hands-on learning experiences in literacy and math, science and social studies, art and sensory, music and dramatic play.

White Bear Lake Area Preschool practices are aligned with kindergarten entry expectations.

We are currently accepting registrations for our preschool sections for school year 2020-2021.

Please reference the class options, age requirements, and descriptions online at whitebear.ce.eleyo.com.

2020-2021 Preschool Registration

Registration Open Now! The brochure is available in our office and online at earlychildhood.isd624.org/registration

Registration accepted in-person at Normandy Park Education Center and online at whitebear.ce.elevo.com.

Registrations MUST include the following items or your enrollment will not be accepted:

- A non-refundable \$55 registration fee
- Copy of birth certificate (new families only)
- Current immunization record faxed to: 651-653-3155 *a new copy needed every year

If you have any questions, please call 651-653-3100.

School Readiness

Your child may gualify for tuition assistance based on the following eligibility requirements which include:

- Income
- Homeless/Foster Care
- Home first language
- Health and development

School Readiness tuition assistance forms are available in the Normandy Park Early Childhood Office. For more information call 651-653-3100.





2nd Annual **Many Cultures of Early Childhood**

Friday, May 1 5 - 7 pm **Normandy Park**



ALL ARE WELCOME!

Come enjoy our many cultures with food, dance, music, traditional clothing, and more!

For more information or to volunteer, please contact Chente or Amy at (651) 653-3157.



BEAR white bear lake area schools FUNDAMIENTALS

4-YEAR-OLD PROGRAM

HOURS: Monday-Friday, 9 am - 3:45 pm extended hours available SITES: Birch, Hugo, Lakeaires, Otter

Program Information

Bear FUNdamentals is a full-day program focused on providing engaging and enriching opportunities for learning and play that prepare children for kindergarten. Located at Birch, Hugo, Lakeaires, and Otter Lake schools from 9 am - 3:45 pm, the program can be combined with WBL Preschool courses and/or Extended Day to create a 6:30 am - 6 pm program for your 4-year-old.

Bear FUNdamentals focuses on children's emotional, social, physical, and intellectual growth. Children work on listening skills, language and literacy, thinking and math skills, and social development through meaningful, interactive play. Content is based on Creative Curriculum. The program is staffed at a 1:10 ratio, taught by passionate instructors who encourage curiosity, discovery, and problem-solving in a stimulating, structured, and fun environment.

Choose from a variety of different contract options! Additionally, transportation is provided to and from limited neighborhood stops.

Visit communityservices.isd624.org/youth/bearfundamentals or call 651-407-7511 for more information.





Hours | Tuition | Registration

Limited space available for Fall 2020!

- » From 9am 3:45 pm students are engaged in a variety of PreK activities in their classrooms. Students must be registered for a minimum of 3 days/week.
- » During the hours of 6:30 9am and 3:45 6pm, students are combined with K-5th graders in the Extended Day program, and able to choose from a variety of choices and hands-on activities.

CONTRACT OPTIONS & DAILY TUITION Full Day 6:30 am - 6 pm \$42/day

School Day 9 am - 3:45 pm \$28/day

* Beginning of preschool class OR end of preschool class

NOTE: Before and Afterschool programming is available with Extended Day. A variety of contract options available to customize wrap-around schedules.

Full list of contract options and fees available at: communityservices.isd624.org/youth/extended-day

Prepare Your Child for Full-Day Kindergarten

Bear FUNdamentals is designed to prepare your child for full-day kindergarten. The program runs full school days and is based on a similar schedule to full-day kindergarten classrooms. These are some of the unique experiences your child will have with us:

» Specialist time including physical education, language, and music.



- » Eat lunch in the school cafeteria and have daily recess on the playground.
- » Explore exciting destinations in the Twin Cities on seasonal field trips such as an apple orchard, Children's Theatre, and the Children's Museum.

GRADES K-5

HOURS: Monday-Friday, 6:30 am - 6 pm SITES: All White Bear Elementary Schools

NOTE: Program is open to Pre-K students at Birch, Hugo, Lakeaires, Otter

WHITE BEAR LAKE AREA SCHOOLS

Program Information

Extended Day is an out-of-school time program designed to meet the needs of busy families and active kids. We create an environment that compliments the school day, encourages social and emotional growth and emphasizes student creativity, healthy choices, teamwork and service to the community.

Youth in the program are actively engaged in a structured environment to expand and develop skills during their out-of-school time hours. Flexible scheduling, including consistent and drop-in contract options are available.

The program is youth-focused and choice-based, giving students the opportunity to develop social skills and positive relationships with peers, increase literacy and math skills, and participate in individual and group activities. Daily program activities are varied and diverse, and include fitness, service projects, creative play, literacy, science, and much more. Off-site field trips and special events take place throughout the year.

Every child has special and unique needs. We work closely with families to create an atmosphere that encourages growth. The partnership between parents, child, school and staff is key to our success. To ensure quality and compliance our staff/student ratio is 1:15.

Pre-registration is required for all participants, with a required minimum of five business days between online registration and first day in the program in there's no wait list.

Tuition | Registration | Questions

» Contract Options:

Consistent:	\$11.85 - am/pm	\$23.70 - am & pm
Pick Your Days:	\$14.25 - am/pm	\$28.50 - am & pm
Drop-in:	\$17.75 - am/pm	\$35.50 - am & pm

- » Registration Fee & Deadline: \$40/Student, April 30 You must register by April 30 to start the first day of school. All registrations received after April 30 will be placed on a wait list and approved based on space available.
- » Register: whitebear.ce.eleyo.com
- » Website: communityservices.isd624.org/youth/extended-day
- » Questions? Contact us at 651-407-7511 or CommunityServicesBilling@isd624.org

Financial Assistance is available!

Long term financial assistance is available in partnership with Child Care Assistance Programs. Families can begin the application process by contacting the Think Small intake line at (651) 641-6665.

For additional information, contact us at 651-407-7511.



SUMMER EXTENDED DAY

REGISTRATION FOR SUMMER IS OPEN!

- Dates: June 10 August 21
- Sites: Lakeaires (K-4), Otter Lake (K-4), Oneka (K-6),
- Registration deadline is April 30* All registrations after April 30 will be placed on a wait list and approved base on space available.
- For summer rates visit: communityservices.isd624.org/youth/extended-day-summer

*You must register by April 30 to start on the first day of summer. To guarantee your site preference, register by April 1.

SEE PAGE 34 & 35 FOR SUMMER AT A GLANCE

Secure your spot and register for summer and school year today! Sign up at whitebear.ce.eleyo.com.



FLEX / Middle School Activities



GRADES 6-8 / Sept 4, 2019 - May 28, 2020

FLEX is an afterschool program at Central and Sunrise Park Middle School. The program includes a variety of opportunities for students, including academic support, recreation time, clubs, and service opportunities. Clubs are both teacher-led as well as youth-generated.

Some examples include:

- Cooking Club Kickball Tournament
- DIY Galore
 Afterschool Football

The program runs Monday-Thursday after school only. Students can take the activity bus home, walk, or be picked up by a guardian. All students must be registered for the program.

More info: communityservices.isd624.org/youth/flex



For additional info, visit whitebear.ce.eleyo.com and search for event name.

SUMMER FLEX

REGISTRATION FOR SUMMER IS OPEN!

- Sites: Sunrise (GR 5-8)
- Registration deadline is April 30* All registrations after April 30 will be placed on a wait list and approved base on space available.
- For summer rates visit: communityservices.isd624.org/youth/flex-summer
- Register: whitebear.ce.eleyo.com

*You must register by April 30 to start on the first day of summer. To guarantee your site preference, register by April 1.

School Year 2020-2021

HOURS & FEES

Mon - Thu | 3 - 5 pm | \$60 per season Central & Sunrise

REGISTER BY SEASON

- September November (Registration OPEN NOW)
- December February (Registration opens Sept 30)
- March May (Registration opens Jan 1, 2021)

REGISTER TODAY!

Limited spots available. Students are accepted on a space-available basis.

Register online at whitebear.ce.eleyo.com

Questions? Central: 651-407-7561 Sunrise: 651-407-7500 EXT 1588

Did you know?

Financial Assistance is Available for Youth Programs! Contact 651-407-7501 for application and more info!

www.ISD624.org

ACT Preparatory Course

Juniors & Seniors

Advantage Educational Programs offers its ACT (American College Test) preparatory courses to juniors and seniors at White Bear Lake Area High School. Courses are designed for students who wish to improve their test-taking skills and improve their overall scores on the ACT.

Focal points of this twelve-hour class include diagnostic testing, vocabulary development, intensive mathematical review, reading comprehension improvement, science reasoning, concentration improvement, overcoming test anxiety and time management.

Students who participate in an Advantage course may repeat the course as often as they wish in any of our winter/spring, summer or fall classes - FREE OF CHARGE.

4 sessions / \$150 / South Campus 610

2100.300 (#602)

Sat, Apr 25 - May 16 9 am - 12 pm Wed, Jul 22 - Aug 12

2100.400 (#610)

5:45 - 8:45 pm

Driver's Education: A+ Driving School

A+ Driving School

Students may start classroom driving lessons at age 14, take the Knowledge Test and obtain their Instruction Permit at age 15, and take the Road Test and obtain their Provisional License at age 16. To be eligible to take the Road Test, students must have had their Instruction Permit for a minimum of six months.

Can't make every lesson? If you miss a lesson, you are responsible for making up that exact lesson number. You can attend any A+ classroom or any community education program to make up a missed lesson. Please email Info@APlusDrivingSchool.net the day before so we can add the student to the attendance roster.

Fees include classroom instruction, materials and 6 hours of behind-the-wheel training. Permit and road exam fees are not included. Payment plans available.

10 sessions / \$375 / North Campus 421

2000.300	Apr 1 - Apr 16 / 2:30 - 5:30 pm
2000.301	Apr 20 - May 5 / 2:30 - 5:30 pm
2000.302	May 11 - May 28 / 2:30 - 5:30 pm

NEW this year!

The Hippodrome is OPEN for graduation parties!

Rental cost: \$280

What's included? 4 hour block with seating up to 150 people

Tables and chairs included!

Tobacco, alcohol, and vaping are prohibited on school grounds.

For more information or to reserve a date, contact Jon Anderson at 651-407-7508 or jon.anderson@isd624.org.





Intro to **Dragon Boat Paddling**

Join the team!

Youth - Ages 14-18 Sundays, Jun 21 - Jul 26 7:30 - 8:30 pm

See page 10 for more info.



Youth Enrichment

Basketball Skills and Drills

GRADES K-3 Come learn the basics of basketball! We will work on dribbling, passing, and shooting drills in the gym to improve your students game and have fun!



1727.300

3 sessions / \$30 Tue - Thu, May 12 - 14 / 3:50 - 5 pm Hugo Elementary

Calm Club

GRADES K-5

Are you stressed? Do you need ways to deal? Come find out our fun and calming tools. We will be making take home tools while learning strategies for calming our body!

1712.302

4 sessions / \$40 Mon - Thu, May 4 - 7 / 7:45 - 8:45 am Vadnais Elementary

Camp Spring Fling

GRADES 2-5

Amidst all of the showers, there must be some FLOWERS! Make collages, write poems, make a fairy house and have a garden party. Generate some 'flower power' & celebrate Spring!

1722.300

4 sessions / \$40 Tue, May 5 - 26 / 3:50 - 4:50pm Oneka Elementary

Creative Movement for Preschoolers with Children's Performing Arts

AGES 4-5

Fly like a bird, melt like the snow, sail on a pirate ship! Do all these and more as we explore the many ways our bodies can move and tell a story. Children will develop large and fine motor skills, as well as coordination,

rhythm and teamwork while being encouraged to explore expression through movement and the thrill of improvisation. Join us for the fun!

 1901.300
 6 sessions / \$100

 Wed, Apr 1 - May 6 / 10 - 10:30 am

 Hanifl Performing Arts Center

 4941 Long Ave, WBL

Firearm Safety Class

AGES 11-17 / Instructor: Blair Juliar

The firearm safety class consists of a minimum of 12 hours of classroom and field experience in the safe handling of firearms and hunter responsibility. The field experience allows students to learn and demonstrate commonly accepted principles of safety in hunting and the handling of firearms as well as live fire on a rifle range. Students must complete all three steps:

- 1. Complete the online safety course
- 2. Attend classroom session on Thursday, April 23 from 6-9 pm at Central Middle School Cafeteria
- 3. Attend Field Day on Saturday, April 25 8:30am at 33305 Kolshorn Ln, Red Wing, MN 55066

Please Note: Do not bring firearms to the class, these are only necessary for the field day.

2110.300

2 sessions / \$15 Thu & Sat, Apr 23 - 25 / 8:30 am - 9 pm Central Middle School - Cafeteria



Gardening Gurus

GRADES K-5

Flowers and Fruits and Veggies, oh my! Come join us as we SPRING into gardening action at Lincoln! In this camp your child will dig in the dirt, plant seeds, pull weeds, and learn the basics of gardening. We will learn the difference between annuals and perennials and what grows well in our Minnesota climate. We meet rain or shine!

1693.310

4 sessions / \$40 Thu, May 7 - 28 / 3:50 - 4:50 pm Lincoln Elementary

Global Art Gurus

GRADES K-5

Take a journey across the globe while tapping into your creative side! Aspiring artists of all ages will enjoy exploring new forms of art from around the world. From Ancient Roman mosaics to Tibetan mandalas, students will create take-home projects using a variety of materials while learning about cultures and traditions from around the world.

1693.300

3 sessions / \$30 Thu, May 7 - 21 / 7:45 - 8:45 am Otter Lake Elementary



Grandmasters of Chess Spring

GRADES K-5 / Instructor: Youth Enrichment League New and returning students invited. Each chess class follows four basic components:

- Teach It!... Learn different chess concepts and how to implement them into your chess games.
- Practice It!... Practice positions set by the coach to improve their understanding of the concept.
- Puzzle It!... Work with coach guidance to solve chess puzzles (constructed by WIM Serafima Sokolovskaya).
- Play It!... End each class by playing 20-30 minutes of chess. Coaches often feature in-class tournaments during the session.

Class fee includes ChessKid.com membership for the session, a \$49 annual value.

- 2412.302 6 sessions / \$81 Wed, Apr 1 - May 6 / 3:50 - 4:50 pm **Lincoln Elementary**
- 6 sessions / \$81 2412.303 Thu, Apr 2 - May 7 / 3:50 - 4:50 pm Matoska Int'l
- 6 sessions / \$81 2412.300 Mon, Apr 6 - May 11 / 3:50 - 4:50 pm Vadnais Elementary
- 2412.301 6 sessions / \$81 Tue, Apr 7 - May 12 / 3:50 - 4:50 pm **Otter Lake Elementary**

Handmade Jewelry Camp

GRADES 3-5

Trifles, Trinkets, and Treasures! Join us as we make creative jewelry using some unexpected materials such as paper clips and safety pins, along with more traditional materials such as beads and wire. Focus on process and creativity as students will design and make projects unique to their desires.

1712.301

4 sessions / \$40 Tue, Apr 7 - 28 / 3:50 - 5 pm **Willow Lane Elementary**

MN Swordplay Fencing

AGES 5+ / Instructor: Maria Benford

Whatever you are looking for in the sport of fencing there is something for everyone! Fencing is a vigorous sport that develops stamina, quick reactions, speed, accuracy of movement and excellent coordination. More than a game fencing requires a mental attitude of self-discipline involving total manipulation of mind and body in perfect harmony. It utilizes natural body movement to create simple and effective self-protection techniques with the sword. All participants are encouraged to have fun no matter what their ability. Attacking, defense, timing and intense tactics are all integrated into this beginning class. Whether you're fencing for a good work out, or gaining points for the Olympics, fencing is fun for the whole family. We provide everything needed to fence (mask, jacket, glove, and weapon). Fencers need only to come dressed comfortably (for freedom of movement) including long sweat pants and running shoes.

2414.300

6 sessions / \$75 Sat, Apr 11 - May 16 / 1 - 2 pm Central Middle School - Gym A

Robotic Builders: Gamer-bots!

GRADES 1-5 / Instructor: Tech Academy

Let the Games begin! Designed by the experts at M.I.T., LEGO WeDo Robotics' unique system teaches students about simple machines, engineering, programming, and so much more. Students will be taught foundational building and introduced to programming concepts with learning about the Sensors, Motors, and Special Technics components. Working in small teams, students will build and program smart robots, based on popular games: Angry Birds, Chutes and Ladder, Hockey, Just Dance, Pinball, Duck Hunt and more!

2316.300 1 session / \$45 Fri, Apr 10 / 9 am - 12 pm **Otter Lake Elementary School**

Science Explorers' Crazy Chemistry

GRADES K-5 / Instructor: Science Explorers

Join Science Explorers as we become crazy chemists! We will investigate the Periodic Table and learn about its families with fun and exciting experiments as we discover the science side of STEM. We will break some chemical bonds, get messy with polymers and much more. Our classes are hands-on...so be sure to dress for a mess!

2425.202

3 sessions / \$42 Thu, Apr 30 - May 14 / 3:50 - 5 pm **Willow Lane Elementary**



Spring Fever

GRADES K-5

Does your child have a great sense of humor to complement his or her artistic skills? If so, your child will LOVE a Young Rembrandts Cartoon class. Our students will learn how to personify inanimate objects, as they breathe life into everyday clocks. Popular pets will also see the cartoon treatment as they're transformed into colorful characters. Then we will imagine ourselves traveling to far away worlds as we illustrate amazing alien beings. We will also demonstrate to our students that drawing toys can be just as much fun as playing with them. All this and more await our students. Enroll your student today!

- 2419.301 5 sessions / \$57 Tue, Apr 21 - May 19 / 3:50 - 4:50 pm Lincoln Elementary
- 2419.304 5 sessions / \$57 Wed, Apr 22 - May 20 / 3:50 - 4:50 pm Lakeaires Elementary

Sensory Creations

GRADES K-2

Create and enjoy art to engage all 5 senses. Art to see, hear, smell, taste, and feel! Colors and shapes, music and sounds, scents and aromas, flavors, and textures. Some projects may include the use of more than one of our senses. Come and discover what your senses reveal!

1712.303

4 sessions / \$40 Tue, May 5 - 26 / 3:50 - 5 pm Birch Lake Elementary

Meals on Wheels Fundraiser

Wednesday, April 29 10am - 10pm

Vadnais Heights Culvers on Centerville off Hwy 96

10% of sales goes to WBL Meals On Wheels



The How To's of Drawing with Kidcreate Studio

GRADES K-5 / Instructor: KidCreate Studio Does your young artist love to draw? This introductory drawing class teaches kids the basic techniques and principles of drawing. We'll encourage creativity and imagination while experimenting with a variety of drawing materials and techniques. The kids will even receive their own sketchbook that they will get to keep and draw in throughout the session! In Kidcreate's fun and supportive environment, your young artist will be eager to get drawing!

2901.300 4 sessions / \$61 Thu, May 7 - 28 / 3:50 - 4:50 pm Oneka Elementary School

World Eats

GRADES 3-5

Do you enjoy trying new foods from around the world? Have you wanted to cook interesting dishes to impress your family? Then this is the club for you! We will be making Canadian pancakes, mango fool, pizza from scratch, tabbouleh, and fruit salad.

1712.300

4 sessions / \$40 Tue, Apr 7 - 28 / 3:50 - 5 pm Lakeaires Elementary



White Bear Dance

2462 County Rd F East, White Bear Lake, MN

Tiny Steps

Ages 18 mo-3 years

This class is designed to introduce young dancers (ages 18 months through 3 years) to the basics of movement and a classroom environment. Classes will promote socialization, coordination, listening skills, and creativity. We use fun props, music and lively activities to keep their attention and teach them the basics.

2420.300	6 sessions / \$50 Tues, Mar 31 - May 5 / 11 - 11:30 am		
2420.303	6 sessions / \$50		

Wed, Apr 1 - May 6 / 6:15 - 6:45 pm

Princess Ballet

AGES 3-6

Encourage your Princess or Prince to learn the basics of ballet in this royal atmosphere! Young dancers will learn the basic positions, techniques, and vocabulary associated with the art of ballet at the beginner level. Dancers are encouraged to wear tutus, tiaras, and crowns.

2420.304	6 sessions / \$50 Wed, Apr 1 - May 6 / 6:45 - 7:15 pm
2420.305	6 sessions / \$50 Thu, Apr 2 - May 7 / 5:15 - 5:45 pm



We Hop

AGES 5-8

Hip Hop classes are popular at all ages, but especially for younger dancers! This is an introductory class to the dance style of Hip Hop with a combination of street dance, isolations, floor work, and rhythm. Musical Selections focus on age appropriate ideas and positive music. Come join our Hip Hop Party!

6 sessions / \$50 2420.302 Wed, Apr 1 - May 6 / 5:45 - 6:15 pm

Boys Hip Hop

AGES 5-8 It's just about the BOYS! A fun, high energy hip hop class just for them!

6 sessions / \$50

2420.301

Tues, Mar 31 - May 5 / 5:15 - 5:45 pm



YOUTH SUMMER AT A GLANCE

WEEK OF JUNE 8

Child Safety & Babysitting **Driver's Ed Bears Track Camp Extreme Robotics: Battlebot Olympics Multiplayer Minecraft:** World Builder Little Sluggers Youth T-Ball **Youth Tennis** Volleyball: Bring Your Own Coach Camp Skills Camp HS 6x6 League MS 6x6 League **Girls Basketball** Learn to Kavak (WEEKEND)

WEEK OF JUNE 15

Tally's Fishing Camps Summer Orchestra Dr. Seuss Club Culinary Skills 101 Clay Creations MN Sword Fencing Youth Wrestling Camp Bears Wrestling Camp Beardown Basketball Camp Sensory Creations Onkea Resort & Spa Field Day Junior Coding and Video Games with Scratch Dance

FIELD TRIP: Poplar Hill Dairy Goat Farm Como Pool

WEEK OF JUNE 22

Intro to Boat Paddling (WEEKEND) **Driver's Ed** Tally's Fishing Camp How to Draw Cartoons **Roblox Game Development** Master Minecraft Modder Need 4 Speed Track Camp **Beardown Basketball** World Cup Soccer Camp **Cupcake Wars** Spa Camp **Be-YOU-tiful** The Great Outdoors **Spectacular Science Chess Summer Camp** NASP Archery Camp **Elementary Volleyball Camp** MS: Meet the HS Volleyball

> FIELD TRIP: Science Museum of MN Flaharty's Bowling

WEEK OF JUNE 29

Intro to Coding with Super Heroes Star Wars Robotic Builders Science Explorers' Crazy Chemistry

FIELD TRIP: Poplar Hill Dairy Goat Farm



WEEK OF JULY 6

Make It Electric Go Green Club Fantastic Electric Toys Oil Painting Mind Blowing Robotics for Kids Ooey Gooey Camp Imaginarium Bon Apetite Destination Mars: Rocketry Course Youth Tennis Volleyball Skills Camp

> FIELD TRIP: Cascade Bay

WEEK OF JULY 13

Driver's Ed Tally's Fishing Camp Slime-Tastic with **Kidcreate Studio** Need 4 Speed Track Camp **Directors Cut - Cool Movie** Making Studio **Movie Making Studio** Frozen & Friends **Diamond Games Cookies and Canvas** Spa Camp **Pokemon Power** Rainbow, Fairies & Unicorns The IncrEDIBLE Cooking Class **NASP Archery Camp Robotics 2.0**

> FIELD TRIP: A Day at Wild Mountain

To view the full catalog, visit communityservices.isd624.org/youth For physical copies, stop in by the main office or call us at 651-407-7501.

YOUTH SUMMER AT A GLANCE

WEEK OF JULY 20

Tally's Fishing Camps **Flag Games** The Art of Ball Sports Slime Club Jr. Engineer: Battle Bots **Crystals and Glitz Lab** Ultimate 3D Design and **3D Printing MN Swordplay Fencing** Youth Cheerleading Clinic **Chill Out with Books! Disc Golf Camp Ooey Gooey Camp ACT Prep** Volleyball: **HS Pre-Tryout Camp**

> FIELD TRIP: The Fun Lab

WEEK OF JULY 27

Drivers Ed Tally's Fishing Camps Kids vs Wild Game Modding with Unity Star Wars Jedi Movie Making World Cup Soccer Camp Mini Theater Camp **Cookies and Canvas** Forts of All Sorts I-Scream for Slime-Cream **Diamond Games Robotics Evolution Forbidden Projects Kids Coaching Kids Basketball Camp** Lil' Cubs Football Camp

> FIELD TRIP: Fishing at the Pier & Pontoon Ride at Tallys MN History Center

WEEK OF AUGUST 3

Slime-Tastic with Kidcreate Studio Bears in the Woods Comic Book Club Code Your Superhero Water Blast Fun World Eats Sports Sampler Oneka Resort & Spa Things That Go Project Runway Summer Camp Camp Invention

FIELD TRIP: Hyland Park Reserve & Play Area Children's Museum Art Institute of Minneapolis

WEEK OF AUGUST 10

Drivers Ed Diamond Games Mini Theater Camp Cupcake Wars Jurassic Adventure Frozen Frenzy Young Entrepreneurs Science Explorers' Crazy Chemistry Science Explorers' Medieval Crazy Catapults

> FIELD TRIP: MN History Center Big Marine Park

WEEK OF AUGUST 17

FIELD TRIP: Science Museum of MN

MULTIPLE CAMP DISCOUNT!



Get a 10% discount per student when you sign up for 2 or more eligible summer youth camps.

LUNCH BUNCH



Join lunchtime fun before or after select camps throughout the summer!

YOUTH SUMMER REGISTRATION IS NOW OPEN!

SPACES ARE FILLING UP QUICKLY!

Sign up TODAY at whitebear.ce.eleyo.com

FINANCIAL ASSISTANCE IS AVAILABLE!

For more details and to apply, call 651-407-7501.





In the White Bear Lake Area, there are a variety of sports opportunities. Questions about specific information, tryout dates and seasons should be directed to the contacts below.

WBL Recreational Sports

»	Matt Riebow,	Youth	Rec	Coordinator	•651-407-7506
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WBL School Sports

»	Middle School Athletic Office	651-407-7506
»	South Campus Athletic Office	651-773-6206
»	North Campus Athletic Office	651-653-2933

Vadnais Park and Recreation Sports

Sport Specific Organizations

»	Baseballwww.whitebearbaseball.com
»	Basketball
»	Cheerleading
»	Fast Pitch Softball
»	Football www.wbyouthfootball.org
»	FLIPS Gymnastics
»	Hockey
»	Lacrossewww.wblax.com
»	Soccer
»	Speedskating in Roseville
»	Ultimate Frisbee www.wblultimate.blogspot.org
»	Volleyballwww.whitebearvolleyball.org
»	Wrestling Club leaguelineup.com/wbl-icebears
»	WB Sailing Clubwww.whitebearsailingschool.com

Facilities

» Hippodrome Ice Arena Jon Anderson, Coordinator	
» White Bear Area YMCA	
» Ramsey County Arena	
» Tamarack Nature Center	(651) 407-5350
» WBLAS Facility Reservation Li	ne (651) 407-7503
» WB Armory & Sports Center	(651) 429-8572

SUMMER SPORTS AND SPORTS CAMP REGISTRATION IS NOW OPEN!

Sign up at www.whitebear.ce.eleyo.com

IMPORTANT Registration Dates:

Little Sluggers / Youth T-Ball Registration open until June 9

Youth Rec Baseball Registration open until April 30

Softball Registration open until April 30

Basketball Registration open until start date

Tennis Registration open until start date

For full descriptions and to register for classes, visit whitebear.ce.eleyo.com

Check out Youth Summer at a Glance on page 34-35!

Looking for Spring & Summer Adult Recreation? See page 15.


White Bear Lake Area Schools **Middle School Athletics**

Online Registration at: www.whitebear.feepay.com and select ACTIVITIES/ATHLETICS

SPORTS PHYSICALS

Get Form: communityservices.isd624.org > Youth Programs > Middle School Athletics

- Students must have a current qualifying Sports Physical Examination form on file in their school's Health Office.
- Sports Physicals are good for 3 years. To check on a physical date contact your school's athletic office. NOTE: A Well-Child exam does not meet the Sports Physical requirements.
- Mail/Email/Fax the Sports Physical to the student's school.

FINANCIAL ASSISTANCE

Students currently receiving free/reduced meals will automatically receive a discount when registering on FeePay. Exception: MS Cheerleading assistance requires a phone call to Community Services, call 651-407-7506.

IMPORTANT

- All athletes must be registered before he/she may participate in practice or competitions.
- Some sports may have additional team apparel fees.
- Refunds may be issued only within the first ten days of the season if the athlete has not yet competed.
- An Activity Bus is available after practice for students. View schedule: communityservices.isd624.org > Youth Programs > Middle School Athletics

Community Services & Recreation 4855 Bloom Ave., White Bear Lake, MN 55110 651-407-7501 communityservices.isd624.org

Matt Riebow, Director matthew.riebow@isd624.org

REGISTRATION OPENS	SEASON STARTS	SPORT	COST
August 1	1st week	Cross Country (6-8)	\$115
	of school	Tennis-Girls (6-8)	\$115
		Volleyball (6) Oct Start	\$110
		Volleyball (7-8)	\$125
	November	Wrestling (6-8)	\$125
February 15	Early April	Golf (6-8)	\$150
		Tennis-Boys (6-8)	\$115
		Track & Field (6-8)	\$125
April 1	Early June	Cheerleading (6-8) Register at: www.whitebear.ce.eleyo.com	\$500

Middle School Website visit for updates and general information on schedules, coaches info, meetings, and directions. communityservices.isd624.org > Youth Programs > Middle School Athletics

Liz Boleen, Sunrise Athletics elizabeth.boleen@isd624.org Fax Physicals: 651-653-2716

Stephanie Bloxham, Central Athletics stephanie.bloxham@isd624.org Fax Physicals: 651-407-7502









Hmong and Asian American Cultural Liaison

Nirvana Yang (651) 407-7623 nirvana.yang@isd624.org

Nyob Zoo (Hello), my name is Nirvana Yang and I am honored to be the Hmong and Asian American Cultural Liaison for the White Bear Lake Area School district. As an alumni of a college prep program for first generation students coming from low-income families, I understand difficulties students face while applying to colleges. I want to connect with families who need the additional support, as well as create programs to help students feel welcome to their school.



Early Childhood Hmong Cultural Liaison

Chente Xiong (651) 653-3157 chente.xiong@isd624.org

Nyob Zoo! My name is Chente Xiong and I came here as a refugee from Laos. I've worked many jobs since I arrived here, but have always found my way back to helping those in need, especially families. I am a huge advocate in providing resources and building cohesive relationships with those who come into my care. I enjoy working with communities of color and believe that diversity is equity.



Enlace Cultural Español

Briana Santoscoy (651) 407-7625 briana.santoscoy@isd624.org

Saludos a todos. Mi nombre es Briana Santoscoy. En mi rol de Enlace Cultural con el distrito escolar de WBL y las familias y los estudiantes Latinos, estoy enfocada en el acceso justo y equitativo de información para nuestras familias, en el apoyo para los estudiantes Latinos, y en aumentar la capacidad de las escuelas a saber colaborar con nuestra comunidad. Trabajé casi diez años en las escuelas públicas de Minneapolis, donde vivo con mi esposo y nuestros tres hijos. Si usted tiene preguntas o ideas relacionadas con la escuela o el progreso de su estudiante, o si usted está buscando recursos para su familia, favor de llamarme.



Early Childhood Latino Cultural Liaison

Amy Ottaviani (651) 653-3157 amy.ottaviani@isd624.org

Saludos! My name is Amy Ottaviani and this is my 7th year working as a Cultural Liaison with WBLAS Early Childhood Programs, serving our youngest learners and their families. I primarily work as an advocate for Latino students and families, but I also work as a School Readiness Teacher with preschoolers and parents from many cultures in our Family Literacy/Adult ESL class at Normandy Park. In these roles, I will continue to help families understand and navigate the school system, encourage family engagement, connect students and families with any needed community resources, and be a support for early childhood staff.



Native American Cultural Liaison

Jordan Zickermann (651) 407-7647 jordan.zickermann@isd624.org

Hello (Boozhoo),

I am excited to be the Native American and African American cultural liaison. My work throughout the district focuses on diversity, inclusion, and equity, as it has throughout my entire career.

Please feel free to contact me regarding any questions, comments or concerns you may have! Miigwech (Thank you).



African American Cultural Liaison

Miles Webb, Sr. (651) 407-7685 miles.webb@isd624.org

My name is Miles Webb and I am extremely happy and excited to work in the White Bear Lake Community as the African-American Cultural Liaison. I spent the last ten years working in the St. Paul Public Schools, first as a special education TA, then as a Behavior Specialist at Bruce Vento Elementary school. I have a Bachelor's degree in Psychology from Concordia University-St. Paul and I am currently enrolled in a masters program at St. Mary's University. I live in Hudson, Wisconsin with my wife and four children.

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Develop confidence, coordination, flexibility and self-esteem — and have fun!

- Gymnastics for boys and girls, ages 18 months to 18 years
- Birthday parties
- Camps and field trips
- Open gym
- USAG competitive teams

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FREE TRIAL CLASS

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For new students only.

CALL TODAY!

<i>City of Hugo</i>
<i>City of Vadnais Heights</i> www.cityvadnaisheights.com (651) 204-6000
City of White Bear Lakewww.whitebearlake.orgCPR/First Aid Classes(651) 429-8568cvoss@whitebearlake.org
Community Action Head Start
<i>The Gathering</i> www.lyngblomsten.org (651) 646-2941
<i>Lakeshore Players</i> www.lakeshoreplayers.org (651) 426-3275
<i>MacPhail Center for Music</i> www.macphail.org (612) 321-0100
Senior Chore Program
NE Youth & Family Services (651) 429-8544
Suburban Community Channels
<i>Tamarack Nature Center</i> parks.co.ramsey.mn.us/ tamarack/Pages/tamarack.aspx (651) 407-5350
<i>Vadnais Sports Center</i> www.vadnaissportscenter.net (651) 481-1000
Washington County
<i>Community Services</i> www.co.washington.mn.us (651) 430-6000
White Bear Area Emergency
<i>Food Shelf</i> www.whitebearfoodshelf.org (651) 407-5310
<i>White Bear Area YMCA</i> www.ymcatwincities.org (651) 777-8103
<i>White Bear Center for the Arts</i> www.whitebeararts.org (651) 407-0597
White Bear Lake Area Historical Society
<i>White Bear Lake Armory</i> www.whitebearlake.org (651) 429-8571
White Bear Lake Sports Center www.whitebearlake.org

White Bear Lake Sports Center www.whitebearlake.org (651) 429-8571

ISD 624 District Information

White Bear Lake Area School District ISD #624

4855 Bloom Avenue, White Bear Lake, MN 55110 (651) 407-7500 www.isd624.org

2020 School Board

Scott Arcand, Deb Beloyed, Kim Chapman, Jessica Ellison, Donald Mullin, Marge Newmaster, and Angela Thompson

Dr. Wayne Kazmierczak, Superintendent White Bear Lake Area Schools

The White Bear Lake Area School District serves the communities of Birchwood, Gem Lake, Hugo, Lino Lakes, Little Canada, Maplewood, North Oaks, Vadnais Heights, White Bear Lake, and White Bear Township.

Mission

The mission of the White Bear Lake Area School District, the community at the forefront of educational excellence, honoring our legacy and courageously building the future, is to ensure each student realizes their unique talents and abilities, and makes meaningful contributions with local and global impact through a vital system distinguished by:

- » Students who design and create their own future
- » A culture that respects diverse people and ideas
- » Safe, nurturing, and inspiring experiences
- » Exceptional staff and families committed to student success
- » Abundant and engaged community partners.

Core Values

The White Bear Lake Area School District builds quality lives and strong communities through:

- » compassion
- » integrity
- » respect
- » responsibility
- » service

School Closings

If inclement weather forces the White Bear Lake Area Schools to start late, close, or dismiss early, one of the following announcements will be made:

» Two-Hour Late Start

Morning Community Services, Early Childhood Program, and Senior Program activities will be canceled. Afternoon and evening activities, sessions, and community facility use will meet as scheduled.

» No School

All Community Services, Early Childhood Program, Senior Program and Extended Day activities, sessions and community facility use will be canceled.

» Early Dismissal

All Community Services, Early Childhood Program, Senior Program and Extended Day activities, sessions and community facility use will be canceled for the remainder of the day.

School closings will be announced on WCCO 830 AM, KSTP 1500 AM, WCCO 4 TV, KSTP 5 TV, KMSP 9 TV and KARE 11 TV. You may also call the Emergency School Closing Hotline at (651) 407-7540.







High School

- 1. WBLAHS NORTH CAMPUS 5045 Division Ave White Bear Lake, MN 55110 651-653-2920 / fax: 651-653-2630
- 2. WBLAHS SOUTH CAMPUS 3551 McKnight Road White Bear Lake, MN 55110 651-773-6200 / fax: 651-773-6215
- WBL AREA LEARNING CENTER 3. 2449 Orchard Lane White Bear Lake, MN 55110 651-773-6400 / fax: 651-773-6402

Middle Schools

- CENTRAL 4.
 - 4857 Bloom Avenue White Bear Lake, MN 55110 651-653-2888 / fax: 651-653-2885

SUNRISE PARK 5.

2399 Cedar Avenue White Bear Lake, MN 55110 651-653-2700 / fax: 651-653-2716

Elementary Schools

6. BIRCH LAKE

1616 Birch Lake Avenue White Bear Lake, MN 55110 651-653-2776 / fax: 651-653-2778

7. HUGO

14895 Francesca Avenue North Hugo, MN 55038 651-653-2798 / fax: 651-653-2800

8. LAKEAIRES

3963 Van Dyke Street White Bear Lake, MN 55110 651-653-2809 / fax: 651-653-2811

9. LINCOLN

1961 Sixth Street White Bear Lake, MN 55110 651-653-2820 / fax: 651-653-2822

10. ONEKA

4888 Heritage Parkway North Hugo, MN 55038 651-288-1800 / fax: 651-288-1899

11. OTTER LAKE

1401 County Road H2 White Bear Township, MN 55110 651-653-2831 / fax: 651-653-2833

12. MATOSKA INTERNATIONAL

IB WORLD SCHOOL 2530 Spruce Place White Bear Lake, MN 55110 651-653-2847 / fax: 651-653-2849

13. VADNAIS HEIGHTS

3645 Centerville Road Vadnais Heights, MN 55127 651-653-2858 / fax: 651-653-2860

14. WILLOW LANE

3375 Willow Avenue White Bear Lake, MN 55110 651-773-6170 / fax: 651-773-6176

Other Sites

15. NORMANDY PARK EDUCATION CENTER

- » Early Childhood Program 2482 East County Road F White Bear Lake, MN 55110 651-653-3100 / fax: 651-653-3155
- » Senior Program 2484 East County Road F White Bear Lake, MN 55110 651-653-3121 / fax: 651-653-3127

16. DISTRICT CENTER OFFICES

4855 Bloom Avenue White Bear Lake, MN 55110 651-407-7501 / fax: 651-407-7502

17. WHITE BEAR SPORTS CENTER

1328 Highway 96 E White Bear Lake, MN 55110 651-429-8571 / fax: 651-429-8545

18. TAMARACK NATURE CENTER 5287 Otter Lake Road White Bear Township, MN 55110 651-407-5350 / fax: 651- 407-5354

FOR MAPS TO DISTRICT **BUILDINGS VISIT**

www.isd624.org/schools





Facility Reservations

facilities@isd624.org

All requests for facility use within the White Bear Lake Area School District #624 should be made on either the Facility Scheduling Voicemail Line, (651) 407-7503, or email your request to: facilities@isd624.org.

Requests should be made at least one week prior to desired reservation date. When the date is less than one week, we will do our best to accommodate your request, but some facility requests may not be available.

Your request will be responded to within two working days.

Your Privacy is Important to Us

The registration information you provide to WBLAS Community Services and Recreation is considered private data under state and federal law.

Information you provide is used for the purposes of administering the activity, contacting you about upcoming activities, events or activity changes.

If you may choose to withhold this information, this could limit the distribution of information to the participant or instructor.

Access to contact information is limited to individuals involved in the activity.

Interested in Teaching an Enrichment Class?

If you have a class you'd like to share with the community, fill out a course proposal form and send it in.

Class proposals are due:

- » Fall by June 1
- » Winter by October 2

Class proposals are generally posted a month before the deadline.

Complete our online proposal at: communityservices.isd624.org

Questions? Call 651-407-7505

Youth Enrichment Procedure

CHECK IN FOR ENRICHMENT CLASSES All students must check in with the Extended Day Staff. Students will be given a snack before their class.

At the end of class, students will be escorted to the main doors of the building (Otter students will be brought to Door O). Parents should wait at the building entrance for the students.

REGISTRATION PROCEDURE

Online registration for youth classes will close 48 hours prior to the first day of class. Any registrations after this deadline must be delivered to the Community Services office or called in, and will result in missing the first day of class. There are no prorated fees.

Refunds & Prorating

Notify Community Services & Recreation immediately if you need to withdraw from a class.

Full refunds or credits are given if a class is canceled. Refunds are not issued after a class has begun. There are no prorated fees.

To receive a refund, minus a processing fee, you must withdraw from an activity **at least 3 business days prior to the first day of the activity**.

Processing fees for classes:

- » under \$50 have a \$5 fee
- » 50-149 have a 10 fee
- » \$150-\$399 have a \$20 fee
- » \$400+ have a \$30 fee

Class Confirmation

An automatic email confirmation will be sent to you upon registration. Community Services & Recreation will contact you by telephone or email if there is a change.

Please list a daytime telephone number so Community Services can reach you if a class is canceled at the last minute. Community Services & Recreation assumes no responsibility for reaching those who do not provide a daytime telephone number.



Fee Assistance

Community Services & Recreation strives to make each activity, class, program and service high in value and quality. If your financial circumstances prohibit you from signing up, please call to arrange a payment plan or to inquire about fee assistance.

UCare Discount

UCare members may be eligible for a \$15 discount on most classes in this catalog. If a class is less than \$15, the member may take the class free of charge. UCare for senior members are limited to three \$15 discount per year. Members must be on UCare at the time of registration, and during the class(es).

UCare members must call or mail-in registration to receive a discount. Members need to include their UCare ID number when registering. This discount cannot be used for the following classes: Private lessons, alcohol-related activities, high-risk activities (skydiving, rock climbing, etc.), and gambling trips.

Do You Have a Disability?

Do not let it be a barrier to enjoying the wide variety of class offerings in this catalog. Please call to discuss accommodations.

Liability Waiver

There is an inherent risk of accident or injury in any activity. It is the responsibility of the participant or the parent of the participant to be aware that there are assumed risks in participation. ISD 624 assumes no responsibility for injuries received during activities. Any changes in a participant's activity level should be done under approval and direction of their physician and/or healthcare provider(s).

Questions?

If you have questions about anything contained in this catalog, please call the Community Services and Recreation Department's general telephone number (651) 407-7501.

Help us give you the best programming we can! Programs can fill in advance or may be canceled due to low enrollment. Registering early is the best way to secure a spot!



Step 1

Visit our registration website www.whitebear.ce.eleyo.com

Step 2

Create an account if you do not already have one. Complete all contact information and create a password. Your email will be your login.

Step 3

Register for classes.

Mail your completed registration sign up form and payment to:

Community Services 4855 Bloom Avenue White Bear Lake, MN 55110

Checks should be made payable to Community Services.



Fax your completed registration sign up form with credit card authorization to:

(651) 407-7502



Sign up in person, Mon - Fri, 7:30 AM - 4:30 PM. An after-hours drop box is available at:

Community Services WBLAS District Center 4855 Bloom Avenue White Bear Lake, MN 55110

	 White Bear Lake Area So		Services & Recrea	tion Department
	4855 Bloom Avenue, Wh			
CLASS NAME	CLASS NUMBER	LOCATION	FEE	IF PARTICIPANT IS A MINOR:
				BIRTH DATE (MO/DAY/YR) GRADE
		TOTAL FEE		SCHOOL
PARTICIPANT'S NAME (PLEASE PRINT)	UCARE # (IF AI			PARENT/GUARDIAN NAME
PARTICIPART S NAME (PLEASE PRINT)	UCARL # (II A	FEICADEL)		()
ADDRESS	CITY	STATE	ZIP	PARENT/GUARDIAN'S CELL #
() () HOME PHONE # DAY PHONE #		EMAIL		EMERGENCY CONTACT (OTHER THAN PARENT)
PAYMENT TYPE: CHECK CASH CHARGE MY	VISA MASTERCARD			() EMERGENCY CONTACT'S PHONE #
CREDIT CARD #		EXP DATE		IF AN AFTER-SCHOOL PROGRAM: AT THE END OF THE PROGRAM, MY CHILD WILL:
CARDHOLDER'S NAME (PLEASE PRINT)	BILLING ADDRESS			BE PICKED UP
				TRANSPORT HIM/HERSELF HOME
SIGNATURE				
	White Bear Lake Area	Schools Communit	ty Services & Recr	eation Department
Registration Form	4855 Bloom Avenue,	White Bear Lake, M	N 55110 / www.w	vhitebear.ce.eleyo.com
CLASS NAME	CLASS NUMBER	LOCATION	FEE	IF PARTICIPANT IS A MINOR:
				FEMALE MALE
				BIRTH DATE (MO/DAY/YR) GRADE
		TOTAL FEE		SCHOOL
PARTICIPANT'S NAME (PLEASE PRINT)	UCARE # (IF AI	PPLICABLE)	······	PARENT/GUARDIAN NAME
		,,		<u>()</u>
ADDRESS	CITY	STATE	ZIP	PARENT/GUARDIAN'S CELL #
() () HOME PHONE # DAY PHONE #		EMAIL		EMERGENCY CONTACT (OTHER THAN PARENT)
PAYMENT TYPE: CHECK CASH CHARGE MY	VISA MASTERCARD			() EMERGENCY CONTACT'S PHONE #
CREDIT CARD #		EXP DATE		IF AN AFTER-SCHOOL PROGRAM: AT THE END OF THE PROGRAM, MY CHILD WILL:
CARDHOLDER'S NAME (PLEASE PRINT)	BILLING ADDRESS			BE PICKED UP
				TRANSPORT SELF HOME RETURN TO EXTENDED DAY
SIGNATURE				

BEAR'S BULLETIN Spring 2020



In this issue

- » TEACHER OF THE YEAR NOMINEES Accomplishments, Page II
- » BUILDING OUR FUTURE FACILITIES PROCESS District News, Page IV
- » WELCOME TO WHITE BEAR School News, Page VII
- » SPRING 2020 GRADUATION CEREMONIES School News, Page VII

Student Voice

It is an exciting time as students are literally designing and leading their own futures in White Bear Lake Area Schools. Student voice and agency has been a primary focus since the 2017-18 school year, when more than 200 students, families, staff and community members came together to shape the district's future.

Out of the important conversations came a new Mission Statement and a Strategic Plan that puts students first. The phrase "Students who design and create their own future" is listed as the first distinguishing feature in the District Mission Statement. Fittingly, the first strategy of the Strategic Plan reads "We will ensure that each student is the primary agent in their learning."

The direction provided by the Mission and Strategic Plan continues to guide our work and conversations. During one such conversation, an important definition was agreed upon as it relates to our direction. Student Agency was defined as "students lead their learning." Key components of students being primary agents in their learning are flexibility, partnership between educators and learners, hands-on experiential learning, and connection to the greater community.

We continue to work to find ways to bring students' voices and leadership into the forefront. Student representatives are taking part on important district committees, including those focused on district- and building-level Strategic Plans, family engagement initiatives, and the district's Equity Commitment. Our facilities process also has student voices interwoven into the fabric, with student representatives taking part on core teams and subcommittees at the building level.

Continued on District News page III

Translations:

BEAR'S BULLETIN

Para Español por favor llame al 651-407-7625 Xav tau ntawv Hmoob hu rau 651-407-7623





Weinhold named KS95 Teacher of the Week

Sunrise Park Middle School Music Teacher Todd Weinhold was named the KS95 Teacher of the Week in February. He was presented with a plaque from KS95's Morning Show Host Crisco, who also answered students' questions about their job in radio.

The program celebrates and recognizes teachers' contributions to our kids in helping make them successful in school and for the future. Winners are chosen among listener nominations.

110 Teachers nominated for Teacher of the Year

II

A total of 110 teachers from throughout the district were nominated for the 2020 White Bear Lake Area Educators (WBLAE) Teacher of the Year honor. All nominees are given the opportunity to continue with the selection process by submitting written responses to pedagogical and philosophical questions.

Six finalists will be selected to interview with members of the community, administration and their fellow teachers. The final celebration and announcement of the 2020 WBLAE Teacher of the Year will take place at the WBLAHS - South Campus Theater on April 23.

<u>Birch Lake</u> Kathleen Elletson Karla Keller Kassie Shook Allison Theissen

Central Diane Burg Gretchen Eibs Rachel Garcia Kendra Herder Kristie Holman Kurt Kirschling Kim Lacasse Katie Nohr Carrie Reisdorfer Timothy Sager Clay Tolonen Molly Vadnais

<u>Hugo</u>

Janie Briggs Laurie Hahn Sean Johnson Mary Maloy

Lakeaires

Amanda Burns Kelly Humphrey Paige Kazak Katie Letourneau Mary Osterlund Heather Wahlstrand Lincoln Katie Anderson Teri Beckers Becky Butters Greg Hjelm Traci Indlecoffer Abby Kath** Alleks Kornbaum Teresa Ogden Brooke Reeves

Matoska

Emma Robinson

Ben Butters Kelly Coorough Karla Harding Christina Hayden Kim Jeske-Walfoort Adriana Kolodny* Alyssa Larson Jeanne Mack Dawn Maple Ananth Pai Jennifer Reckinger Kendall Rutherford

<u>Normandy Park</u> Denise Deen **Colleen Cameron*** Arthur Crutch Jill Folkers Sarah Forestell Caleb Hardacre Donald Hedges Beniamin Kirkham Kari Leibel Tyler McCormick Chad O'Learv **Daniel Rossiter** Eliza Snortland* Keith Steadland Mathew Stephens Erica Suchy Erin Synan

Erin Synan Joanna Trudgeon Amanda Vernon Tony Walfoort** John Weisbrod Melissa Wickert

North Campus

Shannon Anderson*

Omar Ali

<u>Oneka</u>

Kathy Berlin Janet Dickinson Brenda Shea Katie Solem Julie Stonehouse Elizabeth Ulmer

Otter Lake

Emily Ascheman Aimee Eriksen Erika Jagiella Mary Vanden Berg

South Campus

Barbara Bursack Chris Campbell Jim Christensen** Sadie Johnson Stephanie Kerbage Shelly Lustig Cassie Lydon Nikki McGarthwaite Matthew McGlothlin Lisa Nell Amy Saaribovre Wendy Suoja**

Sunrise Park

Emily Biske Melisa Dahl Ryan Fitzpatrick Mark Misgen Julie Nasvik Huy Nguyen Matt Skogen Phil Sundblad Todd Weinhold



Vadnais Heights

Steve Allen Barb Bliss Jodi Coronis-O'Donovan Colleen Ulfig

Willow Lane

Kelly DeSmet Sandy Peters Greg Swenson

*Indicates the individual teaches in multiple buildings

**Indicates former WBLAE Teacher of the Year







Continued from front page

Two district student voice amplifiers that began more than a decade ago are Superintendent Student Advisory Council groups and School Board Student Liaison positions. These middle school and high school student representatives serve an important role in meeting with district leadership quarterly and sitting at the School Board table each month, adding important student perspective into the conversation. The models for student engagement and empowerment have been replicated by other districts across the state.

Students' voices have also been added into the mix through student panels in our Future of Learning committee, which started meeting in December and was tasked to make recommendations to create District-wide alignment between the Strategic Plan, the design of learning spaces, and educational programming. The insights provided by the students, representing ages from elementary through high school, helped the committee to define parameters around programming and design elements moving forward through district-wide facilities projects that will be happening in the coming years.

Student leadership groups are highlighting the importance of student stories, with Sunrise Park Middle School student leaders hoping to impact their school community through a storytelling initiative. Stories are also being told through events that showcase student talent. White Bear Lake Area High School's Black Excellence Club hosted a Black History Month Showcase encouraging student voice through cultural dances, skits, speeches, poems and music. The students' ownership of their stories will lead to important outcomes in the years to come.

Although there are many public ways the district is gathering student input, there are other important pieces of the puzzle taking place, as well. Students have provided feedback through surveys that will help the district learn and grow. An important example of this is an equity audit being conducted this spring as we seek to understand how we can improve the equity and quality of education for all of our students.

These student-focused initiatives will help us create a future forged by student voice. Based upon the conversations I've witnessed thus far, it's a future I'm excited to see take shape.

Dr. Wayne A. Kazmierczak, Superintendent of White Bear Lake Area Schools

FREE Senior Activity Pass

More than 300 Senior community members (those age 65+) who live in the District participate in the Senior Activities Pass program and enjoy complimentary admission to school activities.

Those who wish to apply for the Activity Pass may pick up an application at District Center (4855 Bloom Avenue, White Bear Lake) or the Senior Center (2484 East Cty Rd F, White Bear Lake).



Our Beliefs

Approved by the Board during the Strategic Planning process:

- Each person has innate value.
- Service nurtures both community and self.
- Everyone has the power to design their own future.
- Respect for diversity is strength.
- Integrity is fundamental to relationships.
- Each person has unrealized potential.
- Communities with shared goals have unlimited potential.
- We are stewards of the earth.
- Learning enriches one's quality of life.
- Everyone has a right to a safe and respectful environment.
- Challenge leads to innovation and growth.
- All people deserve unconditional love.



District News

Comprehensive Facilities Plan projects overview

The following construction projects will address building needs across the district:

- district-wide additions and renovations to accommodate projected enrollment growth,
- safety and security improvements and deferred maintenance projects at all district facilities,
- district-wide classroom and building updates to create flexible learning spaces.

Building-specific changes will include:

- a new K-5 elementary school being built in Hugo,
- converting Oneka from grades 2-5 to a K-5 elementary and Hugo Elementary from grades K-1 to a northern Early Childhood location,
- the current grades 9-10 North Campus receiving an addition to become the district's grade 9-12 high school,
- Sunrise Park Middle School moving to the current grades 11-12 South Campus location,
- the current Sunrise Park Middle School site becoming the site for various community programs including the Senior Center and Early Childhood programs currently housed at Normandy Park, the Transition Education Center currently located in leased space in Hugo, and the district office,
- Central Middle School expanding to take over the current District Center building.



Committees

IV

The Future of Learning Committee, which is made up of stakeholders from both the district and individual buildings, met from December of 2019 until early in 2020. The group was tasked with setting a district-wide vision for all upcoming facilities projects

Building Our Future Facilities Process

On November 5, 2019, district voters approved a \$326 million building bond request to address building needs across the district by a margin of 57.4% yes to 42.6% no.

The district has been moving forward with a facilities process that will allow us to complete construction in phases until the 2024-25 school year. The new elementary school is expected to open for the 2022-23 school year and the new, unified high school is expected to be open to house students in grades 9-12 for the 2024-25 school year. Additional facilities projects will be completed in the meantime.



and for developing educational specifications for facilities and instructional practices.

Core Planning Groups focused on the new elementary school and the unified high school have begun meeting. These groups, made up of staff, family and student representatives, are scheduled to finish their work in April in order to turn the project over to building user groups who will focus on the design of the buildings. Some of the priorities discussed in the core groups have been: considering all learners, honoring the strategic plan, driving the process with student needs, and creating shared and flexible collaborative space.

Site Based Planning Groups include school and community stakeholders and will be pulled together to provide detailed input for specific spaces during the construction process taking place at each individual building. Conversations have already begun for those projects that will be completed early in the construction timeline.

The District Facilities committee continues to set district standards, review the design and budget, and provide updates to the School Board.

If I Built A School

District students shared their ideas about school design in a video that was shared with families and community members in February.





Find complete information about the district's Building Our Future Facilities Planning Process at

https://www.isd624.org/about/building-our-future



2020 District 624 School Board



SCOTT ARCAND scott.arcand@isd624.org Term expires 12/31/23



JESSICA ELLISON jessica.ellison@isd624.org Term expires 12/31/21



ANGELA THOMPSON angela.thompson@isd624.org Term expires 12/31/23



DEB BELOYED deb.beloyed@isd624.org Term expires 12/31/21



DON MULLIN don.mullin@isd624.org Term expires 12/31/21

GENERAL SCHOOL BOARD EMAIL ADDRESS: schoolboard@isd624.org

2019-20 STUDENT REPRESENTATIVES:

- Madison Carroll, Gr 12, WBLAHS-South, Representative
- Jennifer Adams, Gr 11, WBLAHS-South, Alternate Representative

KIM CHAPMAN kim.chapman@isd624.org Term expires 12/31/21



MARGE NEWMASTER margaret.newmaster@isd624.org Term expires 12/31/23

School Board Meetings

District News

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April 13	Regular Mtng
April 27 W	ork-Study Mtng
May 11	Regular Mtng
May 18 W	ork-Study Mtng
June 8	Regular Mtng
July 13	Regular Mtng
Aug 10	Regular Mtng

- » All Board meetings take place in the Community Room 112 at District Center (4855 Bloom Ave).
 Regular meetings begin at 7 p.m.
 - Work-Study meetings begin at 5:30 p.m.
- » Agendas, Board Packets, Minutes, Highlights and Video links are posted on the District's website as they become available.
- » Regular School Board meetings are re-broadcast on Cable Channel 20 in the local viewing area the week of a regular business meeting:
 - Wed at 7 p.m. & 11 p.m.
 - Thurs at 10 a.m.



Early Childhood Screening -Screen at 3

Early Childhood Screening is required by the state of Minnesota for all children prior to entering kindergarten.

The best age at which to screen is age three. The White Bear Lake Area School District provides this screening at no charge.

3 REASONS TO SCREEN AT 3:

- Screening can ensure school success
- If health or developmental concerns are identified, educational services are available
- It is fun and provides parents/guardians with valuable information regarding child development

Register for Early Childhood Screening online at https://whitebear.ce.eleyo.com or 651-653-3100

Early Childhood Screening takes place at: Normandy Park Education Center 2482 East County Road F, White Bear Lake, MN 55110



District News

» PERFORMING AND VISUAL ARTS Students

have rich opportunities to explore and develop their talents in the arts. Our students consistently receive state and national-level honors in visual arts. Our strong theatre, choir, band and orchestra programs continue to grow.

» AVID Our students benefit from a rigorous, expanding Advancement Via Individual Determination (AVID) program. Students collaborate, engage in inquiry, and learn collegelevel reading, writing and study strategies.

» COLLEGE & CAREER Students have college credit opportunities in 40+ courses. Our grads earned credits totaling \$2.69 mil. at U of M tuition rates last year. Career Pathways also prepare students for their futures.

Senior Publications

Call 651-653-3121 to request printed copies of Senior Program resources:



White Bear Area Guide to Senior Housing



White Bear Area Guide to Senior Transportation

Born to Be a Bear!

VI

We are looking for photos of little ones in their "Born to be a Bear" onesies!

Email photos to communications@isd624.org and you may find your little one featured in a District publication!

The onesies are sent to all families who live in the district upon the arrival of a little one. District census forms and Early Childhood information are included in the Born to Be a Bear welcome packets.



WE ARE HIRING!

Find employment opportunities at *www.isd624.org*.

 Substitute - Nutrition Teachers Services Extended staff Day staff - Paras Bus drivers - MORE!

4855 Bloom Avenue White Bear Lake, MN 55110



651-407-7500 isd624.org



Digital Backpack

The Community Services Department distributes electronic flyers on the 1st and 3rd Thursday of each month. Flyers include announcements from the school district, as well as local organizations that offer opportunities for youth.

Those who wish to request distribution of a flyer should email the files to Director Tim Maurer at tim.maurer@isd624.org.

Stay Connected

• E-NEWSLETTER

The Community e-Newsletter is sent out each week, with alternating text and video editions. The text editions cover student and staff successes, school and Community Education offerings, and School Board proceedings. Those who wish to be added to the Community e-Newsletter list may contact us at communications@isd624.org.

COMMUNITY CHANNEL

Watch us on Cable Channel 20 in the local viewing area to receive District information and updates. School Board meetings are broadcast after regular business meetings on Wednesday at 7 p.m. and 11 p.m. and Thursday at 10 a.m. **STAY SOCIAL**

Join White Bear Lake Area Schools' social media circles - Facebook, Twitter and YouTube for daily 624 Fact posts and The Week in 62.4 Seconds video share-outs. Find links on the District's website.



2020 Spring Theatre Productions

The White Bear Lake Area High School's theatre program has a long history of accolades and recognition, and students in the earlier grades are following suit, as well.

Many of the district's elementary students have already performed or will be performing in spring shows this year. Elementary productions included *Jungle Book Kids, Character Matters 2, Chitty Chitty Bang Bang Jr., The Grunch*, and *The Noble Gnarble*, with some of our youngest students shining on stage.



The district's upcoming Middle School Musical, featuring students from both Central and Sunrise Park Middle Schools is coming up in April. This year's show is Roald Dahl's *Matilda, Jr. The Musical*, with music and lyrics by Tim Minchin.

Performances will take place at 7 p.m. on April 23 & 24, and at 2 p.m. on April 25. An ASL Interpreter is available for the April 24 production. All performances are at the District Center Community Auditorium. Tickets are \$12 each and are available at the district website, www.isd624.org, or at the door one hour prior to each show. A limited number of free tickets will be made available to area seniors at the Senior Center.

The annual show featuring district students in grades six, seven and eight has been performed to hundreds of audience members each year.

Welcome to White Bear

The district is currently accepting kindergarten enrollments for the 2020-21 school year. Families who would like to visit any of our schools are invited to reach out directly to that school principal to arrange for a tour.

As enrollments have been processed and finalized, schools have sent Kindergarten Welcome Packets to their incoming students, the Class of 2033. Each envelope features an "I'm a Bear" t-shirt and a note from the student's new school.

Enrollments will continue being accepted online or can be completed in person at the Centralized Enrollment Center located at District Center (4855 Bloom Avenue, White Bear Lake, 651-407-7674).

Find additional information at www.isd624.org/kindergarten.





Check out information and videos showcasing our elementary programs!

www.isd624.org/ Kindergarten/



Spring 2020 Graduation Ceremonies

- » TRANSITION
 EDUCATION CENTER
 12:30 p.m.
 June 4
 DC Community Auditorium
- » AREA LEARNING CENTER (ALC) 6:30 p.m. June 4 WBLAHS - South Campus
- WBLAHS
 7 p.m.
 June 5
 Aldrich Arena

» FIFTH GRADE GRADUATIONS

- » Birch Lake 2:30 p.m. on June 4
- » Lakeaires2:45 p.m. on June 5
- » Lincoln 10 a.m. on June 5
- » Matoska International 2:15 p.m. on June 4
- » Oneka 2 p.m. on June 4
- » Otter Lake 2 p.m. on June 4
- » Vadnais Heights
 10 a.m. on June 5
- » Willow Lane2 p.m. on June 5

VII

VIII

Monthly Staff and Community Mental Well-Being Series

District staff and families are invited to attend monthly presentations focused on mental well-being. The events are free and open to community members.

All events begin at 7 p.m. at District Center (4855 Bloom Avenue, WBL).

APRIL 16 LISTENIN: HEAR WHAT YOUNG PEOPLE ARE SAYING ABOUT LIVING IN A TECHNOLOGY SATURATED SOCIETY by KK Myers and Maree Hampton with LiveMore ScreenLess

MAY 21 THE IMPACT OF TECHNOLOGY ON EMERGING GENERATIONS by Jon D. Kirby, MA, LMFT

Coffee with Dr. K

Community members have been invited to stop by throughout the 2019-20 academic year for an informal chat with Superintendent Kazmierczak over a cup of coffee or tea at the Downtown White Bear Lake Caribou Coffee.

The next event will take place from 11:30 a.m.-12:30 p.m. on May 5.



Find us at Marketfest!

Our school principals, district administrators and Board members look forward to having terrific conversations with community members at Marketfest this summer.

Please be sure to stop by the district's booth Thursdays from June 18 through July 30 in Downtown White Bear Lake to receive a free pencil and Bear Paw temporary tattoo.

Also, watch for other districtrelated booths and scheduled entertainment in the fun Downtown White Bear Lake summertime tradition.



Important Dates

- » APRIL 13
 SCHOOL BOARD REGULAR MEETING
 7 p.m. at District Center
- » APRIL 27 SCHOOL BOARD WORK-STUDY MEETING 5:30 p.m. at District Center
- » MAY 5 COFFEE WITH DR. K 11:30 a.m. - 12:30 p.m., Downtown WBL Caribou Coffee
- » MAY 11 SCHOOL BOARD REGULAR MEETING 7 p.m. at District Center
- » MAY 18 SCHOOL BOARD WORK-STUDY MEETING 5:30 p.m. at District Center
- » MAY 25 MEMORIAL DAY (No School)
- » JUNE 4 TEC GRADUATION, ALC GRADUATION
- » JUNE 5 WBLAHS GRADUATION
- » JUNE 8
 SCHOOL BOARD REGULAR MEETING
 7 p.m. at District Center
- » THURSDAYS, JUNE 18 - JULY 30
 DISTRICT BOOTH AT
 MARKETFEST
 6-9 p.m. in Downtown WBL
- » JULY 13 SCHOOL BOARD REGULAR MEETING 7 p.m. at District Center
- » AUGUST 10
 SCHOOL BOARD REGULAR
 MEETING
 7 p.m. at District Center
- » AUGUST 24 SCHOOL BOARD WORK-STUDY MEETING 5:30 p.m. at District Center

ISD624.ORG



White Bear Lake Area Schools

Leading minds to learning, hearts to compassion, and lives to community service.

Serving the communities of Birchwood, Gem Lake, Hugo, Lino Lakes, Little Canada, Maplewood, North Oaks, Vadnais Heights, <u>White Bear Lake</u>, and <u>White Bear Township</u>.

OUR MISSION

The mission of the White Bear Lake Area School District, the community at the forefront of educational excellence, honoring our legacy and courageously building the future, is to ensure each student realizes their unique talents and abilities, and makes meaningful contributions with local and global impact through a vital system distinguished by:

- Students who design and create their own future
- A culture that respects diverse people and ideas
- Safe, nurturing, and inspiring experiences
- Exceptional staff and families committed to student success
- Abundant and engaged community partners

www.isd624.org

651-407-7500

