

# EAGLE WATCH

MONTHLY NEWSLETTER - MARCH 2020  
ATHOL ELEMENTARY SCHOOL  
www.lakeland 272.org  
208-683-2231

4th GRADE  
"LEWIS & CLARK"  
MUSIC PROGRAM  
THURS., MARCH 19  
6:30 PM

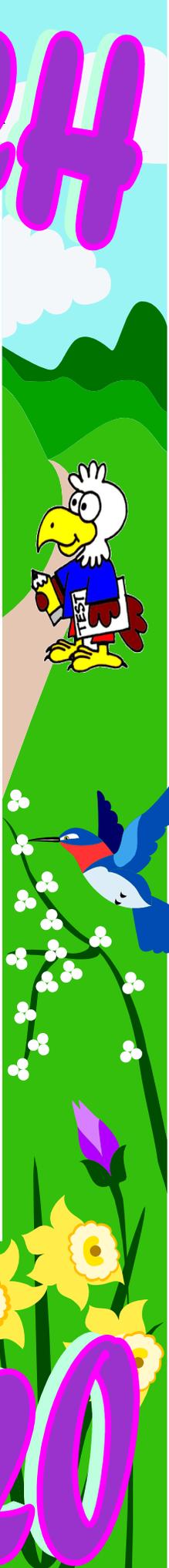
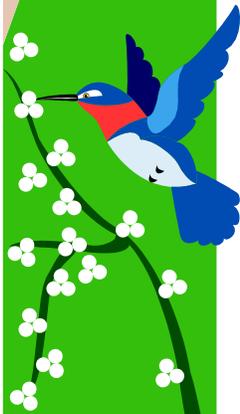
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MARCH "2020" CALENDAR

Like us on  
Facebook  
Like

SPRING BREAK  
MARCH 27-APRIL 5  
SEE YOU MONDAY,  
APRIL 6 @ 10AM  
SHARP

# MARCH 2020



# Principal's Message



Dear Athol Elementary Families,

We are excited to continue with Student-Led Conferences (SLC) again this year!! Your child will lead a conference March 12th to reflect on his or her progress, show you his or her work, and receive feedback. Your child(ren) have the opportunity to share the details of their school day, their academic and behavioral progress, as well as share their goals for the remainder of the school year. You will hear directly from your child about what they love, what they believe are challenges and what steps they are taking to overcome these challenges. Your presence will be vital to our SLC process. Of course, anyone who feels they need a private meeting with a teacher will still be able to schedule one at a later time.

Your attendance demonstrates the importance of our partnership, as well as support for your child(ren) and their learning. Your child(ren) will participate in their conference and this will count for their daily attendance. The school day consists of only the scheduled conference time. During the conference time, Athol Elementary staff will provide child care for siblings for the scheduled conference time only. Busing will NOT be available on this day. Students that attend BASE will have the option of BASE from the hours of 6:30 a.m. to 6:00 p.m. Please respond to the request for information about scheduling. We are counting on 100% participation as we continue student-led conferences.

We look forward to seeing you!

Sincerely,

Mrs. Kathy Thomas, Principal



**Student Led  
Conferences  
Thursday,  
March 12th**

# Athol Elementary PTU

Parents & Teachers United



Come and join the fun!!

PTU Meeting Monday

March 23rd - 6 p.m.- Athol Elem. Library

## Athol Elementary PTU News and Events!

**Taco Lunch** We are doing a Taco Lunch for the teachers and staff during the Student Led Conferences on March 12. If you haven't signed up to bring an item, please do so. We have a link on our Athol Elementary PTU facebook page. You can also email us at [atholelementaryptu@gmail.com](mailto:atholelementaryptu@gmail.com) if you are not on facebook. If you would like to donate, but don't have time to shop, feel free to drop off a donation at the office and we will do the shopping for you. These teachers and staff have a long day during the conferences and this is a small way to say, "Thank YOU!"

**WHAT AN AMAZING GROUP OF PARENTS & FAMILIES WE HAVE HERE AT ATHOL ELEMENTARY!**

Our **MARDI GRAS** fundraiser has been a **HUGE SUCCESS** so far. All of our tables are sold. There are just a few tickets left. email us or order tickets on our website: [atholelementaryptu.wixsite.com](http://atholelementaryptu.wixsite.com) if you would like to attend! Due to the outpouring of donations, by very generous sponsors, we are 70% of the way to our goal of \$56,000! This new playground equipment will help the students have fun at school but it will help parents too. We are working on an existing project to help the flow of pick-up and drop-off traffic! Stay tuned for more information! If you have any items that you would like to donate to the fundraiser for our live or silent auction, please contact the **PTU via facebook** or **e-mail** and let us know! You can also drop them off at the office no later than March 9. We are an official non-profit now so all donations, monetary or items, are tax deductible.

**ALL OF THE MONEY RAISED BY THIS EVENT WILL GO TOWARDS THE NEW PLAYGROUND EQUIPMENT!**

**Thank you for your support! Our biggest & most extensive fundraiser is successful because of you!**

If you are interested in purchasing **PTU SWAG** we have colors, styles & sizes available. Shirts, sweatshirts, headbands or hats in stock. Email us or ask at the school office for help. We love to see your Eagle Pride!

Join us at our next meeting on March 23rd at 6 PM in the school library. We have lots of fun stuff to plan in the Spring, and we would love your input! It's fun...come & check us out!!!

☺ **Email:** [atholelementaryptu@gmail.com](mailto:atholelementaryptu@gmail.com) ☺ **Fb:** [athol elementary PTU](https://www.facebook.com/atholelementaryptu)

**Thanks for all of your support! - Athol Elementary PTU**

# Mardi Gras Fundraiser

You are invited to a night of dinner, drinks and fun to raise money for new playground equipment for Athol Elementary. There is still time to purchase tickets.

Phone: 208-683-2231 Email: atholelementaryptu@gmail.com

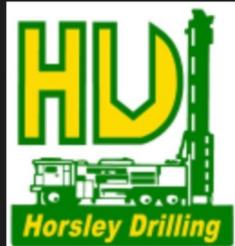
March 14, 2020 at 6pm  
Athol Community Center  
30355 3rd St.



*Platinum*

*Gold*

*Silver*



Music Provided By:

**454**

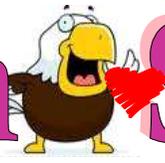
Thank you Sponsors

Catering By:

**COUNTRY SNACK SHACK**



# Kindergarten Student Page



Here's their thoughts on-"What does love mean?"

Wyatt says...*"I think love means to have fun."*

Miley says...*"I love you so much because you are my friend."*

Mary says...*"It means I give heart chocolates in a box."*

Ryan says...*"I love phones. It is fun"*

Grayson says...*"I care about you. I love you."*

Wesley says...*"I am thinking I will make you a picture with hearts."*

Conner says...*"I think it means that you love them."*

Rylee says...*"It means you give hearts."*

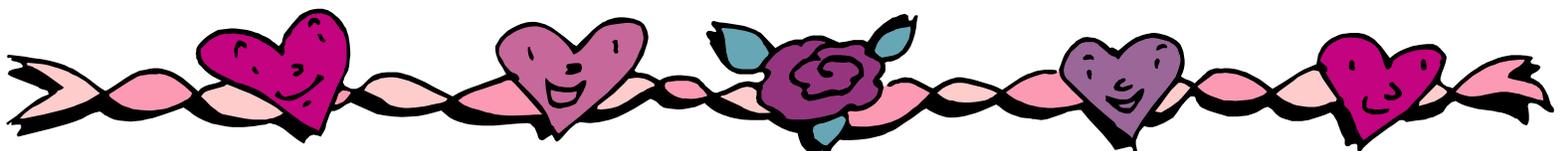
Dylan says...*"I like you. I love you so much. Love you so much!"*

Claire says...*"I think give chocolate, hearts, and give hugs."*

Dawson says...*"I like your hair because it is beautiful."*

Nevaeh says...*"You give them flowers."*

Keadon says...*"I can watch the phone."*





## MARCH LIBRARY NEWS

Silverwood “Read 2 Ride” is in full bloom.

Monday, April 13th, is the last day to turn in reading logs.

Happy Reading!!

## BOGO BOOK FAIR

When: March 9<sup>th</sup>-13<sup>th</sup>

Where: Athol Elementary Library

Time: Monday-10:00-3:30

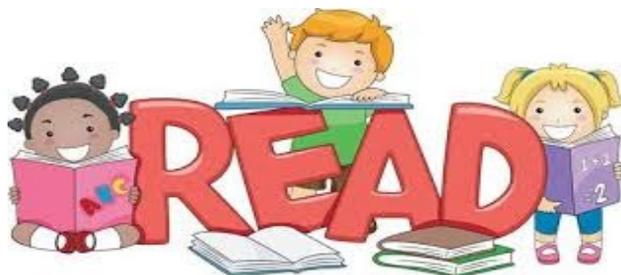
Tuesday-Wednesday-9:00-3:30

Thursday-8:00am-7:00pm

Friday-9:00-3:30

COME TO OUR  
BUY ONE, GET ONE FREE  
BOOK FAIR!

Mrs. Berger  
Librarian



# FREE Developmental Screening



For all children in the  
Lakeland  
School District  
0-5 years old

Screening will provide parents with  
information regarding their child's  
development in:

speech & language  
large & small muscles  
concepts  
vision and hearing

## Where?

Twin Lakes Elementary  
5326 W. Rice Road  
Rathdrum, ID 83858

## When?

February 24, 2020  
March 16, 2020

### Sponsored by:

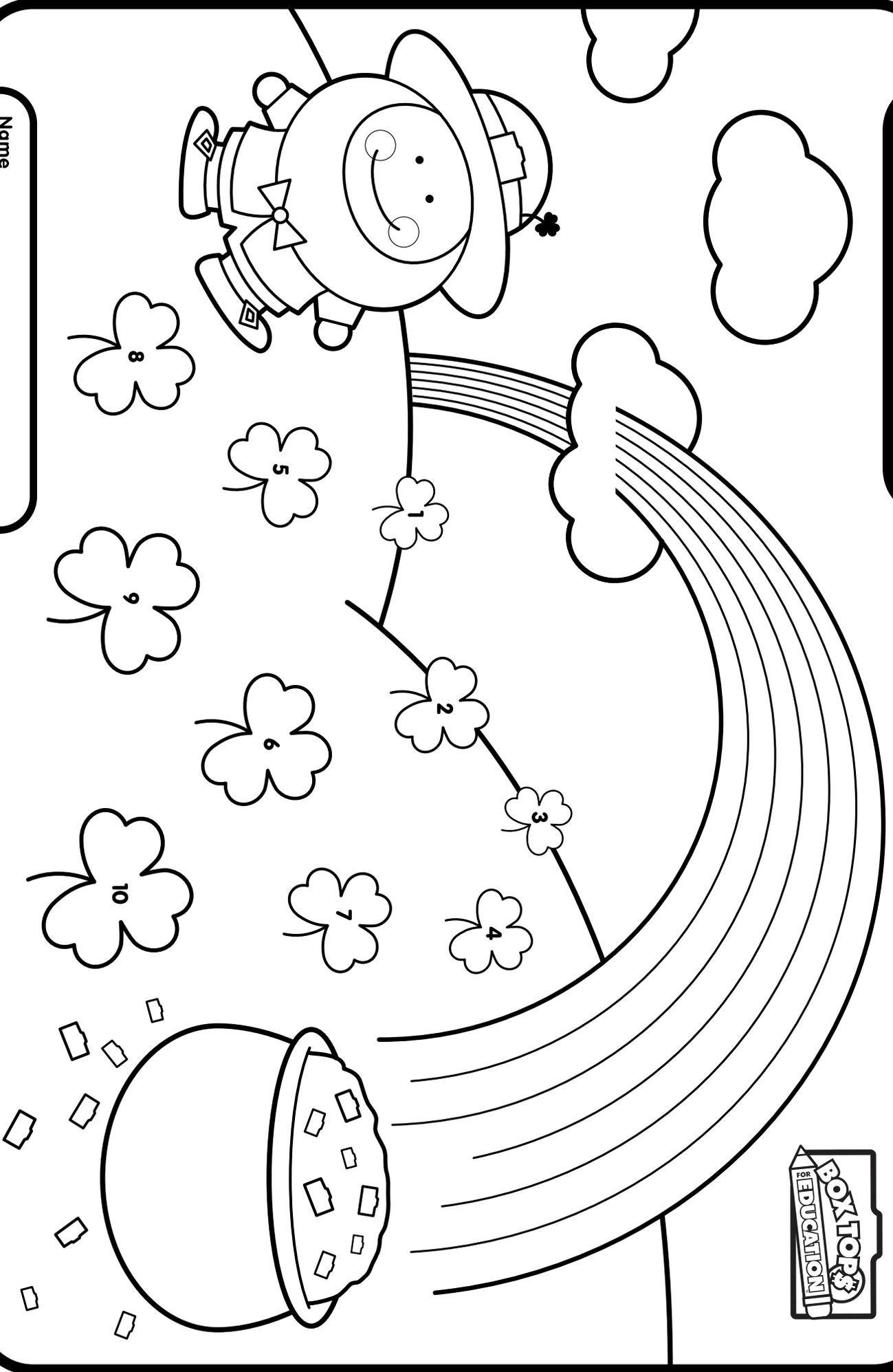
Lakeland School District  
North Idaho College Head Start  
Infant Toddler Program  
Mountain States Early Head Start

## How?

Call (208) 687-1682  
to schedule an  
appointment

For all children in the Lakeland School District (including those that are home-schooled and those in private-school setting)  
between the ages of 3 and 21 years  
who may have individual needs that result from disabilities and may benefit from special services or related services,  
please contact Special Services at (208) 687-0431 for details on the referral process.

**Box Tops are as good  
as gold for your school!**

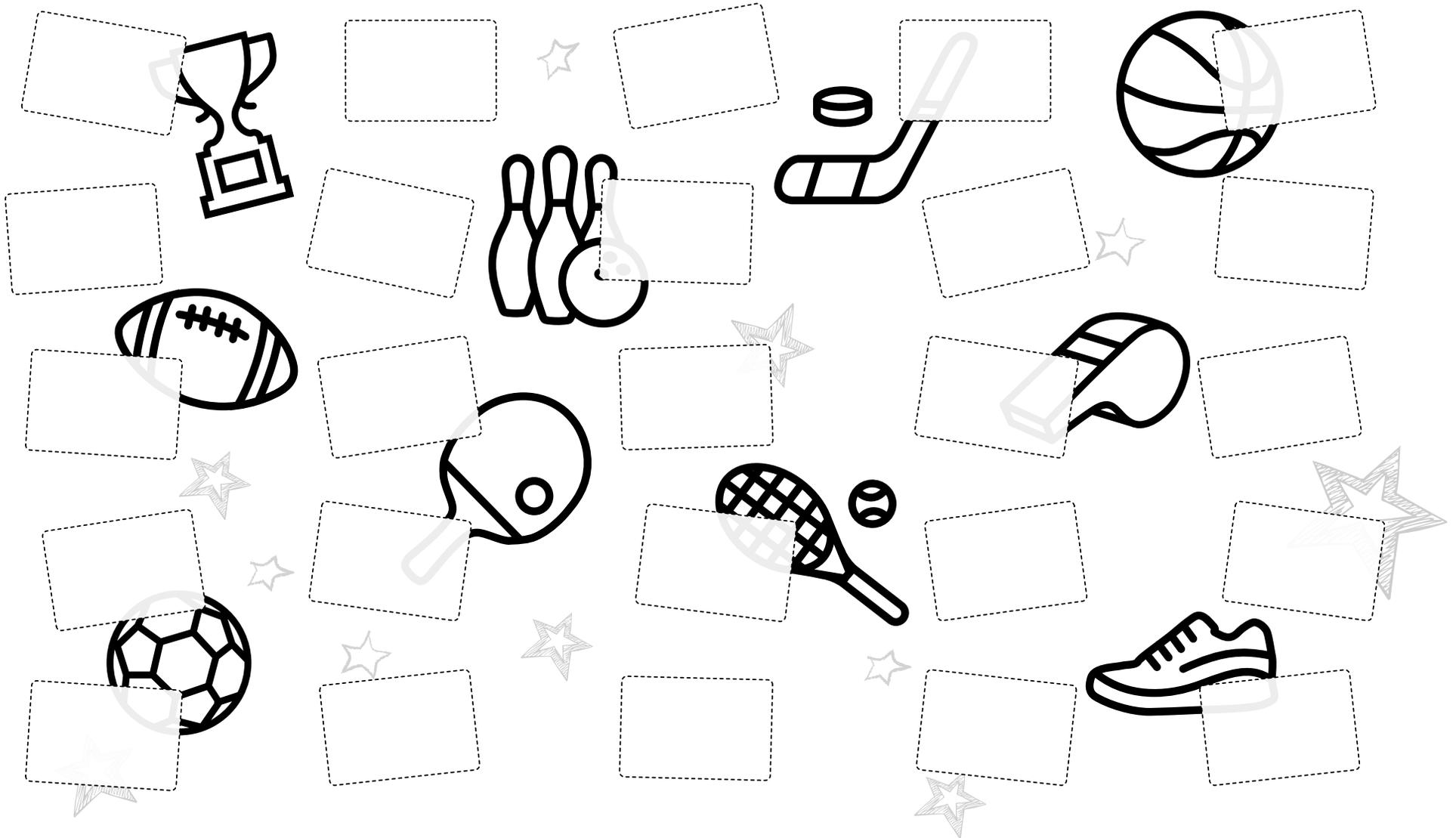


Name \_\_\_\_\_  
Grade \_\_\_\_\_  
Teacher's Name \_\_\_\_\_

Thank you for helping! Every Box Top you collect is worth 10¢ for your school.  
For more collection worksheets and projects, go to [www.boxtops4education.com/activitycenter](http://www.boxtops4education.com/activitycenter)



# SCORE BIG FOR YOUR CHILD'S SCHOOL WITH BOX TOPS!



Thank you for helping! Clipped Box Tops are each worth 10¢ for your child's school. Bonus certificates should not be attached to this sheet - please submit them separately. To see more ways to earn cash for your child's school, go to [BTFE.com](http://BTFE.com).



# LOOK FOR BOX TOPS ON HUNDREDS OF PRODUCTS!

THE ALL-NEW BOX TOPS IS HERE!  
DOWNLOAD THE APP:



**CLIP:** Traditional Box Tops clips are being phased out of production, but you can still send unexpired clips to school. **Every valid Box Tops clip is worth 10¢.**



**SCAN:** If you see this label, **do not send it to school.** Use the new Box Tops app to scan your store receipt within 14 days of purchase. The app will find participating products and instantly add Box Tops to your school's earnings online.



## BEVERAGES

- Nestle Pure Life Water .5-Liter 24, 28, 32,35-Packs
- Nestle Pure Life Water 8 oz. 6, 12, 24 & 56-Packs
- Nestle Pure Life Water 11.15 oz 6-Pack



## HOUSEHOLD CLEANING

- Lysol® Disinfectant Spray
- Lysol® Disinfecting Wipes
- Lysol® Toilet Bowl Cleaner



## MEALS & SIDES

- Annie's® Baking Mix
- Annie's® Brownie Mix
- Annie's® Cake Mix
- Annie's® Cookie Mix
- Annie's® Mac & Cheese
- Annie's® One Pot Pasta
- Annie's® Soup
- Hamburger Helper™
- Chicken Helper™
- Tuna Helper™
- Old El Paso™ Beans
- Old El Paso™ Taco Kit
- Old El Paso™ Tortillas
- Old El Paso™ Shells



## SNACKS

- Annie's® Bunny Cookies
- Annie's® Bunny Grahams
- Annie's® Cheddar Bunnies
- Annie's® Cheddar Squares
- Annie's® Cookies
- Annie's® Crackers
- Annie's® Fruit Snacks
- Annie's® Granola Bars
- Annie's® Popcorn
- Annie's® Snack Bars
- Annie's® Snack Mix
- Bugles™
- Cascadian Farm™ Granola
- Cascadian Farm™ Granola Bars
- Cascadian Farm™ Protein Bars
- Cereal Treat Bars
- Chex™ Mix
- Fiber One™ Bars
- Fiber One™ Brownies
- Fiber One™ Cheesecake Bars
- Fiber One™ Cookies
- Food Should Taste Good™ Chips
- Fruit by the Foot™
- Fruit Roll-Ups™
- Gardettos™
- General Mills™ Fruit Snacks
- Gushers™
- LARABAR™ Kid
- Mott's® Fruit Snacks
- Nature Valley™ Bars
- Nature Valley™ Biscuits
- Nature Valley™ Bites
- Nature Valley™ Granola Cups
- Nature Valley™ Layer Bars
- Nature Valley™ Snack Mix
- Nature Valley™ Squares
- Nature Valley™ Wafer Bars



## CEREAL & BREAKFAST

\*Bagged cereals do not participate

- Ancient Grains Cheerios™
- Annie's® Cereal
- Annie's® Toaster Pastries
- Apple Cinnamon Cheerios™
- Apple Cinnamon Toast Crunch™
- Banana Nut Cheerios™
- Basic 4™ Cereal
- Big G Cereal Breakfast Pack (8 Pouches)
- Berry Berry Kix™
- Birthday Cake Cookie Crisp™
- Blueberry Cheerios™
- Blueberry Chex™
- Blueberry Toast Crunch™
- Boo Berry™
- Cascadian Farm Cereal™
- Cheerios™
- Cheerios™ Oat Crunch Cinnamon
- Chocolate Cheerios™
- Chocolate Chex™
- Chocolate Lucky Charms™
- Chocolate Peanut Butter Cheerios™
- Chocolate Toast Crunch™
- Cinnamon Chex™
- Cinnamon Toast Crunch™
- Cinnamon Toast Crunch™ Churros
- Cinnamon Toast Crunch™ Shreds
- Cocoa Puffs™ Cereal
- Cookie Crisp™ Cereal
- Corn Chex™ Cereal
- Count Chocula™
- Dippin Dots™ Cereal
- Drumstick™ Cereal
- Fiber One™ Cereal
- Fillows™ Cereal
- Franken Berry™
- French Toast Crunch™
- Frosted Cheerios™
- Frosted Lucky Charms™
- Fruity Cheerios™
- Girl Scouts™ Cereal
- Golden Grahams™
- Honey Kix™
- Honey Nut Cheerios™
- Honey Nut Cheerios™ Crunch
- Honey Nut Chex™
- Kix™ Cereal
- Lucky Charms™
- Maple Cheerios™
- Mermaid Cereal
- Multigrain Cheerios™
- Nature Valley™ Cereal
- Nature Valley™ Granola
- Oatmeal Crisp™ Cereal
- Peach Cheerios™
- Peanut Butter Chex™
- Peanut Butter Chocolate Shreds™ Cereal
- Protein Cheerios™ Oat & Honey
- Pumpkin Spice Cheerios™
- Raisin Nut Bran™
- Reese's Puffs™
- Rice Chex™
- Star Wars™ Cereal
- Strawberry Toast Crunch™
- Sugar Cookie Toast Crunch™
- Toasted Coconut Cheerios™
- Total™ Cereal
- Trix™ Cereal
- Vanilla Chex™
- Very Berry Cheerios™
- Wheat Chex™
- Wheaties™



## FROZEN

- Annie's® Bagel Pizzas
- Annie's® Pizza Bagels
- Annie's® Pizza Poppers
- Cinnamon Toast Crunch™ Bites
- Pillsbury™ Mini Cinnis
- Pillsbury™ Pancakes
- Pillsbury™ Toaster Scambles
- Pillsbury™ Toaster Strudel
- Totino's™ Party Pizza (4-pack only)
- Totino's™ Pizza Rolls



## REFRIGERATED & DAIRY

- Annie's® Biscuits
- Annie's® Cinnamon Rolls
- Annie's® Crescent Rolls
- Yoplait® Go-GURT® Yogurt
- Yoplait® Go-Gurt® Dunkers
- Yoplait® Kid
- Yoplait® Multipack



## SCHOOL & OFFICE SUPPLIES

- Boise® POLARIS® Premium Paper
- Boise® X-9® Paper
- Paper Mate® Arrowhead® Erasers
- Paper Mate® Clearpoint® Mechanical Pencils
- Paper Mate® Colored Pencils
- Paper Mate® Comfortmate Ultra™
- Paper Mate® Correction Pens
- Paper Mate® DryLine® Products
- Paper Mate® Eagle® Pens
- Paper Mate® Eraser Mate®
- Paper Mate® Expressions® Erasers
- Paper Mate® Flair® Felt Tip Pens
- Paper Mate® Flexgrip® Elite
- Paper Mate® Flexgrip® Ultra
- Paper Mate® Gel Pens
- Paper Mate® Flexgrip® RT
- Paper Mate® Handwriting
- Paper Mate® Holiday
- Paper Mate® Infinite Lead
- Paper Mate® Inkjoy® Ballpoint Pens
- Paper Mate® Inkjoy® Gel Pens
- Paper Mate® Inkjoy® Stylus 2-in-1
- Paper Mate® Lead Refills
- Paper Mate® Liquid Flair®
- Paper Mate® Liquid Paper® Fast Dry
- Paper Mate® Markers
- Paper Mate® Mirado® Woodcase Pencils
- Paper Mate® Pens
- Paper Mate® Pink Pearl® & White Pearl® Erasers
- Paper Mate® Profile®
- Paper Mate® Profile® Elite
- Paper Mate® Quick Flip™
- Paper Mate® Sharpwriter® Mechanical Pencils
- Paper Mate® Speederase
- Paper Mate® Write Bros. Pens
- Paper Mate® Write Bros. Mechanical Pencils

## CLIP-ONLY PRODUCTS

A few brands have opted not to participate in the digital program; however, you can still find Box Tops clips on these products during the packaging transition. Be sure to send them to your school before they expire.

- Select Finish® Products
- Select Hefty® Products
- Select Kleenex® Products
- Select Reynolds® Products
- Select Scott® Products
- Select Ziploc® Products

# They grow up so fast.

Now's your chance to shape their future.



**A kindergartener counted in the 2020 Census this spring will be starting high school when the next census comes around in 2030: That's 10 years of school supplies, teachers, school lunches, and so much more. This is your opportunity to help ensure they have a bright future.**

Right now, students across the country are getting an introduction to the 2020 Census through the Statistics in Schools program. This program offers free activities and resources to schools to help prepare their students for an increasingly data-driven world.

Students are learning that the 2020 Census is a count of every person who lives in the United States and its territories. Responding to the census helps your community get its fair share of funding. Census data guides how more than \$675 billion in federal funding is distributed to states and communities each year for schools, health care facilities, roads, transportation, recreation centers, social services, and more.

**On Census Day, April 1, 2020, start shaping your future and the future of all children by counting everyone in your home.**

Learn more about how you can shape your future at [2020CENSUS.GOV](https://2020census.gov).

Get more information about the Statistics in Schools program at [CENSUS.GOV/SCHOOLS](https://census.gov/schools).

**Students are also learning these key things about the 2020 Census—and we want you to know them too:**

- Starting in March 2020, everyone living in your home needs to be counted. That includes children and newborn babies, citizens and noncitizens, relatives and nonrelatives, and even those staying with you temporarily.
- It's easier than ever to respond to the census. You can respond in 13 different languages, and you can complete it online, by phone, or by mail.
- Your responses to the census are safe and secure. The law requires the U.S. Census Bureau to keep your information confidential, and your responses cannot be used against you in any way.



Shape  
your future  
START HERE >

United States<sup>®</sup>  
Census  
2020



**Lakeland School District Elementary March Breakfast Menu** This institution is an equal opportunity provider.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p><b>Fruit Smoothie</b> Whole Grain Muffin</p> <p><b>Assorted Cereal</b> Whole Grain Muffin</p> <p>Orange Wedges Assorted Chilled Fruit 100% Fruit Juice</p>	<p>3</p> <p><b>Pancake on a Stick w/Maple Syrup</b></p> <p><b>Assorted Cereal</b> Whole Grain Toast</p> <p>Orange Wedges Assorted Chilled Fruit 100% Fruit Juice</p>	<p>4</p> <p><b>Breakfast Pizza</b></p> <p><b>Assorted Cereal</b> Whole Grain Muffin</p> <p>Orange Wedges Assorted Chilled Fruit 100% Fruit Juice</p>	<p>5</p> <p><b>Whole Grain Waffle w/Maple Syrup Scrambled Eggs</b></p> <p><b>Assorted Cereal</b> Whole Grain Toast</p> <p>Orange Wedges Assorted Chilled Fruit 100% Fruit Juice</p>	<p>6</p> <p><b>Biscuits &amp; Gravy</b></p> <p><b>Assorted Cereal</b> Strawberry Banana Yogurt</p> <p>Orange Wedges Assorted Chilled Fruit 100% Fruit Juice</p>
<p>9</p> <p><b>Whole Grain Frosted Pop-Tart</b> Yogurt</p> <p><b>Assorted Cereal</b> Yogurt</p> <p>Orange Wedges Assorted Chilled Fruit 100% Fruit Juice</p>	<p>10</p> <p><b>Breakfast Pizza</b></p> <p><b>Assorted Cereal</b> Whole Grain Muffin</p> <p>Orange Wedges Assorted Chilled Fruit 100% Fruit Juice</p>	<p>11</p> <p><b>Whole Grain French Toast Sticks w/Maple Syrup</b> <b>Assorted Cereal</b> String Cheese</p> <p>Orange Wedges Assorted Chilled Fruit 100% Fruit Juice</p>	<p>12</p> <p><b>No School</b></p>	<p>13</p> <p><b>Biscuits &amp; Gravy</b></p> <p><b>Assorted Cereal</b> Strawberry Banana Yogurt</p> <p>Orange Wedges Assorted Chilled Fruit 100% Fruit</p>
<p>16</p> <p><b>Fruit Smoothie</b> Whole Grain Muffin</p> <p><b>Assorted Cereal</b> Whole Grain Muffin</p> <p>Orange Wedges Assorted Chilled Fruit 100% Fruit Juice</p>	<p>17</p> <p><b>Pancake on a Stick w/Maple Syrup</b> <b>Assorted Cereal</b> Whole Grain Toast</p> <p>Orange Wedges Assorted Chilled Fruit 100% Fruit Juice</p>	<p>18</p> <p><b>Whole Grain Frosted Pop-Tart</b> String Cheese</p> <p><b>Assorted Cereal</b> String Cheese</p> <p>Orange Wedges Assorted Chilled Fruit 100% Fruit Juice</p>	<p>19</p> <p><b>Whole Grain Pancake w/Maple Syrup Scrambled Eggs</b></p> <p><b>Assorted Cereal</b> Whole Grain Toast</p> <p>Orange Wedges Assorted Chilled Fruit 100% Fruit Juice</p>	<p>20</p> <p><b>Biscuits &amp; Gravy</b></p> <p><b>Assorted Cereal</b> Strawberry Banana Yogurt</p> <p>Orange Wedges Assorted Chilled Fruit 100% Fruit Juice</p>
<p>23</p> <p><b>Fruit Smoothie</b> Whole Grain Muffin</p> <p><b>Assorted Cereal</b> Whole Grain Muffin</p> <p>Orange Wedges Assorted Chilled Fruit 100% Fruit Juice</p>	<p>24</p> <p><b>Breakfast Pizza</b></p> <p><b>Assorted Cereal</b> Whole Grain Muffin</p> <p>Orange Wedges Assorted Chilled Fruit 100% Fruit Juice</p>	<p>25</p> <p><b>Whole Grain French Toast Sticks w/Maple Syrup</b> <b>Assorted Cereal</b> String Cheese</p> <p>Orange Wedges Assorted Chilled Fruit 100% Fruit Juice</p>	<p>26</p> <p><b>Egg &amp; Cheese Breakfast Sandwich</b></p> <p><b>Assorted Cereal</b> Whole Grain Toast</p> <p>Orange Wedges Assorted Chilled Fruit 100% Fruit Juice</p>	<p>27</p> <p><b>No School</b></p>
<p>30</p> <p>Spring Break</p>	<p>31</p> <p>Spring Break</p>		<p><b>Vegetarian</b></p>	<p> <b>We support Local Farmers!</b></p>

**BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and skim chocolate. Paid Student \$1.50. Reduced \$0.30. Adult \$2.25**



## Elementary Lunch Menu March 2020

**Student Lunch \$2.80 \*\* Reduced Price \$0.40 \*\* Adult \$4.00**

The Discovery Kitchen theme this month is Plant Power. The information we're providing this month is intended to teach students, parents, teachers, and café associates, like you, about some of the many benefits of eating a diet rich in plant foods. Plant foods include fruits, vegetables, grains, legumes, nuts, and seeds. This month, we will be sharing information related to the nutritional benefits of plant foods, fun facts about how certain foods are produced, and the impact that eating more plants has on our well-being and the well-being of the planet. We will also be promoting a variety of delicious, plant-forward dishes to inspire everyone to eat more plants.

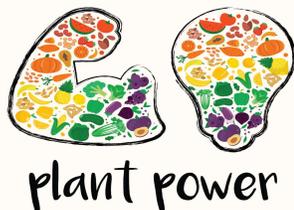
Monday	Tuesday	Wednesday	Thursday	Friday
<b>2-Mar</b> BBQ Chicken Served w/ mashed potatoes, dinner roll & cinnamon glazed carrots Fruit and Vegetable Bar Assorted Milk	<b>3-Mar</b> <b>Pancake Day!</b> Pancakes w/Maple Syrup Sausage Patty Scrambled Eggs, Warm Baked Apples Fruit and Vegetable Bar Assorted Milk	<b>4-Mar</b> Spaghetti & Meatballs Savory Green Beans & Dinner Roll Fruit and Vegetable Bar Assorted Milk	<b>5-Mar</b> <b>Booklyn Style Pepperoni Pizza</b> Fruit and Vegetable Bar Assorted Milk	<b>6-Mar</b> Turkey & Cheese Stromboli Seasoned Corn Fruit and Vegetable Bar Assorted Milk
<b>9-Mar</b> <b>Cheeseburger</b> Baked Potato Wedges Fruit and Vegetable Bar Assorted Milk	<b>10-Mar</b> French Toast Sticks w/ Maple Syrup Sausage Patty Fruit and Vegetable Bar Assorted Milk	<b>11-Mar</b> Ham & Cheese Bagel Tomato Soup Fruit and Vegetable Bar Assorted Milk	<b>12-Mar</b> <i>No School K-8</i> Student Lead Conferences	<b>13-Mar</b> Crispy Chicken Sandwich Seasoned Corn Fruit and Vegetable Bar Assorted Milk
<b>16-Mar</b> <b>Shepherds Pie</b> Served w/ mashed potatoes, dinner roll & steamed peas Fruit and Vegetable Bar Assorted Milk	<b>17-Mar</b> <b>Pancake Day!</b> Pancakes w/Maple Syrup Sausage Patty Scrambled Eggs, Warm Baked Apples Fruit and Vegetable Bar Assorted Milk	<b>18-Mar</b> Homemade Butternut Squash Mac & Cheese Dinner Roll Fruit and Vegetable Bar Assorted Milk	<b>19-Mar</b> Homemade Cheese Pizza Seasoned Corn Fruit and Vegetable Bar Assorted Milk	<b>20-Mar</b> <b>Parfait:</b> <i>Creamy Yogurt Homemade Granola &amp; Fruit</i>
<b>23-Mar</b> <b>Pancake Day!</b> Pancakes w/Maple Syrup Sausage Patty Scrambled Eggs, Warm Baked Apples Fruit and Vegetable Bar Assorted Milk	<b>24-Mar</b> BBQ Chicken Served w/ mashed potatoes, dinner roll & Seasoned Corn Fruit and Vegetable Bar Assorted Milk	<b>25-Mar</b> Spaghetti & Meatballs Savory Green Beans & Dinner Roll Fruit and Vegetable Bar Assorted Milk	<b>26-Mar</b> <b>Booklyn Style Pepperoni Pizza</b> Fruit and Vegetable Bar Assorted Milk	<b>27-Mar</b> Spring Break

**A full student lunch includes a choice of entrée supplying protein and whole grain, up to three (3) vegetable side dishes, one (1) fruit side dish, and milk. Milk choices include 1% white and skim chocolate. A cold vegetable and fruit bar is available daily on which we feature a variety of vegetables and fruits including locally grown when seasonally available. Each week we feature deeply colored, nutrient-rich vegetables including red/orange and dark green varieties, as well as beans and other additional choices. We also offer at least one hot vegetable daily on our serving line.**

Mondays Alt Entrées	Tuesdays Alt Entrées	Wednesdays Alt Entrées	Thursdays Alt Entrées	Fridays Alt Entrées
Chicken Nuggets  Fun Lunch: Cereal & Yogurt & Cheese Fun Lunch	Cheese Pizza  Deli Sandwich	Chicken Nuggets  Fun Lunch: Cereal & Yogurt & Cheese Fun Lunch	Hot Dog  Chicken Caesar Wrap	Soft Baked Pretzel w/ Cheese Sauce  Deli Sandwich

### Daily Fruit and Vegetable Bar Offerings

Tossed Salad Fresh Baby Carrots Power Peas  Fresh Fruit Chilled Fruit	Romaine & Spinach Salad Broccoli Florets Roasted Garbanzo Beans  Fresh Fruit Chilled Fruit	Tossed Salad Fresh Baby Carrots Corn Salad with Ranch  Fresh Fruit Chilled Fruit	Romaine & Spinach Salad  Broccoli Florets  Fresh Fruit Chilled Fruit	Tossed Salad Fresh Baby Carrots Cucumber Apple Salad  Fresh Fruit Chilled Fruit
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### Did You Know?

On average, plant foods contain 64 times the antioxidant levels of animal foods! Antioxidants protect our bodies against harmful substances and keep us healthy.

This Institution is an equal opportunity provider.

View your menu online at:  
[lakeland272.nutrislice.com](http://lakeland272.nutrislice.com)



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6 POPCORN DAY	7
8 Daylight Savings Time Begins. Set your clocks AHEAD 1 HOUR. 	9 	10 <b>Wrestling Program - Grades 4-6</b> March 10th-March 19th Tues,Weds & Thurs - 3:30-4:30	11	12 <b>STUDENT LED CONFERENCES</b> Students will only attend during their scheduled conference time. <b>NO Wrestling today-Conferences</b>	13 POPCORN DAY	14 <b>PTU MARDI GRAS FUNDRAISER DINNER</b> Athol Community Center - 6pm 
15	16	17  St.Patrick's Day	18	19 LEWIS & CLARK 4th Gr. Music Program-6:30pm 	20 POPCORN DAY 1st Day of Spring 	21
22	23  PTU Mtg. 6pm	24	25	26	27 NO SCHOOL Teacher Work Day	28
29	30 NO SCHOOL	31 NO SCHOOL	April 1	April 2	April 3	

**Spring Break**  
**March 27th - April 5th**

Have a safe, but fun filled break.  
 See you bright & early on Monday, April 6 @ 10am

