



Deutsche Schule London - Week 3 spring term

Monday

Tuesday

Wednesday

Thursday

Friday

The SOUP Kettle

Soup of the day
GF

Courgette and thyme
soup (GF)

Broccoli and stilton soup
(GF)

Soup of the day
(GF)

Roasted carrot and
orange soup
(GF VEGAN)

TASTY
ENTREE

Beef lasagne topped with
cheese
(GF available)

Honey roast gammon
(GF)

Chicken and pepper
fajitas lightly spiced in
tortilla wrap
(GF)

Keema curry with peas
and lentils
(GF)

Oven roasted chicken
(GF)

VEGGIE
Lovers

Spinach and beetroot
risotto

Aubergine caponata in a
beef tomato
(Vegan)

Stuffed Yorkshire
puddings
(V)

Falafel with spiced cous
cous (VEGAN)

Stuffed aubergines with
pomegranate
(GF) (VEGAN)

Light
BITES

Loaded fries with a choice
of toppings

Sausage rolls, ketchup,
fried onions and slaw

Paella pots with chorizo
(GF available)

Korean style sticky chilli
beef and rice

Sloppy joes and slaw

on the
SIDE

Courgettes with feta,
roasted squash and
broccoli

Crushed potatoes,
broccoli and carrots

Coriander rice, green
beans and corn

Lady fingers, cumin
spiced roasted new
potatoes

Roast potatoes carrots
and cauliflower

TASTY
PUDS

Oat and seed flapjack
(GF) (VEGAN)

Grape and melon pots

Chocolate mousse

Apple strudel and cream

Assorted desserts

Salad Bar available everyday new menu after Christmas holidays

Chunks of fresh fruit and natural yoghurt

