



March

2020

Harrison High School – Lunch Menu

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

2nd 3rd 4th 5th 6th

Hot Food Station, \$2.75 Lunch Adults \$3.91 + Tax
Enjoy the taste of homemade-quality meals from our daily hot food station!

Chicken and Mushroom Cream Sauce Penne Pasta	Philly Cheese Steak	Roast Turkey with Gravy and Dinner Roll	Sloppy Joe on a Bun	Korean Beef Meatballs Egg Noodles
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Deli/Salad Bar Station, \$3.75 Lunch Adults \$4.91 + Tax
Customize any of our sandwiches or salads to your exact liking! We will feature daily specials.*
**Served with Bread/Grain.*

Asian Chicken Wrap	Turkey Club Turkey, Bacon, With Lettuce & Tomato	Tuna Salad And Cheese Wrap	Spicy Chicken & Blue Cheese on a Kaiser Roll	Hummus Cucumber Red Pepper Wrap
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Rotating Food Bar, \$2.75 Lunch Adults \$3.91 + Tax
Enjoy food stations that are themed around your favorite foods!

Asian Bar Spicy Beef Bowl Szechwan Chicken Bowl Egg Fried Rice	Chicken Bar Herb Grilled Chicken General Tso Chicken Buffalo Chicken Breaded Chicken Breast	Fiesta Bar Hard or Soft Tacos Beef Taco Meat Fajita Chicken Yellow Rice	Belgian Waffle Bar Waffles with Sausage assorted Toppings. Cinnamon Apple Blueberries	Pasta Bar Penna Or Fusilli Pasta Marinara, Meat Sauce or Chicken Broccoli Alfredo
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Pizza Station, \$2.75 Lunch Adults \$3.91 + Tax
In addition to regular cheese pizza, we now feature specialty pies, including:

Mushroom and Roast Tomato	White Broccoli	Buffalo Chicken	Italian Sausage	Chicken Bacon Ranch
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Daily Vegetable & Fruit* Selections
**We offer a fruit of the day (see below) along with additional fresh, canned or juice selections.*

Asian Slaw Sautéed Bok Choy Glazed Carrots Melon Cup Peach Cup	Twist Fries Sweet Corn Roast Broccoli Kiwi Cup Mixed Fruit Cup	Mashed Potato Black Bean Charro Green Leaf Salad Apple Slices Pear Cup	Sweet Potato Puffs Carrots with Dip Sautéed Spinach Pineapple Cup Orange Wedges	Garlic Green Beans Red Pepper Strips Green Leaf Salad Grape Cup Apple Sauce Cup
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More Info...
All Lunches Include:
 Entrée, Bread/Grain, Vegetable, Fruit/Juice (Two Fruit Selections Daily) and Choice of 1% White or Fat-Free White or Chocolate Milk.
 Hormone and Antibiotic-Free Milk Offered with all Lunch Meals.
 Food Allergies? Please Speak to Your Server, Chef or Manager.



We are happy to announce that the Java City kiosk & Lead Dog Cafe is now open for business in the high school cafeteria. Delicious hot and cold beverages, along with light bites, will be offered daily* at Java City & Sushi, Hot Sandwiches and Soft Drinks Available At Lead Dog Café! Lead Dog Café Open 2:45p-4p**
 *À la carte only.

Harrison High School Lunch Menu MARCH – 2020



Regardless of portion size, the FSMC is responsible for meeting all requirements under the Final Rule Nutrition Standards in the National School Lunch and School Breakfast Programs. This includes min-max calories, saturated fat and sodium along with specific component offerings for all fruits, vegetables, grains, meat/meat alternates and milk. This institution is an equal opportunity provider and employer.

If you have any questions or comments, please call the Food Service Department at 914-630-3114. Steve Morreale

Menus are subject to change without notice.





2020

MARCH

Harrison High School – Lunch Menu

MONDAY **TUESDAY** **WEDNESDAY** **THURSDAY** **FRIDAY**

9th 10th 11th 12th 13th

Hot Food Station, \$2.75 Lunch Adults \$3.91 + Tax
Enjoy the taste of homemade-quality meals from our daily hot food station!

Baked Ziti Bread Stick	Roast Beef & Gravy Dinner Roll	Mediterranean Chicken Cilantro Rice	Chicken Francaise Penne Pasta	Nacho with Seasoned Turkey Fiesta Rice
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Deli/Salad Bar Station, \$3.75 Lunch Adults \$4.91 + Tax
Customize any of our sandwiches or salads to your exact liking! We will feature daily specials.*
**Served with Bread/Grain.*

Greek Vegetable Wrap Red Onion, Black Olives, Feta Cheese Lettuce & Tomato	Spicy Chicken & Blue Cheese on a Kaiser Roll	BBQ Chicken Wrap	Roast Beef, Red Onion Provolone Cheese Lettuce & Tomato	Chicken Caesar Wrap
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Rotating Food Bar, \$2.75 Lunch Adults \$3.91 + Tax
Enjoy food stations that are themed around your favorite foods!

Enchilada Bar Beef, Chicken or Cheese enchilada with Salsa & Sour Cream	Gyro Bar Beef or Chicken Peppers & Red Onion Tomatoes and Tzatziki sauce	Burger Bar Beef, Turkey or Vegetable Burger Assorted Toppings	Quesadilla Bar Beef, Chicken or Cheese Quesadilla Salsa & Sour Cream Yellow Rice	Grilled Cheese Bar American Cheese 3 Cheese or Ham & Cheese Tomato Soup
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Pizza Station, \$2.75 Lunch Adults \$3.91 + Tax
In addition to regular cheese pizza, we now feature specialty pies, including:

Italian Sausage & Mushroom	Spinach & Cherry Tomato	White Pizza	Buffalo Chicken	Garlic Broccoli
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Daily Vegetable & Fruit* Selections
**We offer a fruit of the day (see below) along with additional fresh, canned or juice selections.*

Sweet Corn Caesar Salad Melon Cup Peach Cup	Red Skin Mashed Potatoes Roast Butternut Squash Spinach Salad Kiwi Cup Mixed Fruit Cup	Sweet Potato Fries Roast Broccoli Apple Slices Pear Cup	Sweet Corn Sautéed Green Beans Pineapple Cup Orange Wedges	BBQ Baked Beans Green Leaf Salad Carrots W/ Dip Grape Cup Apple Sauce Cup
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More Info...
All Lunches Include:
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We are happy to announce that the Java City kiosk & Lead Dog Cafe is now open for business in the high school cafeteria. Delicious hot and cold beverages, along with light bites, will be offered daily* at Java City & Sushi, Hot Sandwiches and Soft Drinks Available At Lead Dog Café! Lead Dog Café Open 2:45p-4p**
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Harrison High School Lunch MARCH 2020



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2020

MARCH

Harrison High School – Lunch Menu

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

16th

17th

18th

19th

20th

Hot Food Station, \$2.75 Lunch Adults \$3.91 + Tax
Enjoy the taste of homemade-quality meals from our daily hot food station!

Chicken Tikka Masala Pita Bread	Beef Lasagna Garlic Bread	Chicken Pot Pie With Biscuit Tops	Sloppy Joe on a Bun	Chicken Fajita Fiesta Rice
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Deli/Salad Bar Station, \$3.75 Lunch Adults \$4.91 + Tax
Customize any of our sandwiches or salads to your exact liking! We will feature daily specials.*
 *Served with Bread/Grain.

Asian Chicken Wrap	Hummus Cucumber Red Pepper Wrap	Egg Salad Red Onion Wrap	Turkey with Cranberry Mayo Ciabatta Roll	Italian Combo Ham, Turkey, Provolone Cheese Lettuce & Tomato
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Rotating Food Bar, \$2.75 Lunch Adults \$3.91 + Tax
Enjoy food stations that are themed around your favorite foods!

Asian Bar Spicy Beef Bowl Szechwan Chicken Bowl Fried Rice	Chicken Bar Herb Grilled Chicken General Tso Chicken Buffalo Chicken Breaded Chicken Breast	Fiesta Bar Hard or Soft Tacos Beef Taco Meat Fajita Chicken Fiesta Rice	Belgian Waffle Bar Waffles with Sausage and assorted Toppings. Cinnamon Apple Blueberries	Pasta Bar Penna Or Fusilli Pasta Marinara, Meat Sauce or Chicken Broccoli Alfredo
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Pizza Station, \$2.75 Lunch Adults \$3.91 + Tax
In addition to regular cheese pizza, we now feature specialty pies, including:

Garlic & Broccoli	Chicken Bacon Ranch	Buffalo Chicken	Italian Sausage	Tomato & Fresh Basil
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Daily Vegetable & Fruit* Selections
**We offer a fruit of the day (see below) along with additional fresh, canned or juice selections.*

Asian Slaw Sautéed Bok Choy Glazed Carrots Melon Cup Peach Cup	Sautéed Green Beans Green Leaf Salad Kiwi Cup Mixed Fruit Cup	Sweet Corn Sautéed Spinach Red Pepper Strips Apple Slices Pear Cup	Sweet Potato Fries Steamed Broccoli Pineapple Cup Orange Wedges	Black Bean Salsa Spinach Salad Grape Cup Apple Sauce Cup
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More Info...
All Lunches Include:
 Entrée, Bread/Grain, Vegetable, Fruit/Juice (Two Fruit Selections Daily) and Choice of 1% White or Fat-Free White or Chocolate Milk.
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MARCH

Harrison High School – Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

23rd

24th

25th

26th

27th

Hot Food Station, \$2.75 Lunch Adults \$3.91 + Tax

Enjoy the taste of homemade-quality meals from our daily hot food station!

Beef Chili Banana Peppers, Diced Red Onion, Cheese, Sour Cream & Yellow Rice	Cheese Ravioli With Marinara Sauce Garlic Bread	Breaded Chicken Breast Corn Bread & Gravy	Buddha Bowl Tofu or Chicken and a Choice of Vegetable Toppings	General Tso Chicken LomIn Noodles
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Deli/Salad Bar Station, \$3.75 Lunch Adults \$4.91 + Tax

Customize any of our sandwiches or salads to your exact liking! We will feature daily specials.*

**Served with Bread/Grain.*

Southwest Chicken Jalapeno Peppers Jack Cheese Lettuce & Tomato	Chicken Salad Wrap	Cuban sandwich Ham, Swiss Pickle and Mustard	Roast Beef with Horseradish Mayo and a Ciabatta Roll	Roast Vegetables and Provolone Cheese Wrap
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Rotating Food Bar, \$2.75 Lunch Adults \$3.91 + Tax

Enjoy food stations that are themed around your favorite foods!

Enchilada Bar Beef, Chicken or Cheese enchilada with Salsa & Sour Cream	Gyro Bar Beef or Chicken Peppers & Red Onion Tzatziki sauce	Burger Bar Beef, Turkey or Vegetable Burger Choices of Cheeses	Quesadilla Bar Beef, Chicken or Cheese Quesadilla Salsa & Sour Cream Cilantro Rice	Grilled Cheese Bar American Cheese 3 Cheese Ham & Cheese Tomato Soup
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Pizza Station, \$2.75 Lunch Adults \$3.91 + Tax

In addition to regular cheese pizza, we now feature specialty pies, including:

Roast Tomato and mushrooms	White Broccoli	Buffalo Chicken	Italian Sausage	Chicken Bacon Ranch
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Daily Vegetable & Fruit* Selections

**We offer a fruit of the day (see below) along with additional fresh, canned or juice selections.*

Roast Broccoli Red Pepper Strips Melon Cup Peach Cup	Waffle Fries Sautéed Green Beans Cucumber Salad Kiwi Cup Mixed Fruit Cup	Roast Potato Wedges Sweet Corn Roast Carrots Apple Slices Pear Cup	Black Bean Charro Grape Tomato Cup Green Leaf Salad Pineapple Cup Orange Wedges	Honey Glazed Carrots Spinach Salad Grape Cup Apple Sauce Cup
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More Info...

All Lunches

Include:

Entrée, Bread/Grain, Vegetable, Fruit/Juice (Two Fruit Selections Daily) and Choice of 1% White or Fat-Free White or Chocolate Milk.

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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

30th

31th

Hot Food Station, \$2.75 Lunch Adults \$3.91 + Tax
Enjoy the taste of homemade-quality meals from our daily hot food station!

Chicken Marsala Herb Rice	Baked Ziti Bread Stick			
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Deli/Salad Bar Station, \$3.75 Lunch Adults \$4.91 + Tax
Customize any of our sandwiches or salads to your exact liking! We will feature daily specials.*
 *Served with Bread/Grain.

Asian Chicken Wrap	Hummus Cucumber Red Pepper Wrap			
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Rotating Food Bar, \$2.75 Lunch Adults \$3.91 + Tax
Enjoy food stations that are themed around your favorite foods!

Asian Bar Spicy Beef Bowl Szechwan Chicken Bowl Egg Fried Rice	Chicken Bar Herb Grilled Chicken General Tso Chicken Buffalo Chicken Corn Bread			
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Pizza Station, \$2.75 Lunch Adults \$3.91 + Tax
In addition to regular cheese pizza, we now feature specialty pies, including:

Hawaiian	Italian Meatball			
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Daily Vegetable & Fruit* Selections
**We offer a fruit of the day (see below) along with additional fresh, canned or juice selections.*

Sautéed Bok Choy Grape Tomato Salad Melon Cup Peach Cup	Sweet Corn Roast Broccoli Caesar Salad Kiwi Cup Mixed Fruit Cup			
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More Info...

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Include:

Entrée, Bread/Grain, Vegetable, Fruit/Juice (Two Fruit Selections Daily) and Choice of 1% White or Fat-Free White or Chocolate Milk.

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