

# MARCH LUNCH



SEASONAL SALAD BAR & SANDWICHES OFFERED DAILY

Monday	Tuesday	Wednesday	Thursday	Friday
2 Creamy Mac and Cheese Herb Pesto, Aged Parm Tomato Cucumber Salad Soup of the Day	3 Chicken or Mixed Veggie Marsala Garlic Mashed Potatoes Roasted Broccoli Soup of the Day	4 All-American Meatloaf or Lentil "Meatloaf" Rice Pilaf Baked Cauliflower Soup of the Day	5 Chicken or Sweet Potatoes With Indian Butter Sauce Steamed Rice Green Beans Soup of the Day	6 Pizza Bread Mozzarella Cheese San Marzano Tomatoes Caesar Salad Soup of the Day
9 Backyard Burger or Portabella Mushroom Chips, Pickle Toppings Bar Soup of the Day	10 Teriyaki-Glazed Chicken or Tofu Steamed Basmati Rice Stir-Fried Vegetables Soup of the Day	11 Pasta Marinara Mushrooms and Kale Garlic Bread, Herb Pesto, Parm Soup of the Day	12 Herb-Rubbed Chicken Breast or Parmesan Eggplant Filet Roasted Broccoli Garlic Mashed Potatoes Soup of the Day	13 <b>No School</b>
16 Beef Gyro or Falafel Pita Bread, Yogurt Sauce Cucumber and Tomato Salad Soup of the Day	17 Irish Beef or Mushroom Stew Mashed Potatoes Braised Cabbage Soup of the Day	18 Pasta a la Vodka Roasted Cauliflower, Garlic Bread Aged Parm, Herb Pesto Soup of the Day	19 Chicken or Veggie Tacos El Milagro Flour Tortillas Braised Pinto Beans Toppings Bar Soup of the Day	20 Pizza Bread Mozzarella Cheese San Marzano Tomatoes Caesar Salad Soup of the Day
23 Coconut Chicken or Veggie Korma Steamed Basmati Rice Stir-Fried Vegetables Soup of the Day	24 Penne Alfredo Garlic Green Beans Garlic Bread, Herb Pesto Soup of the Day	25 Three-Cheese Quesadilla Braised Pinto Beans Toppings Bar Soup of the Day	26 General Tso's Chicken or Tofu Steamed Basmati Rice Roasted Broccoli Soup of the Day	27 Pizza Bread Mozzarella Cheese San Marzano Tomatoes Caesar Salad Soup of the Day
30 Ground Beef or Veggie Nachos Homemade Cheese Sauce Smokey Frijoles Toppings Bar Soup of the Day	31 Italian Turkey Sausage or Seared Mushrooms Onions and Peppers, Italian Roll Soup of the Day	1 Build-Your-Own Hoagie Chips, Pickle Toppings Bar Soup of the Day	2 Old School Cheese Lasagna Roasted Broccoli Aged Parm, Herb Pesto Soup of the Day	3 Pizza Bread Mozzarella Cheese San Marzano Tomatoes Caesar Salad Soup of the Day

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## Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> Bean & Cheese Quesadilla (VEG)	<b>3</b> Lemon Pepper Chicken & Rice (GF)	<b>4</b> Greek Meatballs w/ Pita & Cucumber Yogurt Sauce	<b>5</b> BBQ Chicken Sandwich	<b>6</b> Mac & Cheese (VEG)
<b>9</b> Cajun Rice & Beans w/ Turkey (GF)	<b>10</b> Chicken Taco	<b>11</b> Cheeseburger	<b>12</b> Vegetable & Bean Chili w/ Oyster Crackers (V)	<b>13</b> Turkey Tetrazzini
<b>16</b> Sloppy Joes w/ Turkey	<b>17</b> Mexican Lasagna w/ Beef (GF)	<b>18</b> Chicken Teriyaki w/ Rice (GF)	<b>19</b> Bean & Cheese Quesadilla (VEG)	<b>20</b> Pasta Primavera w/ Marinara & Black Beans (V)
<b>23</b> Cheesy Rice Bake w/ Turkey (GF)	<b>24</b> Vegetable & Bean Chili w/ Oyster Crackers (V)	<b>25</b> Chicken & Sweet Potato Fritter	<b>26</b> Baked Mostaccioli w/ Turkey	<b>27</b> Chicken Fajitas w Flour Tortilla
<b>30</b> Sloppy Joes w/ Turkey	<b>31</b> Meatloaf w/ Mashed Potatoes (GF)	<b>1</b> Bean & Cheese Quesadilla (VEG)	<b>2</b> Chicken Stir-Fry (GF)	<b>3</b> Mac & Cheese (VEG)

All lunches are served with fresh fruit and vegetables.

GF = Gluten-Free

VEG = Vegetarian

V = Vegan



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## Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> Sweet Potato Bread & Fruit (VEG)	<b>3</b> Creamy Spinach Dip & Carrots (GF, VEG)	<b>4</b> Blueberry Bread w/ Applesauce (VEG)	<b>5</b> Oat Crackers (Lemon Pepper) & Cheese Cubes (VEG)	<b>6</b> Cheese Roll Up (VEG)
<b>9</b> Parmesan Potato Wedges & Yogurt (GF, VEG)	<b>10</b> Zucchini Bread & Fruit (VEG)	<b>11</b> Cheese Cubes & Vegetables (VEG)	<b>12</b> Sweet Potato Chips & Fruit (GF, V)	<b>13</b> Beet Hummus & Pita (V)
<b>16</b> Oat Crackers (Garlic & Parsley) & Cheese Cubes (VEG)	<b>17</b> Banana Bread & Fruit (VEG)	<b>18</b> Chickpea & Cucumber Medley w/ Pita (V)	<b>19</b> Carrot Bread & Applesauce (VEG)	<b>20</b> Oat Crackers (Cinnamon & Sugar) & Fruit (VEG)
<b>23</b> Banana Cocoa Oat Cookie & Yogurt (GF, VEG)	<b>24</b> Parmesan Potato Wedges & Cheese Cubes (GF, VEG)	<b>25</b> Graham Crackers & Fruit (V)	<b>26</b> Roasted Red Pepper Hummus & Pita (VEG)	<b>27</b> Cocoa Bread w/ Fruit (GF, V)

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DF = Dairy-Free  
V = Vegan

VEG = Vegetarian

