



**ATHLETIC HANDBOOK**

**2019-2020**

Revised September 2019

## **INDEX OF HANDBOOK CATEGORY HEADINGS**

VISION OF ATHLETICS AT ST. MARY ACADEMY - BAY VIEW	Page 3
MEMBERSHIP ON AN ATHLETIC TEAM	Page 3
STATEMENT OF COMMITMENT	Page 3
ATHLETIC TEAMS BY SEASON	Page 4
POLICIES FOR SPORTS REQUIRING FEES	Page 5
REQUIRED FORMS	Page 6
PRACTICES	Page 6
GAMES	Page 7
AWARDS	Page 7
SPORTS MEDICINE	Page 10
UNIFORMS AND EQUIPMENT	Page 11
TRANSPORTATION	Page 11
OUTSIDE OF SCHOOL PARTICIPATION	Page 11
ACADEMIC/ATHLETIC ELIGIBILITY	Page 12
SPORTS CAPTAINS	Page 12
INFORMATION FOR THE COLLEGE BOUND ATHLETE	Page 13
SPORTSMANSHIP	Page 14
PARENT/COACH/ATHLETE RELATIONSHIPS & RESPONSIBILITIES	Page 14
GUIDELINES FOR SPECTATORS /PARENTS	Page 14
CONTRACTS FOR STUDENT ATHLETE/PARENT/GUARDIAN	Page 16
ATHLETIC HANDBOOK PARENT/GUARDIAN & STUDENT CONTRACT	Page 17

### **PLEASE NOTE**

THE PURPOSE OF THE ATHLETIC HANDBOOK IS TO PROVIDE STUDENT-ATHLETES AND PARENTS/GUARDIANS WITH SPECIFIC GUIDELINES AND INFORMATION PERTAINING TO ATHLETICS. IT IS NOT THE OFFICIAL SCHOOL HANDBOOK WHICH ENCOMPASSES ALL GUIDELINES AND INFORMATION PERTAINING TO STUDENT LIFE AT BAY VIEW ACADEMY.

## **VISION OF ATHLETICS AT BAY VIEW ACADEMY**

St. Mary Academy – Bay View teaches a message of Christ and provides students with the highest quality educational opportunities. We endeavor to create experiences of Christian community and to help students achieve their full personal potential. The athletic program at Bay View plays an important role in enabling the school to accomplish its educational mission. Participation in athletics can provide young women with opportunities to develop physically and emotionally and to assimilate values that can be acquired in no other way.

Bay View Academy's Athletic Program has the capacity of creating life experiences where young people can learn responsibility, self-confidence, emotional control, time management, courage, leadership, honesty, perseverance, and loyalty. They can learn to appreciate being humble in victory and gracious in defeat. Athletes can be inspired to acquire these qualities by witnessing the example of their coach/teachers.

The role of the athletic coach, like that of the teacher, is threefold: to impart knowledge and teach skills necessary to succeed in a given sport; to model Christian values and behaviors; to be sensitive to the personal growth needs of each athlete.

Coaches are expected to teach with preparation, with authority, with challenge, gentleness, and patience. They are expected to model the behaviors they wish their athletes to emulate. In their role as teachers, athletic coaches are recognized and applauded for the invaluable services they render in assisting the school in accomplishing its mission.

## **MEMBERSHIP ON AN ATHLETIC TEAM**

Participation in the Bay View Interscholastic Program is a privilege available to all students. Physical skills and demonstrated ability are primary considerations in determining team membership. It is also important to realize that students who are responsible for school citizens, satisfactory scholars can also represent the school on a team. These student-athletes must be trained and determined participants who are willing to abide by prescribed regulations and standards. It is important to remember that unlike recreational or intramural teams, equal or guaranteed playing time does not exist. The coach reserves the right to play those student-athletes he or she feels are best suited to the conditions and demands of the contest at that time.

## **STATEMENT OF COMMITMENT**

Surveys of high school female athletes throughout the United States continue to indicate that the number one reason girls play high school sports is to have fun. Keeping competition in its proper context is critical to allowing high school athletics to be a positive experience for all participants. At St. Mary Academy - Bay View, we will continue to strive to provide our student-athletes with the best programs, facilities, and coaching available to us.

## **ATHLETIC TEAMS BY SEASON**

### **Fall**

#### **R.I. Interscholastic League**

Cross Country  
Field Hockey  
Soccer  
Tennis  
Volleyball

#### **Other**

Crew (prerequisites and fee required)  
Equestrian (prerequisites and fee required)  
Hendricken Football Dance  
Hendricken Football Cheerleaders

### **Winter**

#### **R.I. Interscholastic League**

Basketball  
Ice Hockey – Co-Op (Burrillville-Ponaganset) (Prerequisites and fee required)  
Indoor Track and Field  
Swimming

#### **Other**

Competition Dance Team  
Hendricken Basketball Cheerleaders

### **Spring**

#### **R.I. Interscholastic League**

Golf  
Lacrosse  
Outdoor Track  
Softball

-

#### **Other**

Crew (prerequisites and fee required)  
Sailing (prerequisites and fee required)

JV teams will be determined based on the number of participants

## **POLICIES FOR SPORTS REQUIRING A FEE**

### **Introduction:**

There are several sports that require a fee to participate. At this time those sports are Crew, Ice Hockey, Equestrian and Sailing. It must be understood that all fees must be paid in full in order for the athlete to participate in practices or competition. **All fees are non-refundable.**

### **Crew:**

Those who participate in the rowing program must pay a membership fee for use of the Narragansett Boat Club, a private rowing center. In addition, most regattas take place outside of Rhode Island and may require an overnight stay and travel costs. **All costs related to travel to away regattas would be assumed by the participant.** Bay View Academy provides a uniform top for all rowers that will be returned at the completion of the season. Student-athletes will be required to purchase navy compression shorts.

One-way transportation will be provided to the Narragansett Boat Club daily, per practice schedule.

### **Equestrian:**

In the 2019-2020 season, Bay View has partnered with Prospect Hill Farm to develop a more comprehensive program.

Fees for the 19-20 season will be inclusive and made over a 3-payment schedule. Checks need to be made payable to St. Mary Academy - Bay View and submitted to the Athletic Office. Credit Cards will also be accepted.

The total cost to student-athletes - \$1615.00

Bay View will provide:

One-way busing to the barn, Student Registration Fee and the Coaches/Team Registration Fee.

The team will be registered through IEA and listed as St. Mary Academy - Bay View. Only Bay View Students will be permitted to compete for the team.

The team is open to Middle and Upper School students.

### **Ice Hockey – Co-Op Burrillville – Ponaganset**

This fee will be determined each year based on the number of players and the cost of ice time, coaches RIIL Fees, officials, and transportation. Each student-athlete will be responsible for her own ice hockey equipment (skates, pads, sticks). The fee must be paid prior to the first official ice hockey practice. Payment can be made by check or credit card. Checks are to be made payable to St. Mary Academy – Bay View and can be brought to the Athletic Director in the Wellness Center at the end of the school day. Credit cards will be accepted at the mandatory meeting held in October. Credit card payments can also be made by phone to the Finance Office at 401.434.0113 ext. 163, prior to the beginning of practices.

Parents with more than one daughter on the team will receive a discount. If necessary, the payment may be broken down into two payments. Payment schedules can be set up by communicating with the Athletic Director. All fees must be paid in full before the student-athlete(s) will be eligible to compete. Questions may be directed to the Athletic Director by email [jwason@bayviewacademy.org](mailto:jwason@bayviewacademy.org) or by calling 401.434.0113 x130 prior to the start of the hockey season.

### **Sailing**

**Student-athletes are responsible for having a dry suit and any personal equipment used for sailing.**

One-way transportation to practice and regattas will be provided by Bay View during the week. Any weekend regattas, parents/legal guardians will be responsible for providing transportation.

## **REQUIRED FORMS**

**All student-athletes must complete the registration process and upload a current physical each season of competition and academic year.**

<https://stmaryacademybv-ar.rschooltoday.com/>

This link can also be located at [www.bayviewacademy.org](http://www.bayviewacademy.org)

### **Parent Permission Form: (REQUIRED EVERY YEAR) RschoolToday**

This form includes insurance information and parent permission to treat injury/health issues.

### **Medical Forms: (REQUIRED EVERY YEAR) RschoolToday**

Form to be completed by a physician stating that the student-athlete can participate fully, without limitations. A copy of the State of RI Health form may be used.

### **Bay View Assumption of Risk Waiver Form:**

**(REQUIRED ONCE WHILE IN UPPER SCHOOL) each year. It can be downloaded during the registration process online at RschoolToday.**

### **RIIL Assumption of Risk Waiver Form:**

**(REQUIRED ONCE WHILE IN UPPER SCHOOL, as long as the latest addition has been completed) each year**

### **Additional:**

#### **Transportation Waiver Form:**

**It must be completed online through RSchoolToday.**

**See the transportation section of the athletic handbook for more information regarding upper-class women driving to the competition.**

## **PRACTICES**

Student-athletes are required to attend all scheduled practices. The coach of each team issues individual times and days of the week.

No team may practice/play more than 6 consecutive days.

No team may practice on both Saturday and Sunday unless a day off is given during the week. Sunday practices may not begin before 12 noon.

Students must be present in school for at least 2 class periods in order to practice or to play in any contest. If a student communicates in a timely manner and has been given written approval from the Head Coach and/or the Athletic Director she will be permitted to participate in practice and/or competition. Funerals, doctor appointments and AP classes are examples of approved circumstances.

No student-athlete may play in any contest if absent from the practice the day before the event. Missing or coming late to practice will only be excused for academic reasons. The student-athlete must supply a note from the faculty member.

Practice sessions are closed to spectators since they are the coach's classroom. Spectators at practices will be an interruption and interference to an athlete's concentration.

Student-athletes who have three (3) unexcused absences from practice or competition may be subject to dismissal from the team. Student-athletes and parents will be notified via email following the 2<sup>nd</sup> unexcused absence. The Athletic Director will evaluate each case independently and a recommendation will be made to the coach, student-athlete and parent/guardian.

## GAMES

**Varsity Athletes** in-season who miss contest(s) for reasons of vacationing or to go on a school-sponsored trip (excluding service trips) will forfeit the right to:

**First Infraction** - Participate in one contest including the loss of a starting position where applicable

**Second Infraction** - Participate in three (3) contest and may result in athlete moving down to Junior Varsity where applicable

**Third Infraction** – A meeting with the Athletic Director, Coach, student-athlete and parent will be held to determine if the student-athlete should remain with the team and in what capacity.

## AWARDS

Certificates will be awarded to all non-varsity participants provided they meet the practice/game criteria established by the coach. A letter will be awarded to a varsity participant if she meets practice criteria and competes in a minimum of 50% of the team's games or contests. If the student-athlete has already received a letter and pin, a gold bar will acknowledge any subsequent varsity participation. All Bay View Athletic Awards will be presented at the May/June Athletic Banquet.

**Please note:** Seniors who have competed on a varsity team but are unable to complete their senior year because of an illness or injury, will be entitled to the award provided they participate with the team in some other capacity (i.e. timer, scorer, statistician, manager, etc.).

### **Guidelines for Awards for Championship Teams**

**Division Championships:** Members of athletic teams who win a RIIL Division Championship will be rewarded with a sweatshirt that designates the sport and championship earned. The cost of the shirt shall not exceed \$25.00 each to include all imprinting and embroidery.

**State Championships:** Teams or Individuals who earn a RIIL State Championship shall be entitled to a jacket not to exceed \$45.00 each to include all imprinting and embroidery.

**JV Championships:** Since JV championships do not encompass the entire state, we cannot support the purchase of jackets or sweatshirts. An effort will be made to buy a t-shirt to recognize those members of a JV championship team.

**\*Teams wishing to purchase a jacket or sweatshirt in excess of the amount budgeted for such item must pay the difference of the cost of that item and the amount allocated by the budget for that award.**

**Division and State Championship Banners:** A 3 x 5-foot banner will be purchased to honor team championships. For each subsequent year the team wins the title, a new year will be added to the banner until the banner is full. When the banner has no more room to add new honors, a new banner will be purchased

## **Bay View Athletics Special Senior Honor Awards**

- **Sister Charlene Tedeschi Scholar-Athlete Award**  
Must have played a minimum of two varsity sports in Grades 11 and 12. Must be in the top 10% of their graduating class by GPA. Must have been an active participant in supporting and promoting Bay View Athletics by service at Open House, Women in Sports Assembly, Athletic Leadership Council, Evening Athlete Education Programs and other similar activities. Must have the endorsement of the Principal, Assistant Principal, Athletic Director/s and the Coaches of teams on which the candidate has played.
- **Sister Elizabeth McAuliffe Sportsmanship Award**  
Must have played a minimum of two varsity sports with at least one in the senior year. Must display respect, leadership and a positive attitude both on and off the courts and playing fields. Must display leadership and be a positive role model for others by participating in some of the following: Athletic Leadership Council, Athletic Department Open House, Evening Athletic Education Programs, Conferences and other similar activities. Must have the endorsement of the Principal, Associate Principal, Athletic Director/s and the Coaches of teams on which the candidate played.
- **Colleen Gribbin Principal Outstanding Athlete Award**  
Must have been selected to All-Division, All-Class or All-State status in at least one sport during grade 11 and grade 12. Must also have demonstrated leadership, a positive attitude, and respect for coaches, teammates, officials, and opponents. Must be endorsed by Athletic Director, Coaches of the teams on which the candidate played, Principal and Assistant Principal.
- **Sister M. Faith Harding Bengal Spirit Award**  
Must have participated in a minimum of one sport in grade 11 and one sport in the grade 12. Must have demonstrated enthusiasm and active support for St. Mary Academy - Bay View Athletic Teams by showing up to support other Bay View athletic events and activities as listed under the sportsmanship criteria. Must have the Principal, Assistant Principal, Athletic Director/s and the Coach's endorsement.
- **"Go The Distance" Award**  
Given to a senior athlete who participates in a varsity sport for a minimum of 2 years and has demonstrated extraordinary effort in practices and competitions. May also include someone who has overcome an injury, illness, or other hardship and has still given 110% to her sport. Also, someone who may have worked tirelessly to develop a new sports program at Bay View. Must have the endorsement of the Principal, Assistant Principal, Athletic Director/s and the Coaches.
- **Alice Sullivan Memorial Athletic Leadership Award**  
Given to a senior athlete who has demonstrated leadership in athletics both on and off the playing fields, courts, etc. and has been involved in more than one sports team. This athlete should embody the ideals set forth by the late Alice Sullivan. She should demonstrate excellent character in her decisions and in her relationships with her teammates, coaches, teachers, administrators, and opponents. To be nominated by the Athletic Director/s with the approval of the Principal, Assistant Principal along with input from the coach.
- **Sister Margaret Murphy Award Loyalty and Dedication to Bay View Athletics**  
Established in 2000 to honor the late Sister Margaret Murphy, a long time dedicated supporter of Bay View Athletics. Given to a senior athlete who has demonstrated dedication to school and athletics. The recipient has placed her school and team above her own personal goals. She is able to handle responsibility, make mature decisions and embrace the spiritual qualities set forth in the philosophy of Bay View. To be nominated by the Athletic Director/s with the assistance of the Principal and the Assistant Principal along with input from the coach.



- **Cindy Neal “Above and Beyond Award”**

Established in 2007 by long-time athletic director Cindy Neal for senior athletes to show gratitude towards an individual mentor in the athlete’s life. Given to someone deemed worthy of helping a senior student-athlete throughout her high school athletic career in an exceptional and life-changing manner. (For example, possibly a coach, parent, teacher or administrator). Any senior may submit a letter explaining such an individual’s influence on her. The Principal, Assistant Principal and the Athletic Director/s will review all those letters submitted in order to select a worthy recipient.

- **Underclass Special Athletic Honors**

Students in grades 9 through grade 11, who participate in a minimum of 2 athletic teams with at least one being varsity, may be nominated by their team coach for an outstanding effort in athletics honor for each grade level. In addition to the athlete’s performance in the sport, consideration will include attitude, sportsmanship, and leadership. The number of these special awards for each grade will depend upon the quantity and quality of the athletes nominated.

**All Bay View Athletic Coaches will be asked for their input into the nomination of candidates for these awards.**

## **Athletic Trainer**

The St. Mary Academy Bay View Athletic Trainer is available to all student-athletes for evaluation, prevention, treatment, and rehabilitation of athletic-related injuries as well as referral of student-athletes for medical or emergency care. The following procedures will be in effect for the 2019-2020 school year.

Student-athletes must contact the athletic trainer immediately in case of sports-related illness or injury, no matter how minor.

Student-athletes are to sign in to the athletic training room for treatment of sports injuries prior to practice or competition. This must be done in a timely manner so that student-athletes are not late to practice or game warm-ups.

Student-athletes should follow all recommendations and guidelines regarding treatment and rehabilitation as set by the athletic trainer.

The athletic trainer has the right to limit or prohibit student-athletes from practice and/or competition when deemed appropriate or necessary.

After an injury, return to play protocol must be followed:

When the student-athlete is under the care of a licensed physician, the licensed athletic trainer must have written documentation from the treating physician in order to return the athlete to practice or competition.

**Concussion Protocol:**

When a student-athlete sustains an injury to the head and presents symptoms of a concussion, the athlete will not be allowed back into the game or practice session until the athlete gets checked by a doctor.

If the student-athlete sees a doctor and the doctor determines the student-athlete has not sustained a concussion the athlete can return to play.

If the athlete goes to the doctor and the doctor diagnosis the athlete with a concussion or restricts the athlete in any way from academics or practice for any period of time as a precaution due to symptoms of a concussion, the student-athlete will automatically enter into Concussion Protocol. At this time, the Athletic Trainer will provide the Rhode Island Interscholastic League for return to play and it must be completed by the supervising physician and the athletic trainer.

Final return to play in any circumstance, however, is ultimately determined by the certified Head Athletic Trainer at St. Mary Academy Bay View.

Concussion/Return to Play Protocol steps are as follows:

Day 1: Being symptom-free for 24 hours

Day 2: 15 minutes of light aerobic exercises (bike, jog, etc. no weight lifting)

Day 3: 20-30 Minutes of aerobic and anaerobic exercise

Day 4: Practice with no contact

Day 5: Full contact practice

Day 6: Return to full participation and game play

Each step will be supervised and monitored by the Athletic Trainer or a supervising physician.

Student-athletes who have symptoms anytime during this protocol, will not be permitted to advance to the next step. Should the symptoms increase during any step of the Concussion Protocol the athlete must be seen by the supervising physician.

## **UNIFORMS AND EQUIPMENT**

All uniforms and equipment are the property of the Bay View Academy Athletic Department.

Athletes are responsible for returning all equipment and uniforms to the Coach personally within one week of the last competition date. Uniforms should be in a bag with the athlete's name on the bag. Any lost or damaged uniforms and/or equipment must be reimbursed for the replacement cost. Student-athletes may only wear Bay View issued and or approved uniforms.

## **TEAM SELECTION**

Every coach has the responsibility and authority for selecting his/her team. The criteria for selecting the team are developed by the coach. It is also important to remember that there are no guarantees. Players from the previous year's JV team, for example, do not automatically make either the JV or Varsity team the following year. Having been a member of a team during the previous year or even being a senior does not ensure that an athlete will make the team. Parents should expect that every candidate is treated fairly and given every consideration. Coaches are sensitive to feelings of disappointment, will handle the task as positively as possible, and be available to answer athletes' questions. We understand that not being selected for a team is disappointing for many athletes and even for their parents. Anyone not selected for a team is welcome to try out again next season, to try another sport, or volunteer in some other way for the team (such as a manager).

## **TRANSPORTATION**

Bus transportation is provided for most athletic contests. Parents will be notified in advance if the bus transportation will be drop-off only so they may arrange to pick-up for their student-athlete at the site of the contest and not at Bay View. Athletes are not to drive their cars to contests when school transportation is provided. Under some circumstances, (a game or contest being played in a community near where the athlete resides) and with written parent permission 24 hours in advance of the away event, athletes who drive to school may be allowed to drive to that contest.

If a parent/guardian will be taking a student-athlete home following an away competition the parent/guardian must complete a transportation waiver online as part of the registration process, prior to the season beginning. Please list all potential drivers who the student-athlete will be receiving transportation from on the transportation waiver.

Since Bay View student-athletes live in a variety of different geographic locations, on all non-school days the school will not provide transportation to athletic events.

No student-athlete may transport another student-athlete in her car without written permission from the parent/guardian of the driver as well as the rider. Written permission must be provided via email or hard copy to the athletic director 24 hours prior to the practice or competition.

## **OUTSIDE OF SCHOOL PARTICIPATION**

Rhode Island Interscholastic League rules allow student-athletes who are on the varsity eligibility list to participate on another team outside of school in the same sport. However, participation in teams outside of school may not interfere with the practices and competitions scheduled by the school team.

The following is in RIIL Rules and regulations:

*A member of a school team is defined as a student-athlete who is listed on a freshman, junior varsity, or varsity Eligibility List who is regularly present for and/or actively participates in, all team practices and competitions.*

*1. Bonafide members of a school team are prevented from missing a practice or competition to compete with an "out-of-school" team.*

*2. If a conflict arises between the high school team practice/competition and an out-of-school*

*practice/competition on the same day, the high school team practice/competition must be honored by the student-athlete. Priority/loyalty must be given at all times to the high school team practices and contests unless a waiver has been granted by the Principal and Athletic Director on a case-by-case basis.*

*3. Student-athletes may be a member of and compete for “out-of-school” teams if the conditions set forth in #1, 2, and 3 above are met.*

*4. Penalties:*

*A. Any student-athlete who is in violation shall be ineligible for the next two (2) consecutive RIIL League contests in which the student-athlete is a participant. This penalty is effective from the date of his/her last participation in a high school sport and may carry over to the next sports season in which s/he participates.*

*B. Any student-athlete who is found to be in violation of the rule a second (2nd) time or subsequent time(s) shall be ineligible for participation for the rest of that sport season. student-athlete found to be in violation of Article 7, Section 6c at the end of that sport season shall be ineligible for the first two (2) RIIL League contests of the same sport in the following year. If the student-athlete has senior eligibility, s/he shall be ineligible for the first two (2) contests of the next sport in which s/he participates. In both instances, the student-athlete may be declared ineligible for participation in interscholastic athletics for his/her school for the remainder of the school year.*

#### **ACADEMIC/ATHLETIC ELIGIBILITY**

Any student who receives two or more F's and/or one or more incompletes in a marking period or who has not brought her grades up after being in the Academic Assistance Program will be placed on Academic Probation until the end of the following quarter. Probation begins the day report cards are distributed. The student's school counselor will notify parents of their daughter's placement on probation and a meeting with administration and the school counselor is required.

A student who is placed on Academic Probation is not eligible to participate in any co-curricular activities including all athletic events and performing arts.

An upper-class student on Academic Probation forfeits on/off-campus privileges and will be placed in an assigned study.

The student will be removed from probation contingent upon the following quarter's report card that indicates make-up of missing work and /or improvement in the subject matter and demonstrates that the student is succeeding in all other courses.

#### **Bay View Team Captains**

1. Each team is allowed 3 captains.

2. Two captains will be voted on by the team in an anonymous vote and the 3rd is chosen by the Head Coach.

3. Student-athletes who have been elected or selected by the coach in the position of captain will be the liaison between the Coach, the team and the Athletic Director.

4. Each student-athlete elected or selected by the coach will be required to take the online free captain's course <https://nfhslearn.com/courses/61028/captains-course>

Upon completion, you will be required to download the certificate and submit it to the coach 1 week after the roster is established.

5. This position on the leadership council as a Captain is sport-specific and limited to one season. It is a privilege not a right and the student-athlete can be removed from the position at any time if they have not met the standards of the US handbook along with the athletic handbook.

#### Expectations of Effective Captains

- Set a good example academically.
- Set a good example athletically by attending all practices and games and working hard, training hard, doing extra, exhibiting good sportsmanship, and being a positive influence on and off the field.
- Organize post-practice and post-game clean up by the entire team.
- Thank all officials at the completion of the games—win, lose, or draw!
- Help with game advertisements or publicity.
- Hold team meetings for spirit and morale periodically throughout the season when needed.
- Lead the warm-up before practice and matches.
- Eliminate any hazing or bullying of any athletes.
- Perform any tasks deemed appropriate by the coach and/or the Athletics Department.
- Be a good teammate and communicator.

### **INFORMATION FOR THE COLLEGE-BOUND ATHLETE**

#### **NCAA Eligibility Center**

All students with an interest in playing a sport at the college level need to register with the NCAA Eligibility Center. All information is found on the website: <https://web3.ncaa.org/ecwr3/>

*Contact your school counselor for details.*

SAT and ACT Tests: All students should take these tests in the junior and senior years. *Contact your school counselor for details, testing dates and sites.*

We encourage you to visit with your school counselor who can provide you with the most up to date information.

### **FUNDRAISING**

A limited amount of fundraising may be allowed on an as-needed basis and with prior approval from the Athletic Director, Principal and Advancement Office. If a coach is in need of something for his or her team, it must be discussed with the Athletic Director, at least one year in advance of the need. If the need is approved, money for the item will be put in the budget for that team for the following year.

## **GUIDELINES FOR USE OF WELLNESS/FITNESS CENTERS**

**Teams in season will have priority in using the Wellness Center.** The Athletic Director, together with the coaches of the teams in a season, will set up a building use schedule. In the case of Fall Sports, volleyball will have priority for use of the gymnasium. On rainy days, the outside fall teams will have to work around the volleyball schedule.

**Use of the Fitness Center during after school hours will be scheduled by the Athletic Director.** Teams in season will have priority use. Other groups will need to see the Athletic Director for a time schedule. In no case may a student be in the Fitness Center without permission from the Athletic Director/s and without supervision by a coach or teacher employed by Bay View.

**Coaches and teachers who use the gymnasium and Fitness Center are responsible for the athletes in those areas,** as well as shutting off lights, turning off the treadmills, making sure all windows and doors are locked, and that the equipment is properly cleaned and stored.

## **SPORTSMANSHIP**

Demonstrating respect for teammates, coaches, officials, and opponents are part of what we expect from our athletes, their parents, and friends. The Bay View Academy Athletic Department endorses and supports the principles of appropriate behavior and sportsmanship set forth by The National High School Federation and the Rhode Island Interscholastic League.

**Listed below are some of these sportsmanship goals that we feel are important:**

Realize that the benefits of involvement in athletics go beyond the final score of the contest.

Positively encourage our student-athletes to do their best, knowing that others will always turn in better or lesser performances.

Participate in positive cheers and discourage any cheers that would redirect that focus including those that taunt or attempt to intimidate opponents, their fans, or the officials.

Learn, understand and respect the rules of the game, including the officials who administer these rules and their decisions.

Respect the task our coaches face as teachers and support them in that task.

Respect and acknowledge our opponents as student-athletes who are striving to do their best.

Maintain a sense of dignity under all circumstances.

Bay View Academy maintains the right to remove a spectator from an event when his or her behavior becomes detrimental to the objectives of high school athletics.

## **RESPONSIBILITIES OF THE ATHLETE**

Place the goals, welfare, and success of the team before any personal goals.

Be faithful to attend all practice sessions, including weekends and holiday periods.

Be receptive to coaching.

Be responsible for all issued uniforms and equipment.

Be responsible for following all the team rules.

Report any injuries, illnesses immediately to the athletic trainer.

Display good sportsmanship and respect for others at all times. This includes understanding how to be a good winner as well as a good loser.

## **GUIDELINES FOR SPECTATORS**

Show interest in the contest enthusiastically cheering and applauding the good plays and performances of both teams and all players.

Show proper respect for opening ceremonies by standing at attention and by remaining silent when the National Anthem is being played.

Understand that attendance at any contest is a privilege to observe the contest, not a license to verbally attack others or behave in a disrespectful manner.

“Booing,” stamping feet, or making disrespectful remarks towards officials or players is unacceptable. Learn the rules of the game so that you may understand and appreciate the decisions made by officials and coaches.

Obey the game supervisors who are responsible for keeping order.

Stay off the playing area and bench areas at all times.

Do not throw things onto the playing areas or spectator areas.

Show respect for players, coaches, officials, and cheerleaders.

Noisemakers are prohibited.

Pay attention to half-time programs and do not disturb those who wish to watch the activities.

Respect public and private property by not causing damage or littering the facility or grounds.

Know the school officials and those acting on their behalf have the right to refuse attendance to those whose conduct is improper.

Refrain from the use of any controlled substance (alcohol, drugs, etc.) before, during and after the site of any contest.

There is no smoking or vaping allowed on the school premises. Please respect this rule.

### Role of Parent/Guardian

Parents are welcomed and encouraged to be positive, proactive, and respected partners with St. Mary Academy Bay View and the Athletic Department. However, team positions, playing time, starting line-up, and general team strategy are decisions made solely and impartially by the Bay View Coaching Staff.

### Parent Expectations/Contract

Always set an example of good sportsmanship.

Applaud your daughter’s accomplishments and effort as well as the accomplishments and effort of the other members of the team.

Accept the coach’s decisions regarding all team management decisions including playing time, positioning, strategy, etc.

Follow the procedures set forth by Bay View Athletics regarding paperwork, injuries, conflict resolution, and expectations.

I, while a parent/guardian of a student-athlete of St. Mary Academy Bay View, understand that: Demeaning language toward officials, the opposing team and/or spectators will not be tolerated. Demeaning language toward Bay View players, spectators and/or coaching staff members will not be tolerated.

I will not be granted an audience with the coach, Athletic Director, or any other member of the Bay View Administration regarding the playing time or position of my daughter, nor the general strategy chosen by the coaching staff. Parents are not permitted to approach coaches prior to, during or at the completion of games to discuss playing time, criticize coaching techniques or game strategy.

My participation as a supporter of Bay View Athletics is a privilege, not a right.

If I fail to follow the aforementioned expectations, St. Mary Academy - Bay View reserves the right to issue the following sanctions:

Written reprimand to the involved party(ies);

Ban the violating party(ies) from campus during sporting activities;

Reporting the infraction to law enforcement, if deemed necessary.

## Student-Athlete and Parent/Guardian Contract

*We recognize that healthy sports experiences take a commitment from student-athletes and their parents. We agree that the following principles are critical to the support of quality sports experiences in our school. We agree to honor and support our student-athletes in a positive and healthy process.*

Student-athlete and parents exhibit good sportsmanship and show respect for everyone associated with the program, including teammates, coaches, support staff, opponents and officials.

Student-athlete and parents understand the value of competition-without-conflict and how to handle success with grace and failure with dignity. The spirit of excellence replaces a "win at all costs" mentality.

Student-athlete and parents recognize that opportunities for college athletic scholarships and professional play are severely limited.

Student-athlete and parents commit to upholding substance abuse policies endorsed and enforced by school.

Student-athlete and parents commit to a focus on lifetime health and fitness, including habits of fitness and good nutrition.

Student-athlete and parents appreciate sports opportunities regardless of the degree of success, the level of skill or time on the field.

Student-athlete and parents respect coaches and appreciate the importance of contributing to the team and its success, even when there may be differences of opinion.

Student-athlete and parents attend relevant school meetings to build relationships and support with coaches and athletic directors and to learn first-hand about the expectations for participation in interscholastic athletics.

Student-athlete seeks and parents encourage, participation in multiple sports and activities, with academics placed first and foremost.

Parents serve as role models, see the "big picture," support all programs and athletes and help their student-athletes to do the same.

Parents are asked to give positive and consistent encouragement and support to their daughters regardless of the degree of success, level of skill or time in the contest.

Parents need to stress the importance of respect for coaches and emphasize the importance of contributing to the team and its success.

Parents agree to abide by the rules guiding the conduct of sports, modeling the principles for their student-athletes.

Parents need to leave the coaching to the coaches and should not be critical of the program, the strategies or performance of the team. Parents should avoid putting pressure on their daughters regarding playing time and performance.

We know that school sports experiences can contribute greatly to the value and ethics of each player and that positive sport experiences teach important life skills, encourage teamwork, help shape character and citizenship and encourage an active lifestyle.

\_\_\_\_\_  
Parent/Guardian Name (Print)

\_\_\_\_\_  
Student-Athlete Name (Print)

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Student-Athlete Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Date



**ATHLETIC POLICY HANDBOOK SIGN-OFF SHEET**

**All Bay View student-athletes and parents/guardians must download this form and return it with the appropriate signatures to the Head or Assistant Coach of the first team on which they compete for each academic year.**

*We have read the rules, regulations, policies, and procedures for participation in the St. Mary Academy-Bay View Athletic Program. This includes Varsity, Junior Varsity and non-RIIL team participation (i.e. Crew, Cheerleading, Sailing, Dance). We understand that failure to comply with these rules and policies will result in suspension and may ultimately result in dismissal from participation in the Athletic Program.*

**Student-Athlete (Print)** \_\_\_\_\_ **Grade** \_\_\_\_\_

**Student-Athlete Signature** \_\_\_\_\_

**Parent or Guardian (Print)** \_\_\_\_\_

**Parent or Guardian Signature** \_\_\_\_\_

**Date** \_\_\_\_\_

**This form MUST be returned to the team coach prior to participation.  
It should be completed once each academic year.**