

Eden Prairie Schools Wellness meeting:

Date of meeting 2/18/2020 (3 p.m. @ Admin Services Ctr Riley Creek Rm)

Attending: Jason Mutzenberger, Kristin Treptow, Roxann Roushar, Mary Cryer, Amanda Nagy, Amy Atilla, Norah Bracke, Summer Beecher, Emily Colaizy

Agenda:

1. Amanda shared Student Survey Data.
 - **Survey is a census design** (all students):
 - Parents or students can opt out
 - Survey is voluntary and anonymous
 - Schools decide when to administer survey, to accommodate schedules
 - Online Survey
 - All schools invited to participate - public, private, charter, tribal, alternative learning centers and juvenile detention centers
 - **Topics included:**
 - School climate
 - Violence and safety
 - Healthy eating and physical activity
 - Out-of-school activities
 - Emotional and mental health
 - Positive youth development
 - Connections to school, community, and family
 - Substance abuse
 - Sexual behavior
 - **Participating grades 5th, 8th, 9th and 11th:**
 - 5th grade - no questions on weight, sexual behavior, substance use
 - 8th grade - no sexual health questions
 - 9th, and 11th grades - full survey on all topics
 - Schools can add additional grades if desired

2. Jason- WellSat 3.0 Assessment Update; We have a lot of opportunity as we update our wellness policy. There are language changes we plan to make. There will be a recommendation to the board to our policy in future months and a summary to the board. We will share with the committee at a later meeting.

Next meetings:

March 10, 2020 (3 p.m. @ Admin Services Ctr Riley Creek Rm)

May 12, 2020 (3 p.m. @ Admin Services Ctr Riley Creek Rm)