



Harrison CSD

MARCH 2020

Harrison Av -- Parsons

Purchase -- S.J. Preston

Regardless of portion size, the FSMC is responsible for meeting all requirements under the Final Rule Nutrition Standards in the National School Lunch and School Breakfast Programs. This includes min-max calories, saturated fat and sodium along with specific component offerings for all fruits, vegetables, grains, meat/meat alternates and milk. This institution is an equal opportunity

\$2.00 -- Daily Menu

Adults \$3.91 + Tax

All lunches include: Entrée, Bread/Grain, Vegetable, Fruit/Juice and choice of 1% white, or Fat-free white or chocolate milk

***Hormone and Antibiotic-Free Milk offered w/ all lunches

Additional Midday Meal Options

M- Chef's Salad

T- Chicken Caesar Salad

W-Garden Salad w/Turkey

TH-Greek Salad w/ Chicken

F-Hummus & Veggie Platter

**Served with choice of bread or grain*

Bagel Lunch and Yogurt Lunch are available daily.

If you have any questions or comments, please call the Food Service Department at 914-630-3114.

Steve Morreale



This institution is an equal opportunity provider.

2 Baked Chicken Tenders
Dinner Roll
Sweet Potato Fries
Sweet Peas
Caesar Salad
Apple Slices
Peach Cup

3 Penne Pasta with Meatballs in Marinara Sauce
Garlic Bread
Cucumber Salad
Sautéed Broccoli
Orange Wedges
Pear Cup

4 Twin Tacos served with Seasoned Turkey
Fiesta Rice
Black Bean Salsa
Sweet Corn
Pineapple Cup
Mixed Fruit Cup

5 **Brunch for Lunch**
Pancakes with Fresh Fruit Topping
Turkey Sausage Patty
Baked Tater Tots
Carrots w/ Dip, Fruit Juice
Apple Sauce
Grape Cup

6 Cheese or Pepperoni Pizza
Tomato Cup
Caesar Salad
Mixed Berry Cup
Melon Cup

9 Chicken & Cheese Quesadilla
Golden Sweet Corn
Black Bean Charro
Apple Sauce Cup
Grape Cup

10 Homemade Baked Ziti
Garlic Bread
Roast Butternut Squash
Sautéed Spinach
Mixed Berry Cup
Melon Cup

11 Hamburger, Cheeseburger
Whole Grain Bun
Tater Tots
Green Beans
Watermelon Cup
Peach Cup

12 Grilled Cheese Sandwich
Tomato Soup
Sweet Peas
Orange Wedges
Pear Cup

13 Cheese or Pepperoni Pizza
Roast Broccoli
Garden Salad
Pineapple Cup
Mixed Fruit Cup

16 Cheese Ravioli
Garlic Bread
Roast Cauliflower
Sweet Garden Peas
Apple Slices
Peach Cup

17 Popcorn Chicken with a BBQ, Ranch or Honey mustard Dip
Bread Roll
Sautéed Green Beans
Glazed Carrots
Orange Wedges
Pear Cup

18 Chicken & Cheese Quesadilla
Golden Sweet Corn
Black Beans Charro
Pineapple Cup
Mixed Fruit Cup

19 EARLY DISMISSAL

20 EARLY DISMISSAL

23 Baked Chicken Nuggets
Garlic Bread
Sweet Potato Fries
Roast Broccoli
Apple Sauce Cup
Grape Cup

24 Nachos with seasoned Turkey
Yellow Rice
Fiesta Corn
Black Bean Salsa
Mixed Berry Cup
Melon Cup

25 Hamburger, Cheeseburger or Turkey Burger on a Whole Grain Bun
Crispy Twister Fries
Carrot Sticks with Dip
Apple Slice
Peach Cup

26 Homemade Baked Macaroni & Cheese
French Bread
Red Pepper Strips
Sautéed Green Beans
Orange Wedges
Pear Cup

27 Cheese or Pepperoni Pizza
Steamed Peas
Caesar Salad
Pineapple Cup
Mixed Fruit Cup

30 **Brunch for Lunch**
Waffles with Fruit Topping
Turkey Sausage Patty
Baked Tater Tots
Cucumber Sticks
Fruit Juice
Apple Slices
Peach Cup

31 Penne Pasta with Meat Sauce
Garlic Bread
Caesar Salad
Sautéed Spinach
Orange Wedges
Pear Cup