

## 3<sup>rd</sup> ANNUAL 3v3 Basketball Tournament to Benefit Suicide Prevention & Teen Mental Health Education

*March 2, 2020 – Jacksonville, FL:* The Patrick Heinold Foundation will host its 3<sup>rd</sup> annual 3v3 basketball tournament at Bolles' Davis Gym (San Jose Campus, 7400 San Jose Blvd) on April 4, 2020. Competitors, ranging from 5<sup>th</sup> grade to 47+ years of age, will participate in a fundraiser to promote suicide prevention through programs dedicated to the well-being and mental health of teens.

Suicide is a topic that is uncomfortable to many. In Florida, one person dies by suicide <u>every three hours</u>. Even more alarming, the third leading cause of death for Floridians in the 15 to 24 age group is suicide (AFSP Florida Fact Sheet, 2020). The best way to prevent suicide is through early detection, diagnosis and treatment of mental health conditions.

Patrick Heinold, known to his teammates as "Pat", played on The Bolles School boys' basketball team, and The Bolles School continues to be a key sponsor of the 3v3 event, donating gym space and logistics support. "Pat was a great teammate and an even better friend. I take comfort knowing that even after I leave for college, this tournament will keep Pat's memory alive and his foundation will play a role in preventing this from happening to another team or school," shared Justin O'Leary, Class of 2020 Bolles student.

Proceeds from the Annual Patrick's 3v3 tournament and sponsorships from First Coast Honda Dealers, Fortegra Financial Foundation and Jacksonville Orthopaedic Institute Foundation, among others, have enabled the Patrick Heinold Foundation to present mental health speakers to Jacksonville-area teens, fund programs for educators to help identify teen mental health needs, and build partner programs with the Jacksonville chapter of the American Foundation for Suicide Prevention (AFSP).

Register for the 3v3 tournament at <u>www.patrickheinoldfoundation.org</u>; the team entry fee is \$80.00 with a guarantee of four games.

ABOUT THE PATRICK HEINOLD FOUNDATION The Foundation mission is to promote suicide prevention through programs dedicated to the well-being and mental health of our nation's teens.