

## **RAISING AWARENESS OF RESPONSIBILITY IN CHILDREN**

Responsibility is the awareness of fulfilling the duties and meeting the obligations against our environment and ourselves in a timely manner. The development of the sense of responsibility first commences within the family and then continuously takes form by the influence of environmental and social factors. Supportive behaviors of parents play an important role in the acquisition and formation of the sense responsibility.

In order to maintain a permanent sense of responsibility, parent should acknowledge and consider the importance of this matter. The basis of growth in responsibility is primarily based on knowing the children's developmental periods and characteristics. Thus, parents initially encourage children in developing this skill.

### **Recommendations to the families for permanent responsibility skills:**

#### **a- Facilitate their adaptation to social life and assign age-appropriate tasks**

The sense of responsibility, which starts at an early age, supports the development of children's self control and confidence. In addition, it allows them to adapt social life more easily. Though the responsibilities given, children's cause-effect and reasoning skills will develop; behavioral gain will be internalized and progressive.

#### **b- Be a role model:**

Children take their parents as a model by observing them and they act similarly. Parents should be mindful of their own behaviours in order to reinforce child's positive behaviours and make those permanent.

#### **c- Know your children:**

Considering your child's personal traits while giving them appropriate responsibilities regarding to their age levels, allows them to fulfill those responsibilities easily.

#### **d- Cultivate responsibility at early ages:**

You should not be waiting the children to grow up to school age in order to give them responsibility. Children gain this skill much easier at the early ages therefore its important to provide small opportunities such as packing their toys, eating their own food and letting them to help easy households.

#### **e- Be patient and supportive:**

Gaining responsibility does not occur instantly, it grows over time. Parents supportive attitudes during this progress will ensure this skill to be permanent in the future.

#### **f- Motivate them to take responsibility:**

Directing children to take responsibilities, encouraging them to fulfill their responsibilities and giving positive feedbacks as they succeed are important missions of the parents.

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