

Introduction to Martial Arts & Self Defense

\$85

4 Week Session



Registration: February 24th - March 27th

Date: April 6, 13, 20, 27

Time: 4:00 pm - 4:45 pm

Cost: \$85 per 4 week session

Ages: 5 - 15 yrs. old

Location: 6600 Commercial Park Ave. Suite D, Rathdrum, ID

Free Uniform Included For New Participants
Classes taught by NORTHWEST Martial Arts.

Register at Rathdrum Parks & Recreation
or online at rathdrum.sportsites.com

Questions? 208-687-2399



**WALK
RUN**

MEMORIAL 5K

"A hero is someone who has given his or her life to something bigger than oneself"
- Joseph Campbell

Registration:

**March 2nd - May 8th,
or until Full**

Race:

May 23rd, 2020

9:00 am Check In Time

10:00 am Start Time

Start Line:

Majestic Park

*5400 W. Majestic Ave.
Rathdrum, Id 83858*

Costs:

Individual - \$30

Veterans/Active Military - \$20

Family - \$100

(Includes 2 adults and 2 children)

Event T-Shirt & Post Run Lunch Included

REGISTER NOW!

At Rathdrum Parks & Recreation

Or rathdrum.org/rec

Questions? Call 208-687-2399

