



Coronavirus Update for PSD Families and Staff

As you may know, there has been a lot of media attention on the spread of Coronavirus (2019-nCov.).

At this time, the immediate risk to the general public in Washington and the United States is considered to be low.

Any students returning from China are asked to stay at home away from others and monitor their health for 14 days. Student absences will be excused.

Most people in Washington are not considered at risk for 2019-nCoV infection but health officials recommend that all ill students stay at home if they have fever, cough and difficulty breathing.

Students should seek medical attention if they have recently traveled to China and start to feel ill.

Please notify your school principal if you have students returning from China.

What Can I do to Prevent a flu and/or 2019-nCoV Infection?

The same simple steps that prevent the spread of ordinary flu viruses work to prevent 2019-nCoV and other illnesses.

- Wash your hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer if soap and water are not available.
- Cough into a tissue or your elbow (not your hand). Then throw tissue away and wash hands.
- Avoid touching your eyes, nose, or mouth with unwashed hands.
- Avoid contact with people who are sick.
- Stay home when you are sick.
- Keep students home if temperature is above 100.0 F (38.7 C) or they report not feeling well, appear weak or ill.
- Consult your health care provider if you or your child has special health conditions that put you at increased risk.

Background on Coronavirus

China is experiencing an expanding outbreak of respiratory illness caused by a new coronavirus (2019-nCoV). This virus emerged in Wuhan, China in December 2019. The virus is spreading from person-to-person in China, and cases have been detected in a number of countries internationally and the United States, including one case confirmed in Washington on January 21, 2020. The Washington case occurred in a Snohomish County resident who had recently traveled to Wuhan.

While it's possible that some person-to-person spread with this virus will happen in the United States, 2019-nCoV is NOT spreading in our community at this time.

