

**Physician's Orders for Allergy Emergency Treatment  
Individualized Emergency Care Plan**

Student's Name: \_\_\_\_\_

Birth Date: \_\_\_\_\_ Class: \_\_\_\_\_

**Physician's Orders: (To be filled out by Physician)**

The above student is allergic to \_\_\_\_\_

Previous episode of anaphylaxis  Yes  No

If yes, please explain \_\_\_\_\_

History of asthma  Yes  No

If yes, supply **Asthma Action Plan**

**MEDICATIONS**

**Antihistamine: Name** \_\_\_\_\_ **Dose:** \_\_\_\_\_

Give antihistamine for the following symptoms:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Epinephrine:  EpiPen  EpiPen Jr.  Other** \_\_\_\_\_

Give Epinephrine for the following symptoms:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Choose one administration order:**

Give Antihistamine first, observe, for further symptoms and give Epinephrine PRN

Give Antihistamine only

Give Epinephrine only

This student has been trained and is capable of self-administration of the following medication(s)

Epinephrine – single dose unit

This student is not capable of self-administration of the medications named above.

Please Note: Under NJ state law, in the absence of a school nurse, a trained delegate will give epinephrine only, any antihistamine order will be disregarded.

Physician's Name: \_\_\_\_\_ Date \_\_\_\_\_

Physician's Signature: \_\_\_\_\_

Physician's Address: \_\_\_\_\_

Physician's Phone: \_\_\_\_\_ Fax \_\_\_\_\_

**Authorization: To Be Filled Out By Parent:**

I authorize the school nurse/principal/administrator to contact my physician on any questions related to the care of my child's care. I also authorize the school nurse or other unlicensed assistive individuals educated by the nurse to administer the above medication to my child during regular school hours and at other times when my child is participating in a school related event. I authorize my child to engage in self-administration if appropriate. I understand that the district, school, school nurse and other school employees shall incur no liability as a result of any injury arising from the administration of this medication; and that I will indemnify and hold harmless The Board of Education/School District, Bergen County Department of Health Services and their employees, school, school nurse and other school employees against any claims arising from the administration to my child.

Child's Name: \_\_\_\_\_

Parent's Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date \_\_\_\_\_  
**(Parent/Guardian)**