



## FOR IMMEDIATE RELEASE

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## ST JOSEPH HIGH SCHOOL ANNOUNCES RADIO PERSONALITY, ANNA ZAP (STAR 99.9), TO KEYNOTE THEIR ANNUAL LADIES LUNCHEON

*Anna Zap is the Host of the Anna and Raven Show on 99.9 FM.*

**February 11, 2020—TRUMBULL, CT—** St Joseph High School, southern Connecticut’s premier college preparatory school, announced today that notable radio personality, Anna Zap, host of the *Anna and Raven Show*, will deliver the keynote speech during their annual Ladies Luncheon event to be held at the **Great River Golf Club in Milford, Connecticut on Sunday, March 8, 2020**. The event is open to the public.

Anna Zap is an award-winning radio personality, stand-up comedian, and proud mom to two young daughters. The *Anna and Raven Show*, can be heard weekday mornings on STAR 99.9 FM. Mrs Zap is a graduate of Trinity Catholic High School in Stamford, with a Bachelors in Communications from Pace University and a Masters in the Art of Teaching from Sacred Heart University. She is also a former adjunct professor of Public Speaking at Pace University. With roots in stand-up comedy, Mrs Zap has performed at most of Manhattan’s most prestigious comedy clubs including Caroline’s on Broadway, Gotham Comedy Club, and Stand Up NY.

Mrs Zap has been a staple of morning radio for the last ten years. She has won numerous awards including Mofly Media’s “Radio Personality of Year” (2016, 2018, 2019) and recently, Anna was named to the prestigious “40 under 40” list in Connecticut Magazine.

“We are so excited to host the Ladies Luncheon this year at the beautiful Great River Country Club,” remarked **Aimee Marcella, Director of Advancement at St Joseph High School**. “It’s a new venue for us, but once again, we will have fantastic shopping, a delicious lunch, and an engaging keynote speaker; all for a great cause as it directly benefits our students and their post-prom event.”

St Joseph High School’s Ladies Luncheon is fundraiser and celebration of women. The luncheon will begin with a vendor fair from 11am – 1pm, followed by the lunch and keynote portion of the day. Mrs Zap’s keynote will focus on women and the balancing act of being a mom, wife, friend, and co-worker – and the challenges that come with juggling it all.

All proceeds directly benefit the students by funding a safe and fun post-prom experience at the Sports Center of Shelton at no additional cost to families. Registrations can be made at [sjcadets.org/Luncheon](http://sjcadets.org/Luncheon).

### **About St Joseph High School**

*St Joseph High School (SJHS) provides a learning environment that embraces the Gospel values of the Roman Catholic faith and promotes a commitment to family and community. SJHS prepares young women and men to realize their potential, helps them to excel in higher education, and provides a foundation to guide them throughout their lives. St Joseph High School is a member of NCEA, NAIS, NEAS&C. [www.sjcadets.org](http://www.sjcadets.org)*