



Deutsche Schule London - Week 1 spring term

Monday

Tuesday

Wednesday

Thursday

Friday

The SOUP Kettle

Spiced Lentil soup (GF)

Soup of the day (GF)

Roasted tomato and garlic soup (GF)

Soup of the day (GF)

French style pea soup GF

TASTY ENTREE

Battered fish with homemade tartare (GF)

Chicken korma Mango chutney and raita (GF)

Pasta Bolognese with hidden protein (GF available)

Jerk chicken thighs (24hr marinade) (GF)

Roast pork crackling and apple sauce (GF)

VEGGIE LOVERS

Shakshuka (baked eggs in tomato sauce) (V) (GF)

Lentil and herb stuffed peppers

Lentil and herb stuffed peppers (vegan)(GF)

Jackfruit and sweet potato curry (VEGAN)

Butternut squash fritter with aioli (VEGAN)

Light BITES

Jacket potato bar

Build your own salad box with protein and bread

American style mac and cheese with cheese of toppings

Yaki soba (Wagamama's style) (VEG)

Sweet and sour chicken pots with rice (GF)

on the SIDE

Oven chips Baked beans and garden peas

Lady fingers coriander rice and yoghurt aubergine

Pasta, curly kale Roasted butternut squash

Coconut rice and peas, plantain and green beans

Roasted new potatoes, broccoli and steamed carrots

TASTY PUDS

Homemade smoothies

St Clements posset

Homemade biscuits

Apple crumble pots

Strawberry jelly

Salad Bar available everyday gluten free and vegan options available most days

pots of fresh fruit and natural yoghurt

