

# CareAAS

AAS CORE VALUES

# CARE @AAS

through the eyes of our community



**MEANING AND IMPACTS**

# CARE AT AAS MEANS...

**PROVIDING**

**PHYSICAL  
AND EMOTIONAL  
SUPPORT**

**TO EVERY STUDENT,  
STAFF MEMBER, AND  
AAS COMMUNITY  
MEMBER.**

**# CareAAS**

**TAKING A  
GENUINE  
INTEREST  
IN THE  
WELFARE  
OF OTHERS.**

**# CareAAS**

**BEING  
WILLING  
TO TAKE  
OWNERSHIP  
OF ISSUES &  
EAGER TO  
HELP OTHERS.**

**# CareAAS**



# CARE@AAS CAMPAIGN

## THE EXPERIMENT

We asked AAS students and staff members to write a note about someone at AAS who demonstrates one of our Core Values - CARE.

## RESULTS

Over a hundred nominations submitted and analyzed revealed a truly grateful and empathetic learning community.

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 #CareAAS



**Let's see what CARE  
means to all of us  
at AAS?**

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# CARE is helping

**SERGEI Glinka** Good guy, helps his peers out.

**Teachers** help me when I need help.

**Annika Oosterling** She helps me when I am in a bad mood.

**Katerina Self and her mom** They always help out and volunteer when possible.





# CARE is understanding

**Vikrant** Understands people and listens to them with respect.

**Mrs Cushman** Is very nice to me even when me is nervous. She helps with all the problems with the computers and all classes, she understands us.

**Mr. Malone** He gets me.

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# CARE is making new AAS community members feel included

**Seung Hee** Helped me fit in.

**Detti Shratriya** Showed me around school on the first day.

**Donna Hinton** Tremendously helpful to the new hires at AAS!





# CARE is following the rules

**Ahmed Derkaovi, Matt Artem, Erik**  
They followed the rules.



# CARE is appreciation

**Janitors** They help this school be clean and enjoyable to be in, even though we never talked to them, we should start say thank you.

## RIDHIMA GUPTA

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You are always there for everyone when they need it and you make everyone around you smile; She always helps her peers with studying, and pays equal attention to everyone.

## SONYA MANCHEVA

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You cared about me when I was not happy or when I was stressed.

## ERIC PEDAJA

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He always tries out for student council and is very nice to everyone. He makes the school a better place.

## LESLIE SCHENK

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She is a supportive colleague and a great advocate for our students.

## YOONSOO PARK

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I mean her name rhymes with care! She is one of the kindest people to every case.

## MINHA MENINA

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This teacher gives genuine interest in the subject she teaches and attempts to help students in their learning endeavors and enrich their experience.

# More Responses

RICCO  
IWABASHE

---

demonstrates care at AAS by showing empathy and emotional support to her friends and people around her. I love her.

DAWHEE KIM

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She likes to help others with homework. Also, She never discriminates others.

AMY LEWIS

---

They are really kind and pays for people lunch if they don't have money.

DILARA BULLET

---

She supports me and we have fun together. We are friends for 7 years.

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## **MR VILLERS**

He helps students if they need help and help make the school better ;He takes his time to check in with faculty and students in the Middle School to make sure they are feeling good and supported.

## **AYMEN YASIN**

She is very kind and caring to other people.

## **MANNI SINGH**

Thanks for calling me when I didn't come to school for 2 days and kept spamming me on messages.

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## **NADJIA & MARIJA**

They are always there for me and they have never left me in a situation where I had to deal with it myself.



# The Traits of Caring People

**OBSERVE AND PRACTICE THESE FOR YOURSELF**

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They are empathetic



They are respectful



They are patient



**NEVER BELIEVE THAT A FEW  
CARING PEOPLE CAN'T CHANGE  
THE WORLD. FOR, INDEED,  
THAT'S ALL WHO EVER HAVE.**

*MARGARET MEAD*



# Everyday Tips

**FOR EMBRACING CARE@AAS**

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PUT YOURSELF  
IN THE SHOES OF  
OTHERS



PAUSE SO YOU CAN RESPOND  
RATHER THAN REACT



SHOW SUPPORT  
AND CONCERN FOR  
OTHERS



ASK QUESTIONS

VOLUNTEER AND HELP  
OTHERS

DON'T JUDGE



## FINAL WORDS



"Without a sense  
of CARE, there can  
be no sense of  
community"

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ANTHONY J. D'ANGELO



**Dilara Bullet**

She supports me and we have fun together. We are friends for 7 years

**Kyara**

Whenever someone is sad she helps them and tries to relate to that situation. And she helps you if you stuck. By Quincy Garrett

**Katya**

Always cares and supports

**Jutta van de Poll**

She never gives up and she always puts others before herself. I love her!

**Sofia Savvidi**

They pay for my lunch and comfort me when I need help

**Amy Lewis**

They are really kind and pays for people lunch if they don't have money ; Is very outgoing and is a friend to everyone; She always cares about her friends

**Daria Gracheva**

They cheer people up when they feel down and also try to make everyone positive

**Manni Singh**

Thanks for calling me when I didn't come to school for 2 days and kept spamming me on messages

**Sophie Baibakova** She smiles a lot. Laughs and makes my name; Always including and cares for everyone around her!

**Noga Cohen**

He's caring to people who need help and struggling

**Mohi**

She is the most loving person and she always makes me happy

**Nadja and Marija**

They are always there for me and they have never left me in a situation where I had to deal with it myself

**Mr Villers**

He helps students if they need help and help make the school better; He takes his time to check in with faculty and students in the Middle School to make sure they are feeling good and supported

**Mr Waltho**

He is a very good advisor and he always helps and explains everything. He helped me a lot in music and let me persevere

**Aymen Yasin**

She is very kind and caring to other people

**Maria**

She always makes me laugh no matter the day or the circumstance

**THANK YOU**

**FOR YOUR CONTRIBUTIONS!**

**Alicia Sonderman**

Goes above and beyond working was just students in LRC. Helps any student with organization or study skills; She is genuinely a caring person for her colleagues and students ;)

**Mohi and Nadja**

They support me when I needed and they are always there for me

**Sanne Archer**

They would be nice and caring

**Brian Malone (ex teacher)**

They understood me well

**Soheun Lee**

Because whenever someone feels sad or bad she always supports you and makes you feel better

**Olga**

She cares about other people by helping others when need, help them feel better when they are feeling sad.

**Kyara Saldaha**

I care for others and loosens when people are in times of need. She's amazing.

**Ceres Bronwer**

Helping me with grades

**Arina Mishustina**

When I first arrived at a is she assisted me with adjusting not just academically but socially and she constantly checks up on my well being

**Trienen Mathew**

She helps everyone who are struggling on his class and also maintains rules and regulations strictly and gives the best advice at the right time

**Polina Slipchenko**

She always waits for me and is willing to listen whenever when I am emotionally struggling ;She always says hello in the morning and we study together for our tests

**Yuliya Tregubova**

She teaches us a lot at swim practice and is really nice

**Polina Musaeva**

She always puts her friends interests and well-being before her own. In volleyball practices, she makes sure that everyone is having a good day and will do her best to cheer them up and listen to all they have to say.

**Ed Squires**

He helped me with my bio when he didn't need to Always encourages students when they need progress, always positive

**Teachers**

They help me when I need help

**Paul Gioffi**

He teaches us things

**Noa Elizarov**

Every time I'm sad or had a bad day no is there to help me and make small talk I actually enjoy

**Maya Gromakova**

Miss Maya help everyone during class many times and she appreciate students; She is always supportive of students and has listened to me when I was in a sad/bad mood; She helps kids at the school and is an overall nice person

**Vikrant**

Understands people and listens to them with respect

**Laurie Bartels**

Laurie is making every school day peaceful romantic warm and kind, playing piano in the morning

**Evgeniy Stolyarov (Swim coach)**

He pushes us to the limits to make us better swimmer and cares about our eddications and emotions. She really cares about us getting better at swimming and always pushes us. He pushes us so that we are better at swimming. He cares about us getting better at it

**THANK YOU  
FOR YOUR CONTRIBUTIONS!**

**Aryan Kumar**

He demonstrates good morale; He is always a positive encouragement. Kumar has a character like no one else. Helped me with math; sent me a rose; Is nice to me Supporting teams; Always a supportive person and is full of energy. Always makes me smile and he's very kind; Always cares about me and very friendly

**Minha Menina**

this teacher gives genuine interest in the subject she teaches and attempts to help students in their learning endeavors and enrich their experience

**Ronald Schnell**

Helps out with the ICC and is always helpful and caring. You can talk to him about problems and anything really. Consistently organizes and attends events on behalf of student-led clubs. Cares a lot about school community. Looking out for every student not even just from AAS.

**Ridhima Gupta**

You are always there for everyone when they need it and you make everyone around you smile; She always helps her peers with studying, and pays equal attention to everyone.

**Lauren Zimmerman**

When I was struggling with my academics last year she set up a meeting with every teacher I had and asked him/her what steps should I take next in order to succeed; **She helped me a lot when I register SAT exam**

**Kaspar Pit**

He helps out everyone no matter who it is

**Mr Vitali**

Helps with activities during lunch, and other activities.

**Evan**

He helps me in many things

**Seungmok Cho**

He will always support you. If you are heard he will be the first person to ask how you are. He will be careful not to hurt anyone.

**Eric Pedaja**

He always tries out for student council and is very nice to everyone. He makes the school a better place.

**Anna Grishakovar**

she calmed me down when I was crying and had a bad feeling

**Jaiden Buttle**

She's an amazing friend. He will always support you. He will always help you if you're in trouble. He's a magnificent friend to have.

**THANK YOU  
FOR YOUR CONTRIBUTIONS!**

**Rebecca TuchBussey**

She always helps me through hard times and she's always there for me.

**Christina Zara Schnell**

She cares for her students on a daily basis!

**Viktoria Grishakova**

She's always kind to me and every time I feel down she comes me down and makes my happiness go up.

**Natalya Rylance Leon**

Working with elementary school kids in GIC and taking leadership in planning for the Africa GIC trip. Always gives her all.

**Arshiya Sanghi**

She always helps me when I struggle in classes and has been there with me overall

**Sergei Glinka**

Good guy, helps his peers out

**Leo Rozenblit**

She always supports my decision no matter what.

**Rorey Risdon**

She helps students that are thrown off balance and teaches us about self care

**Elizabeth Mahon**

She is always supportive when I feel sad

**Mrs Hinton**

She regularly reconnects with students and staff to see how they're doing and asks how she can help.

**Marianna Breeva**

Help and support in any kind of way

**Jeonheur**

She makes people feel better and she is really nice

**Andy Coffey**

She appreciates all teachers and makes Learning fun and have a lot of activities to make school fun

**Lia Perelman**

She's being very nice and care about everyone;She always puts others before herself and she always cares for others just

**Annika Oosterling**

She helps me when I am in a bad mood.They help with learning and always spread love.She's a helper in anyway even if somebody is hurt, having a mood day.

**Ahmed Artem and Eric**

because they include me into activities

**Mother and Father**

They always think about me and they like to talk with you.

**THANK YOU  
FOR YOUR CONTRIBUTIONS!**

**Seung Hun Han**

Helped me in Football

**Richard Bennet**

She helped me become better at different subjects

**Denis Rotov**

He always asks how my day is and always puts a smile on my face; Always makes sure everyone is happy and understand things at school.

**Holly Edmonds**

She's an amazing fun human

**Rashi Artoura**

They helped me and very nice to me. They help others learn

**Christelle Bluh**

Diligent care with AAS students. Great communicator with admin

**Mr Norris**

They try their best to help me succeed and take a genuine interest in doing so; She cares about student's mental health and always cheers you up; Cares about the students, talks to them and asks them questions. He cares :) He listens to anyone's problems if they choose to tell him. He does his best to help studentsHe is always caring and tried to help you any way he can. He always goes out of his way to help you He will help you no matter what in math. He teaches in a way that helps students learn faster that the -he says- normal way

**Florence De Keljzer**

Very helpful to everyone and is there when you need her most or someone to talk to

**Emin Ablytifov**

Helped me charged my computer when I needed a battery

**Eugenie Molle**

She is super caring

**Elizabeth Leishman**

She cares about her friends and other people that aren't around her ;She helps people who are lonely

**Assad Dzhamamal**

He helps me with homework and takes care of me

**Jua Grade 8**

She is an amazing friend he will always be with you, She makes people laugh when they are down and make people happy

**My mom**

Raised me throughout life and is always by my side.

**THANK YOU  
FOR YOUR CONTRIBUTIONS!**

**Sanna**

She cares for people and he's a great student council

**Anne-Carole LaBorde**

Baking cakes for her students birthdays

**Coco**

She helps people if they are lonely

**Matt and Adam A.**

Because they include me in group activities

**Jane Fogel**

She cares about students lives, and wants the best for them

**Steve Coffey**

He takes teaching seriously but also shows the students respect jokes with them

**Katya**

If I don't have money or forgot my badge. She always gives me her card

**Lionel Jobin**

He gives me hugs when i am sad

**Timur Musaev 6th grade**

Praying for the people: want to find the treatment in a future

**Mr Buggs**

He always helps us when we are stuck

**Jessica Long**

She is a great teacher and always gives advice and I feel I can trustVery nice and has good passions

**Sofia Savvidi**

When I got hurt she helped me a lot by going to the teacher and the health office

**Yasemine Bonelli**

Always has my back;She always making everything and everyone laughs when they are down even if she doesn't know them.

**Mrs Cushman**

Is very nice to me even when me is nervous She helps with all the problems with the computers and all classes she understands us

**THANK YOU  
FOR YOUR CONTRIBUTIONS!**

**Charlie Manwell**

He is nice and caring

**Rhonda Norris**

She is very people oriented and tries hard to make improvements at AAS; Works incredibly hard at her job and strives to make the school a better place.

**Mrs Johnson**

She is very caring

**Elizabeth Goddard**

She always makes everyone feel better

**Gabrielle Zakaryan**

Because she always talks about it

**Clair Barberis**

She always cares for people and puts others before herself. She's a genuine friend and she will cheer you up.

**Elizabeth Goddard**

She always makes everyone feel better

**Rebecca Fishman**

She always helps. Provides support and becomes a friend for anyone. She's lively, relatable + loving

**Julie Rogers**

I know no other teachers that spend as much time with students as she does in order to help students be successful. She always willing to spend time between classes + after class

**Mariya Costa**

Actively participates in school clubs, Sports and as a student representative; First person to help me when started at AAS and shows a lot of care and cooperation

**Mark Fogel**

Always committed to all his students; Helpful with assignments, very caring and nice to everyone, brightening their day

**Leslie Schenk**

She is a supportive colleague and a great advocate for our students

**Michael Baokman**

Always made his friends happy

**Ron Schnell**

Always committed to helping the students

**Grisha Yusufov**

She always tries to help me out in my situations.

**Orion Skoblo**

Always volunteering and helping others

**Kristina Varlamova**

Middle School student Christina goes out of her way to make sure her peers have a friend.

**Ms Sunita Kumari**

Even though she is in India, she helps in every possible way.

**Jan Karpiuk**

He helped me in the school, since I was new

**THANK YOU**  
**FOR YOUR CONTRIBUTIONS!**

**Jonathan E.**

Became stuco a representative, cares for our grade's spirit

**Paulina**

Carried me to a pharmacy when I had the severe stomach ache;She asks if i'm feeling sad;Always makes me laugh

**Luke Wolf**

He's committed to his role as a CIT and he cares about developing athletes

**The Boys (Juniors)**

Always support and spread love.

**Asaad Dzhammal**

Always respect me, helps in my chemistry homework.

**Mrs Danziger**

Sharing info experiences that they had to help others, they show interest in how you are doing. And give good advice.

**Sean Sonderman**

Always very supportive, in / outside the class.

**Chris Schuster**

Explaining the role of the student concerns process. Support intro of a regular Wellness survey.

**Alexandra I (Lexie)**

She stands up for me when no one else would. She always be there for me.

**Mr Dima (Aquatics)**

He is always quick to ask how I am doing and is ready to help whenever I needed.

**Benjamin Klein**

Amazing teacher. Very helpful, without him i fail! Trusts in the students and encourages students after playfully mocking them. But we all know that he cares for us all and want to support

**Sophia Shiyan**

A very caring friend who helped me out by various types of support.

**Jessica Kim**

She constantly helps me when I don't understand something and she's always there for me.

**Jeffrey King**

She takes time to know each one of his students individually and always has a smile when seeing kids.

**Sofya Yurchak**

Whenever I feel said she's always there for me and she knows how to make me smile, she also stands up for me someone is mean to me.

**THANK YOU  
FOR YOUR CONTRIBUTIONS!**

**Dawhee Kim**  
She likes to help others with homework. Also, he never discriminates others.

**Rorey Bisdon**  
She has given me support when I felt a little lost

**Rebecca**  
She always helps people and cheers them up even if she doesn't know them

**Jon Celebi**  
Always there for others and good at solving issues. Very kind and genuine

**Dmitri Demin**  
Cares about every single student and colleagues. Very happy and generous gentleman with a great smile

**David Ismailov**  
He is helping to send emails and always positive

**Max Ayzatullin**  
Always helps out without asking! Always smiling

**Mrs Branka**  
Shares her own experiences to help others succeed



**Vlad Segen**  
He is kind and friendly to everyone

**Agnes Waller**  
Her cheese-sharing post France trip and general generosity

**Todd Lawrence**  
\*Details \*Practicality  
\*Communication

**Loraine Playfair**  
Really cares about her role as GLL and about her students

**THANK YOU**  
**FOR YOUR CONTRIBUTIONS!**

**Laurel Ridley**  
She always dedicates time, attention and energy to people in need.

**Ms Santamaria**  
She is caring because she lets us take breaks

**Polina**  
She always asks me if I'm ok and if I need to talk. She is very sweet and nice

**K. Hendrik**  
Remarkably helpful to new staff as a member of new hire committee last year (and surely this year too!)  
Provided support, encouragement, and listening year-round!

**Rohi Ashvingi**  
Cares, positive, always complains about the workload but always happy, says good

**Seung Hee**  
Helped me fit in

**Martina Perticca**  
They stand up for things they believe in and support people

**Crie Han**  
Support MS school students when needed

**Andrej Korseko**  
He helped me a lot esp. In the beginning of the year, since I am new to this school

**Katya Grigran**  
She always supports me

**Detti Shtratiya**  
Showed me around school on the first day

**Alex Kinnmven, Denis Ozerden**  
They helped me a lot when I was new at AAS

**Rufina Zackarayeva**  
She is super sweet and nice and helps me with math

**Sei sio/ Jua choi**  
She makes people feel better when feel sad

**Svitlan Kueng**  
Not toxic at all, very kind and caring

**Shawga Kapoor**  
He has helped me in math and is the only reason I am not failing

**Aarshi Chatterjoe**  
She always makes sure everyone around her feel included

**Sean Sanderman**  
Always very supportive in/outside class.

**THANK YOU**  
**FOR YOUR CONTRIBUTIONS!**

**Monique Horvarth**  
Helps everyone- no matter what she may be busy doing. She gives time and energy to others before herself.

**Ahmed Khutilw**  
Ahmed is a real person and caring for most people.

**Valentina Galogre**  
She helps people with their homework

**Paul Vlassov**  
He cares for people going to the gym