

SUNRISE PARK MONTHLY NEWSLETTER



March 2020

Attendance Office 651-653-2706 | Attendance Hotline 651-653-2723 | Health Office 651-653-2713 | Main Office 651-653-2700

[Sunrise Park Website](#)

[Sunrise Park Calendar](#)

[Sunrise Park News](#)

Sunrise Park Upcoming Events

March 4:	6:00-7:30pm, African American Family Night, Sunrise Cafeteria
March 9 - March 13:	No School, Spring Break
March 16 - March 24:	Book Fair, Sunrise Room 304
March 19:	6th, 7th and 8th grade Conferences
March 24:	6th & 7th grade Conferences, 8th by invitation (No Regular 8th Conferences)
April 2:	8th grade Panoramic Picture, 8:15 am
April 3:	Last day of 3rd Quarter
April 7:	5:00-8:00pm, Sunrise Community Dinner

African American Family Night

African American Family Night is on March 4 from 6:00-7:30pm in the Sunrise Cafeteria. Everyone is Welcome!

- Food provided, Optional - bring an additional dish to share
- Enjoy student presentations
- Celebrate and enjoy our Sunrise community
- Hear about what's new at Sunrise
- Opportunities to ask questions, share concerns
- Supervised gym for young children

Important Conference Information

6th and 7th grade conferences will take place on both Thursday, March 19 and Tuesday, March 24.

8th grade conferences will only take place on Thursday, March 19.

8th grade teachers will not be available for regular conferences on Tuesday, March 24.

Bookfair

Come discover a great collection of the best books around at a reasonable price! The Scholastic Book Fair helps us promote learning and the love of reading while raising money for special school projects. Viewing and purchasing for students will be March 16- 24. It will also be open during parent teacher conferences on the evening of March 19 and March 24.



Do Good with Burritos

Join us at the Chipotle in Maplewood, 3095 White Bear Ave N Unit 1, on Wednesday, March 4 from 4:00-8:00 pm. Tell the cashier you're supporting the Sunrise Media Center cause to make sure that 33% of the proceeds will be donated to the Sunrise Park Middle School Media Center. The proceeds will help to purchase a book binding machine to help repair and sustain our collection. Burritos for Books! Win-Win!!

Community Dinner

This year's annual Sunrise Park Community Dinner will be held on Tuesday, April 7th from 5:00 pm - 8:00 pm, dinner served from 5:00 pm - 7:00 pm. Discount pre-sale tickets are now available on [FeePay](#) for \$6.50. Good for one dinner and one ice cream. Pre-sale tickets will be available to pick up the night of the dinner at the "will-call" table. If you wait until the night of the dinner to buy a ticket they will be \$7.50 and ice cream is \$1.00 extra. So buy now!

There have already been lots of donations that will be a part of our raffle. So, to get you excited the following is a list of all donations received as of 2/26/2020:

- Walt Disney World (4 Park Hopper passes- up to \$800+ value)
- Acapulco (2 \$15 gift cards)
- Lakeshore Players Theatre (2 tickets- \$60 value)
- Minnesota Zoo (Admission for 2- \$40 value)
- St. Paul Saints (2 tickets- \$30 value)
- White Bear Floral Shop (\$25 gift card)
- Frank Murphy (Shopping spree for 6 or more- \$250+ value)
- Wild Mountain (2 superday tickets- \$94 value)
- White Bear Center for the Arts (\$50 gift certificate for a class)
- Carbone's Pizzeria and Pub (2 Party Pack certificates- \$45 value/each)
- Evan's Music (gift basket- \$25 value)
- Cub Foods-White Bear Township (\$25 gift card)
- Jake Fuhrman, Custom Goldsmithing (Bear pendant- \$75 value)
- Joe's Sporting Goods (\$30 gift card)
- Shoreview Community Center (Family Day Pass- \$43 value)
- Fairfield Inn and Suites- Vadnais Heights (One night stay- \$135 value)
- MN Landscape Arboretum (4 passes- \$60 value)
- Captain Ken's (Family Pack, \$50 value)
- Bakken Museum (5 admission passes- \$50 value)
- Fly Over America (2 tickets, \$40 value)
- Sequest Roseville (4 1-year memberships, \$160 value)
- Best Western Country Inn (Free night stay, \$120 value)
- Rudy's Red Eye Grill (\$20 gift card)
- Danabri Hair Designs (Facial, \$77 value)
- LeeAnn Chin (\$25 gift card)
- White Bear Smiles (2 hour teeth whitening, \$450)
- Big Thrill Factory (4 Play Cards for \$9 each, 4 All Day Play Packages \$36 each)
- PINZ (basket- \$350 value)
- Tria Restaurant (\$50 gift card)
- Splatball (3 admissions/equipment- \$105 value)
- TILT Pinball Bar (gift card & basket- \$50 value)
- Donatelli's (Pizza Party-\$100 value)
- Jimmy's Food and Drink (\$20 gift card)
- YMCA (\$132 gift certificate)
- Mathnasium (Gift certificate for assessment and 8 lessons- \$600 value)
- Pine Tree Apple Orchard (Gift Certificate for an Apple pie)
- Stages Theatre Company (4 tickets- \$64 value)
- Kowalski's Market (\$50 gift card)

To make the Sunrise Community Dinner a success it takes a lot of volunteers! If you are interested in helping out please fill out [this form](#).

Yearbooks

Time and copies are running out for you to secure the 2019-2020 yearbook! Yearbooks will be sold on a first come, first served basis until we run out. Ensure your student gets a copy and purchase yours today! You can purchase the yearbook for \$25.00 on [FeePay](#) or in 105B at Sunrise.

Sunrise Park Bear Award

Sunrise has an award for students that exemplify White Bear Lake School's "Core Values" of compassion, integrity, respect, responsibility and service. The Bear Award will be given each spring to students who meet the following criteria:

- Students must not have any discipline referrals during the current year.
- Students must be on the "A" or "B" honor roll 1st, 2nd and 3rd quarter of the current year.
- Students must volunteer in a community service activity during the current school year with service hours *being more than a one-time activity*. An adult in charge of the activity must sign the application.
- Students must submit an essay explaining how they have demonstrated compassion and integrity during the current year.
- Students must submit an application along with their essay in order to be considered for the award.

Applications will be available in the hallway outside of the Attendance office. Applications are due by Friday, April 3, 2020. Please encourage your child to apply for this award.

Sunrise considers the Bear award to be one of the highest accomplishments any middle school student can attain.

Drop Off & Pick Up

Help us keep children safe. Please DO NOT drop off/pick up on the Cedar side of the building during these times: 7:45 - 8:15 am and 2:45 - 3:15 pm. This creates a dangerous situation as students walk from behind a bus down the side in between the buses when the buses are pulling in and out of the loading zone. Bus drivers have major blind spots all around the buses, and despite their best efforts, they cannot always see students.

Parents may drop off/pick up students on the east (Jay Lane) and west (Door B and C parking lot) sides of the building during these times.

Staying After School

Students are only permitted to stay after school to participate in a supervised after school activity or to work with a teacher. Students may not stay after school to do homework or hang out with friends, as these activities are not supervised. FLEX is free after school option for students, Monday - Thursday. Although there is currently a waiting list, parents are encouraged to register their children, as students are added regularly. Click [here](#) or see the district website for additional information.

FLEX

FLEX is a free after school program at Central and Sunrise Park Middle School. The program includes a variety of opportunities for students, including academic support, recreation time, clubs, and service opportunities. Clubs are teacher-led as well as youth-generated. The program runs Monday-Thursday after school only. Students can take the activity bus home, walk, or be picked up by a guardian. All students must be registered for the program.

More Information:

<https://communityservices.isd624.org/youth/flex>

Register online:

<http://bit.ly/SunriseFLEX>

Community Mental Well-Being Series

Grief and Loss

Date: March 19, 2020

Time: 7:00-8:30 pm

Location: District Center Community Room 112 (4855 Bloom Ave, WBL)

Description: Each of us experience various types of loss from moving to the death of a loved one. Yet many of us, especially teens, do not know how to cope and adjust to those losses we all experience in life. This seminar will focus on understanding the mourning process, healthy ways of coping and learning how to help others who are experiencing loss.

Hosted by: Tony Del Percio with Bradshaw Funeral and Cremation Services

District Coronavirus Plan

White Bear Lake Area Schools website has a [Coronavirus \(COVID-19\) Update News Post](#). This is where you can find updated messages from the district, Minnesota Department of Health recommendations and a link to the CDC's Travel Health Notices.

LUS CEEB TOOM! Yog koj xav tau daim ntawv no, txhais ua lus Hmoob, thov hu rau Mas Lias Xyooj (651) 407-7626

los yog hu rau Xw Xyooj (651) 407-7623.

ATENCIÓN: Si usted necesita hablar con una persona que hable Español, por favor, llame al (651) 407-7625.