



## **Davis County Bantam Football League 2020**

**The Davis County Bantam Football 7 on 7 program** is designed to give players the opportunity to play competitive flag football beyond that of the municipal recreation leagues while playing with other players from their respective areas. Davis County Bantam is not an all-star team league.

We have created this league for high school coaches to create teams that have in-boundary athletes a chance to play for the high school youth teams. Every player on your team has to be within your boundary. The integrity of this league depends on all coaches to be honest about where their players live. If you have players play in the games and they are out of boundary players, you will forfeit every game that the player played in. Please understand the goal of this league. With respect, let me tell everyone as clear as possible: **EVERY PLAYER ON YOUR ROSTER NEEDS TO LIVE IN YOUR HIGH SCHOOL BOUNDARY TO BE ELIGIBLE TO PLAY FOR YOUR TEAM!**

The league is open to current 5<sup>th</sup>, 6<sup>th</sup> & 7<sup>th</sup> grade teams (those entering 6<sup>th</sup>, 7<sup>th</sup> & 8<sup>th</sup> grade in the fall). **NO INDIVIDUAL sign ups.** High school coaches will facilitate the creation of teams with local youth league coaches in their respective city. Each school area will have at least two teams per age group with 10-15 players per team made up of only players **CURRENTLY LIVING** in an area to attend the same high school as well.

### **League Rules – (AAU Football):**

- 1) Teams - All teams are created with players that live inside their school boundary. Teams consist of 10-15 players with 1-3 adult coaches.
- 2) Time - All games will be 30 minutes with a running clock. 25 second play clock. In case of injury, clock stops by discretion of the Referee, if that occurs players must sit one play.
- 3) Field – The playing field will be 40 yards in length, plus a 10 yard end zone.
- 4) Jerseys - All teams must provide their own uniforms of the same color with numbers on front and back.
- 5) Play:
  - 7 players on the field at all times; ball must be snapped each play by C/WR. Center ineligible.
  - No running plays allowed
  - Ball must be released before 4 second whistle
  - Double passes allowed (must cross line of scrimmage before 4 seconds)
  - No rushing the passer
  - Only one first down per series is possible, achieved by reaching the 20-yard line in 4 downs
  - Scoring
    - Touchdown 6 pts
    - 1 extra point by passing from 10 yard line

- 2 extra point by passing from the 15 yard line
- Interception scores 3 points, plus possession at the 40 yard line
- No fumbles, ball is dead if it touches the ground
- Penalties
  - Non-contact game; flagrant foul is cause for immediate ejection
  - Un-sportsman like conduct is also cause for ejections
  - Coaches control profanity and eliminate its use on their teams
  - Referee's decision is final on all plays, no tolerance for arguing, may ask explanation
  - Offense –Blocking/Holding from LOS is 10 yards, loss of down / Illegal Motion is 5 yards / Pass Interference is 10 yards, loss of down / Delay of Game is 10 yards, loss of down
  - Defense – Tackling/Holding from LOS is 10 yards, loss of down / Offside is 5 yards / Pass Interference/Illegal Rushing is 10 yards, loss of down / Delay of Game is 10 yards
  - Overtime – Flip of a coin to determine possession. Each team has 4 plays to score from the 20 yard line until tie is broken. No defensive scoring in overtime.

6) Players can only play with one team in the same age group.

7) 2 timeouts total per game.

8) Before the first game coaches will need to hand in a roster with the players, the team name and grade, the coaches phone number and email. If we do not receive this roster, the next game is a forfeit.

# Davis County Bantam Football League

## Spring 2020 Season is Coming Soon!

Dates: Fridays, April 24<sup>th</sup> to May 15<sup>th</sup>

***Divisions:***

***-6<sup>th</sup> Grade***

***-7<sup>th</sup> Grade***

***-8<sup>th</sup> Grade***

Site: Davis, Farmington, Layton, and Woods Cross High Schools

Team Registration: EMAIL – [marquette@dsdmail.net](mailto:marquette@dsdmail.net)

**Deadline: Friday, April 10<sup>th</sup> (commitment) – Rosters/ Fees due by first game. Complete the roster and have parent signature before players will be allowed to participate.**

Cost: \$100 per player 6 Game guarantee + Tournament / Friday Nights

More Information contact: Mitch Arquette 801-915-4106

**NO ALL-STAR TEAMS/ NO AAU TEAMS**

---

### **How to form a Team:**

Because this is a High School boundary league we would like the teams that play to be formed through the high school coaches. If the high school coaches are not willing to be involved, we will take teams that want to play to sign up by contacting Coach Arquette at Davis High School - [marquette@dsdmail.net](mailto:marquette@dsdmail.net) . Remember all of your players must live in your high school boundary. Recommend 10-14 players and 1-3 coaches. All coaches must complete a background check through the Davis School District. Your team will be given a name representing the HS area represented.

1. Register your team – Send completed roster through email or to 325 S main street, Kaysville UT 84037.
  2. ALL players/ parents must sign a waiver form.
  3. Obtain Uniforms (**Provided through registration**)
  4. Practice time scheduled through the High School boundary coach – No High School Facility Use!!
  5. Pay fee to **DAVIS HIGH SCHOOL FOOTBALL Account #1601** – 325 S. Main St., Kaysville UT 84037
-

NAME OF HIGH SCHOOL: \_\_\_\_\_

COACH 1: \_\_\_\_\_

COACH ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ ZIP: \_\_\_\_\_

COACH PHONE: \_\_\_\_\_ COACH EMAIL: \_\_\_\_\_

COACH 2: \_\_\_\_\_

COACH ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ ZIP: \_\_\_\_\_

COACH PHONE: \_\_\_\_\_ COACH EMAIL: \_\_\_\_\_

Players Full Name	Address	Name of School Attending (Jr. High)	Date of Birth	Boundary High School
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				
11.				
12.				
13.				
14.				
15.				