

Help prevent the spread of respiratory viruses like COVID-19 and flu.

What are the symptoms?



Fever



Cough



Shortness of breath

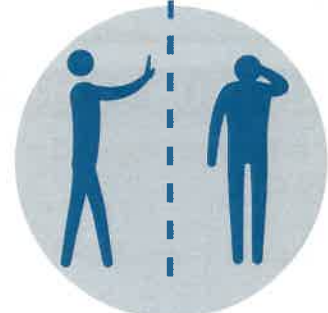
How is it prevented?



Wash hands often



**Avoid touching eyes,
nose or mouth with
unwashed hands**



**Avoid contact
with sick people**



**Stay home while you are
sick; avoid others**



**Cover mouth/nose with
a tissue or sleeve when
coughing or sneezing**



**Clean and disinfect
frequently touched
objects and surfaces**