



Panda land - Breakfast and Lunch Menu

March 2020



SCHOOL BREAKFAST
OUT OF THIS WORLD!™



In Season Brussels Sprouts

Brussels sprouts are a good source of fiber, manganese, potassium, choline, and B vitamins.

You can steam brussels sprouts and toss them with olive oil, parmesan cheese and butter for a delicious treat!

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast Sandwich w/ tater tots **2**

Chicken Tenders

Cheese Quesadilla

Waffles w/ Bananas **3**

Cheeseburger Sliders

Penne pasta w/ Meatball & Marinara

Pancakes w/ Strawberry **4**

Orange Chicken Brown Rice

Bean & cheese Pupusa

Yogurt Parfait **5**

Corn Dog

French Toast w/ Blueberry's **6**

Homemade Carnitas Burrito

Cheese Pizza

Cinnamon Roll **9**

Al Pastor Tacos

Mozzarella Stick with Marinara

Breakfast Burrito **10**

BBQ Rib Sandwich

Lasagna

Bagels with Cream Cheese **11**

Chicken Teriyaki with Brown Rice

Beef Chalupa

Yogurt Parfait **12**

Chicken Taquitos

Muffin **13**

Breaded Chicken Drumstick with Mashed Potatoes

Ciabatta Cheese

French Toast Stick **16**

Chicken Tender

Bean & Cheese Burrito

Sausage & Cheese Sandwich **17**

Turkey Meatball Sandwich

Maple Chicken & Waffles Sandwich

Breakfast Pizza **18**

Orange Chicken with Brown Rice

Chicken Tamale

Yogurt Parfait **19**

Corn Dog

Mini Waffles **20**

Beefy Nacho

Cheese Bread

Cinnamon Roll **22**

Chicken Tacos

Ciabatta Cheese

Breakfast Burrito **24**

Crispy Chicken Sandwich

Mini Cheese Raviolis

Bagels with Cream Cheese **25**

Breaded Drumstick with Brown Rice

Crispito

Yogurt Parfait **26**

Chicken Taquitos

Muffin **27**

Hot Dog

Homemade Bean and Cheese Burrito

French Toast Stick **30**

Chicken Tenders

Cheese Quesadilla

Sausage & Cheese Sandwich **31**

Cheeseburger Sliders

Meatball Penne with Marinara

Announcements

All students eat for free!

Also Offered Daily for Breakfast

- Assorted Cereals
- 1% or Non-fat White Milk

Also Offered Daily for Lunch

- Salad Bars with choice of three fruits and three veggies!
- 1% White

Meal Prices

All students eat for free!

Adults may purchase a meal from the cafeteria for **\$4.25 Lunch** and **\$3.50 Breakfast**.

