



Clifton High School

co-educational nursery pre-school to sixth form

Policy applies from EYFS to Sixth Form	Sex and Relationship Education
Date policy updated	06.11.2019
Date policy to be reviewed	06.10.2020
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A shaded area denotes a regulation to which all schools must comply	

Clifton High School is committed to child protection and safeguarding children and young people and expects all staff, visitors and volunteers to share this commitment.

Related Policies

British Values

All Child Protection and Safeguarding

Personal, Social and Health Education (PSHE)

The teaching of Sex and Relationship Education at Clifton High School is an important aspect of the pupils' education. It includes supporting young people in preparing for physical and emotional changes that they will experience as they move into adulthood. It is about the understanding of the importance of stable and loving relationships, including respect for themselves and others. As the pupils become more mature, this includes practical advice on sexual health and contraception.

Every child is entitled to receive Sex and Relationship Education as outlined in 'Sex and Relationship Education Guidance' (DfEE 2000). It is the intention of Clifton High School that all pupils have the opportunity to experience a programme that is at a level appropriate to their age and physical development.

Clifton High School does not use Sex and Relationship Education to promote any single type of family unit or sexual orientation.

Considering the age, maturity and needs of the individual pupils, Sex and Relationship Education aims to

- Develop self-respect, self-esteem, self-confidence and empathy
- Support pupils in taking responsibility for their own actions
- Teach the value of family life, stable and loving relationships and marriage
- Teach pupils to manage their emotions and relationships confidently
- Help pupils to develop resilience allowing them to cope with the influences of their peers and the media
- Prepare the pupils for puberty
- Give pupils an understanding of human sexuality, reproduction and sexual health
- Teach pupils about the avoidance of unplanned pregnancy, including effective use of contraception
- Inform pupils of the reasons for and benefits of delaying sexual activity
- Give pupils an understanding of how the law applies to sexual relationships
- Develop confidence in pupils to talk, listen and think about sex and relationships
- Answer pupils' questions honestly and sensitively at an age appropriate level
- Provide pupils with information on how they can get further help and support if needed

Teaching and Learning

Clifton High School delivers Sex and Relationship Education as part of the schools' PSHE programme from EYFS – Year 13 and Biology lessons in Years 7 and 10. An outline of the topics covered in each year group can be found in Appendix 1.

Lessons involving Sex and Relationship Education may include issues that some pupils find sensitive. Before embarking on these lessons, teachers establish ground rules which prohibit inappropriate personal information being requested or disclosed by those taking part in the lesson. When pupils ask appropriate questions, teachers should aim to answer them honestly to an age appropriate level.

If a pupil asks an explicit or difficult question, teachers will use their professional judgement in deciding the best way to answer it, avoiding misconceptions. This may be through individual discussion with the pupil. If the teacher is concerned, they can refer to the Deputy Head of School for advice.

If a teacher is concerned that a pupil is at risk of sexual abuse, the Child Protection and Safeguarding Policy should be followed.

Pupils may be separated into single sex groups for the teaching of some aspects of Sex and Relationship Education. This is to ensure that pupils feel comfortable in the discussion of sensitive issues e.g. Sexual Health.

More experienced teachers or Health Care Professionals may deliver the aspects of Sex and Relationship Education that are particularly sensitive or require specialist knowledge e.g. Contraception and Sexually Transmitted Diseases.

Inclusion

Religious Beliefs

The School ensures Sex and Relationship Education is sensitive to the beliefs and cultural background of all its pupils. For some young people it is not culturally appropriate for them to be taught in mixed groups and the School will respond to parental requests in these cases.

Sexual Identity and Sexual Orientation

Clifton High School aims to deal sensitively and honestly with issues of sexual identity and orientation. Teachers will answer appropriate questions and provide specialist support to individuals as necessary.

Information to Parents

Parents are informed in writing before Sexual Reproduction (Years 5 and 6 PSHE; Year 7 Biology) and Contraception (Year 9 PSHE) is discussed with pupils to provide parents with the opportunity to support learning at home.

Procedures for Withdrawal of Pupils

Parents have the right to withdraw their child from some, or all, aspects of Sex and Relationship Education, but not statutory Science lessons. Parents, who are considering such a step, should discuss this with the Assistant Head at the earliest opportunity.

Further Information

[Sex and Relationship Guidance \(DfEE, 2000\)](#)

Appendix 1: Outline of Sex and Relationship Education

Year	Content
EYFS	<p>Pupils</p> <ul style="list-style-type: none"> • Can show an interest in the differences between boys and girls • Can begin to name some body parts • Can show an interest in where babies come from • Can begin to understand that areas of the body are private and should not be touched • Think about who is in their family • Think about how other families are similar or different to theirs • Think about who they can ask if they need to know something
1	<p>Pupils</p> <ul style="list-style-type: none"> • Can express how they feel about people who are special to them • Identify the parts of the body that makes girls and boys different • Start to use the correct terminology for the parts of the human body • Understand that some parts of the human body are 'private'
2	<p>Pupils</p> <ul style="list-style-type: none"> • Consider how to deal with conflict with their friends and family • Use the correct terminology for the parts of the human body • Consider what it means to be a boy or a girl
3	<p>Pupils</p> <ul style="list-style-type: none"> • Can identify how girls and boys bodies change at puberty and understand that these changes enable them to make babies
4	<p>Pupils</p> <ul style="list-style-type: none"> • Can label the internal and external parts of male and female bodies that are necessary for making a baby • Can describe how a girl's body changes in order for her to be able to have babies when she is an adult, and that menstruation is a natural part of this
5	<p>Pupils</p> <ul style="list-style-type: none"> • Understand that sexual intercourse can lead to conception and that is how babies are usually made (also understand that sometimes people need IVF to help them have a baby) • Can describe how girls and boys bodies change during puberty • Explore how they feel about what will happen to them during puberty
6	<p>Pupils</p> <ul style="list-style-type: none"> • Describe how a baby develops from conception through the nine months of pregnancy, and how it is born
7	<p>Pupils</p> <ul style="list-style-type: none"> • Understand the physical and emotional changes that occur during puberty • Are given practical advice on dealing with puberty, including personal hygiene and use of sanitary products • Understand the science of Sexual Reproduction (Biology)
8	<p>Pupils</p> <ul style="list-style-type: none"> • Consider the influence of peer pressure on the decisions that they make • Consider diversity, including discussion of types of family unit, sexual identity, sexual orientation
9	<p>Pupils</p> <ul style="list-style-type: none"> • Consider the issues surrounding starting an intimate relationship • Develop strategies to withstand peer-pressure • Are given practical advice on contraception and how to discuss this with a potential sexual partner

Year	Content
10	Pupils <ul style="list-style-type: none"> • Develop strategies to withstand peer-pressure • Are given practical advice on contraception and sexually transmitted diseases (provided by Brook Advisory Clinic) • Consider the issues surrounding abusive relationships • Discuss the impact of pornography on young people's views on sexual relationships and expectations • Understand the science of sex hormones, menstruation and fertility (Biology)
11	Pupils <ul style="list-style-type: none"> • Discuss the changing pressures of family life, including the consequences of having a child • Explore issues surrounding casual sexual relationships and the influence that alcohol and drugs can have on this
12/13	Pupils <ul style="list-style-type: none"> • Are given practical advice on contraception and sexually transmitted diseases (provided by Brook Advisory Clinic)