

April Merlo High School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Chicken or Vegetarian Nachos (V)	2 Teriyaki Chicken Bowl Cheese (V) or Pepperoni Pizza Rippers	3 Lasagna Roll Ups (V)
6 All White Meat Chicken Nuggets Cheese (V) or Pepperoni Pizza Rippers	7 Buffalo or Crispy Layered Chicken Bowl	8 Beef or Vegetarian Nachos (V)	9 Teriyaki Beef Bowl Cheese (V) or Pepperoni Pizza Rippers	10 No School Today
13 Rib B Que Sandwich Cheese (V) or Pepperoni Pizza Rippers	14 Buffalo Chicken Tater Bowl	15 Chicken or Vegetarian Nachos (V)	16 Orange Chicken Bowl Cheese (V) or Pepperoni Pizza Rippers	17 Chicken Alfredo Pasta
20 Chicken Drumstick with Tater Tots Cheese (V) or Pepperoni Pizza Rippers	21 Country Steak with Mashed Potatoes and Gravy	22 Beef or Vegetarian Nachos (V)	23 Sweet and Sour Chicken Bowl Cheese (V) or Pepperoni Pizza Rippers	24 No School Today
27 Buffalo or Crispy Popcorn Chicken Cheese (V) or Pepperoni Pizza Rippers	28 Chili and Cinnamon Roll (V)	29 Chicken or Vegetarian Nachos (V)	30 Teriyaki Chicken Bowl Cheese (V) or Pepperoni Pizza Rippers	

Offered Daily

- Bosco Cheese Stuffed Breadsticks (V)
- Buffalo or Crispy Chicken Sandwich
- Hamburger or Cheeseburger
- Peanut Butter and Jelly Sandwich (V)
- Roadrunner Cheese or Pepperoni Pizza(V)*
- Variety of Deli Sandwich (V)
- Variety of Prepared Salads (V)
- Yogurt and Granola Cup (V)

Lunch Prices
Paid: \$3.60
Reduced: No Charge
Adult: \$4.50
Milk: \$0.50

V=Vegetarian
* = Pork

For online access, to view and make deposits into your student's meal account and to sign up for meal benefits, log onto www.schoolcafe.com.

Follow us on Facebook: @BeavertonSDNutritionServices
Follow us on Instagram: @bsdnutritionservices
Follow us on Twitter: @BeavertonSDCafe
Visit our Website:

<http://www.beaverton.k12.or.us/home/departments/nutrition-services/>

Are you interested in working for Beaverton School District Nutrition Services? This is fun, fast paced work you can do while your student is in school!
Just go to

<https://www.beaverton.k12.or.us/depts/hr/applicants/Pages/Openings.aspx?category=SUB+FOOD+SERVICE> click and apply!

What is included in your students lunch meal?

Included with all lunches are a Meat or Meat Alternate Entrée, choice of 1% Plain Milk, or Nonfat Chocolate Milk, Bread or Grain item, and a variety of Fruits and Vegetables.

We are an **Offer Versus Serve** program. "Offer vs. Serve" means that you are always offered a full lunch, but if you don't want it all, you don't have to take every item that is offered. Students must choose from at least 3 food groups and must choose at least 1/2 cup of fruits or vegetables.

Menus subject to change.

"This institution is an equal opportunity provider"