

Bon Appétit!

The FRidge

March/April 2020

Happy St. Patrick's Day



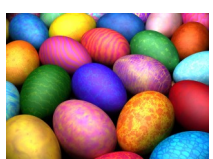
Mon

Tue

Wed

Thu

Fri

<p>March 9, 2020 School Closed</p> 	<p>March 10, 2020 School Closed</p> 	<p>March 11, 2020 Tamale Wednesday Soup - Chili Con Carne</p> <p>Assorted Tamales w/Meat and Vegan, Enchiladas, Roasted Vegetables, Spanish Rice, Black Beans, and Pinto Beans. Served with Sour Cream, Pico de Gallo, and Guacamole. Dessert - FRidge Bakery Churros</p> 	<p>March 12, 2020 Paninis Soup - Chefs Choice</p> <p>Grilled FRidge Bakery Rosemary Focaccia with Choice of "N/E" Smoked Turkey Breast and Swiss, "N/E" Ham and Cheddar or Roasted Veggie and Pepperjack. Served with Tossed Green Salad, Fresh Fruit, and Potato Chips.</p> <p>Dessert - Chefs Choice</p>	<p>March 13, 2020 Fish Fry Day Soup - New England Style Clam Chowder</p> <p>Choice of Wild Alaskan Pesto Salmon or Breaded Chicken Tenders, Breaded and Baked Cod Filet and Popcorn Shrimp. Served with Fresh Lemon, Tartar Sauce, French Fries, and Tossed Caesar Salad</p> <p>Dessert - Chewy Goopy Cookies</p>
<p>March 16, 2020 Italian Cuisine Soup - Chefs Choice</p> <p>Spaghetti and other Assorted Pasta Tossed with Olive Oil and Sea Salt, Vegetable Marinara Sauce, Pesto Chicken Pesto, Beef Meatballs. Served with Garlic Bread and Plenty of Cheese! *Gluten Free Pasta Available</p> <p>Dessert - Chefs Choice</p>	<p>March 17, 2020 St. Patrick's Day Menu Soup—Irish Stew</p> <p>Corned Beef, Vegan Cabbage Rolls, Steamed Potatoes, Steamed Cabbage, Roasted Vegetables, Irish Soda Bread</p> <p>Dessert — Shamrock Special</p> 	<p>March 18, 2020 Pho Bar and Bahn Mi</p> <p>Vermicelli Noodles and Choice of Pork/Chicken or Vegetable Pho Broth with Assorted Toppings. Choice of Marinated Pork or Tofu Bahn Mi with Pickled Daikon Carrot, Cucumber, and Cilantro.</p> <p>Dessert - Mango Pudding</p> 	<p>March 19, 2020 Father-Daughter Breakfast Pizza, Pizza, Pizza Soup - Chicken Noodle</p> <p>Choice of "Romio's" Cheese, Hawaiian, Chicken Alfredo, Veggie or Pepperoni, and Special.</p> <p>Two slices per person. Served with Green Salad *Gluten Free Pizza Available</p> <p>Dessert — Assorted Pastries</p>	<p>March 20, 2020 No School In-Service Day</p> 
<p>March 23, 2020 Grilled Cheese Sandwiches Soup - Roast Tomato</p> <p>Choice of Grilled Ham and Swiss on Sourdough or Grilled Cheese. Served with Assorted Specialty Salads, Roasted Potatoes, and Potato Chips. *Gluten Free Bread Available</p> <p>Dessert - Chefs Choice</p> 	<p>March 24, 2020 Quesadillas Soup - Chefs Choice</p> <p>Grilled Tortillas with Choice of Shredded Cheese, "N/E" Chicken Breast, or Roasted Vegetables Served with Spanish Rice, Black Beans, Pinto Beans, Sour Cream, FRidge Made Guacamole and Pico De Gallo.</p> <p>Dessert - Chefs Choice</p>	<p>March 25, 2020 Mac-n-Cheese Wednesday Soup - Chefs Choice</p> <p>Macaroni and Cheese!!! Assorted Pasta tossed in Olive Oil Vegetable Marinara, Alfredo Sauce, Beef Meatballs, and plenty of Cheese! Served with Cheesy Garlic Bread and Tossed Caesar Salad.</p> <p>Dessert - Chefs Choice</p>	<p>March 26, 2020 Indian Cuisine Soup - Mulligatawny</p> <p>Mango Chicken Curry, Tandoori Chicken Drumsticks, Chickpea Dahl, FRidge Bakery Garlic Pita, Roasted Vegetables, Basmati Rice</p> <p>Dessert - Chef Choice</p> 	<p>March 27, 2020 Fish Fry Day Soup - New England Style Clam Chowder</p> <p>Choice of Wild Alaskan Pesto Salmon or Breaded Chicken Tenders, Breaded and Baked Cod Filet and Popcorn Shrimp. Served with Fresh Lemon, Tartar Sauce, Tator Tots, and Tossed Caesar Salad</p> <p>Dessert - Chewy Goopy Cookies</p>
<p>March 30, 2020 Italian Cuisine Soup - Chefs Choice</p> <p>Vegetable Lasagna. Assorted Pasta Tossed with Olive Oil and Sea Salt, Vegetable Marinara Sauce, Pesto Chicken Pesto, Beef Meatballs. Served with Garlic Bread and Plenty of Cheese! *Gluten Free Pasta Available</p> <p>Dessert - Chefs Choice</p>	<p>March 31, 2020 Apple Brunch South of the Border Buffet Soup—Chicken Noodle Soup</p> <p>Soft Wheat, White and Corn Tortillas and Chips with Ground Beef, Grilled Chicken Breast, Roasted Vegetables, Spanish Rice, Veg. Refried Beans, Lettuce, Tomatoes, Salsa, Sour Cream, Tortilla Chips, Shredded Cheese and Chef Prepared Guacamole.</p> <p>Dessert — Chefs Choice</p>	<p>April 1, 2020 Calzones Soup - Minestrone</p> <p>Meat or Veggie Calzone with Mozzarella, Marinara and Ranch Dipping Sauce, Roasted Vegetables. Served with Tossed Cesar Salad *Gluten-Free Available</p> <p>Dessert - Chefs Choice</p> 	<p>April 2, 2020 FRidge Country Buffet Soup-Chefs Choice</p> <p>Roasted Pork Loin, Chicken Drumsticks, Mashed Potatoes, Chicken Gravy, FRidge Bakery Biscuits and Roasted Vegetables. Served with Tossed Green Salad</p> <p>Dessert - Chefs Choice</p> 	<p>April 3, 2020 Fish Fry Day Soup - New England Style Clam Chowder</p> <p>Choice of Wild Alaskan Pesto Salmon or Breaded Chicken Tenders, Breaded and Baked Cod Filet and Popcorn Shrimp. Served with Fresh Lemon, Tartar Sauce, Potato Wedges, and Tossed Caesar Salad</p> <p>Dessert - Chewy Goopy Cookies</p>
<p>April 6, 2020 Create-a-Sandwich Soup - Roast Tomato</p> <p>Choice of Diestle Turkey, Smoked Ham, Assorted Sliced Cheese, Bacon, Assorted FRidge Bakery Breads Served with Roasted Vegetables, Tossed Salad, and Potato Chips *Gluten-Free Bread Available</p> <p>Dessert - Chefs Choice</p>	<p>April 7, 2020 Nacho Bar Soup—Chile Con Carne</p> <p>Assorted FRidge Fried Corn and Flour Tortillas with Choice of Ground Beef, Grilled Chicken Breast, Roasted Vegetables, or Veg. Refried Beans and Cheese. Served with Chef Prepared Guacamole and Pico de Gallo, and Other Assorted Salsas.</p> <p>Dessert — Chefs Choice</p>	<p>April 8, 2020 Easter menu Special Easter Menu TBA.....</p> 	<p>April 9, 2020 Fish Thursday Soup - New England Style Clam Chowder</p> <p>Choice of Wild Alaskan Pesto Salmon or Breaded Chicken Tenders, Breaded and Baked Cod Filet and Popcorn Shrimp. Served with Fresh Lemon, Tartar Sauce, Tator Tots, and Tossed Caesar Salad</p> <p>Dessert - Chewy Goopy Cookies</p>	<p>April 10, 2020 No School Good Friday</p> <p>HAPPY Good Friday</p>
<p>Italian Cuisine</p>	<p>Taco Tuesday!</p>	<p>Omelet/Waffle Wednesday!</p>	<p>Made to Order Crepes!</p>	<p>Chewy Goopy Cookies!</p>