HONORS in Wellness Education

The HONORS in Wellness Education program is for the student who has demonstrated a high level of achievement and interest in personal and community wellness. He or she must be willing to pursue independent study of a proposed topic under the guidance of an advisor. The honors course is three terms, Term 1 is a solid, term 2 non-solid meeting twice per week and term 3 non-solid meeting one day per week.

Prerequisites

Each HONORS in Wellness candidate must:

• Demonstrate good citizenship within the Culver community.

• Complete the following courses: Living, Learning and Leading, Foundations of Health Behavior, Lifetime Fitness/Lifeguarding, and Health Issues.

• Enroll in a one-term elective relevant to their HONORS project: Human Anatomy & Physiology or Literature of Behavioral Economics

Honors Project

Students will select topics to study in depth, to be approved by the HONORS Board of three instructors of the Wellness Education Department. Each student will complete a written project according to the original proposal, and an oral defense of the project. In addition, they will formally present their research during Parent and Alumni weekends.