



Palo Alto Unified School District BRUNCH Menu March 2020

We feature an inviting variety of fresh garden salad greens, vegetables, and fruits. **Locally-grown items are offered whenever seasonally-available.** rBST hormone free low-fat or fat-free milk is included with all meals. A meal includes an entrée, fruit and vegetable selection and milk. All bread products are whole grain and all featured menu items contain zero trans fat.

Monday 3-2	Tuesday 3-3	Wednesday 3-4	Thursday 3-5	Friday 3-6
French Toast Sticks with Turkey Sausage Cinnamon Roll Assorted Cereal or Oatmeal & String Cheese	Chicken & Waffles with Tater Tots Omelet with Hashbrown Assorted Cereal or Oatmeal & Graham Crackers	Egg , Sausage, Cheese English Muffin Fruit & Yogurt Parfait Assorted Cereal or Oatmeal & String Cheese	Mini Strawberry Pancakes with Tater Tots Bagel & Cream Cheese Assorted Cereal or Oatmeal & Sunflower Seeds	Local Holiday
Monday 3-9	Tuesday 3-10	Wednesday 3-11	Thursday 3-12	Friday 3-13
Local Holiday	Waffle Sticks with Turkey Sausage Breakfast Burrito with Tater Tots Assorted Cereal or Oatmeal & Graham Crackers	Egg, Ham & Cheese English Muffin with Turkey Sausage Yogurt Cup with Muffin Assorted Cereal or Oatmeal & String Cheese	Mini French Toast w/Turkey Sausage Cinnamon Roll Assorted Cereal or Oatmeal & Sunflower Seeds	Breakfast Sausage Pizza Pancake on a Stick with Tater Tots Assorted Cereal or Oatmeal & Graham Crackers
Monday 3-16	Tuesday 3-17	Wednesday 3-18	Thursday 3-19	Friday 3-20
French Toast Sticks with Turkey Sausage Cinnamon Roll Assorted Cereal or Oatmeal & String Cheese	Chicken & Waffles with Tater Tots Omelet with Hashbrown Assorted Cereal or Oatmeal & Graham Crackers	Egg , Sausage, Cheese English Muffin Fruit & Yogurt Parfait Assorted Cereal or Oatmeal & String Cheese	Mini Strawberry Pancakes with Tater Tots Bagel & Cream Cheese Assorted Cereal or Oatmeal & Sunflower Seeds	Breakfast Sausage Pizza Bosco Sticks Assorted Cereal or Oatmeal & Graham Crackers
Monday 3-23	Tuesday 3-24	Wednesday 3-25	Thursday 3-26	Friday 3-27
Egg, Cheese Breakfast Sandwich with Turkey Sausage Benefit Bar Assorted Cereal or Oatmeal & Sunflower Seeds	Waffle Sticks with Turkey Sausage Breakfast Burrito with Tater Tots Assorted Cereal or Oatmeal & Graham Crackers	Egg, Ham & Cheese English Muffin with Turkey Sausage Yogurt Cup with Muffin Assorted Cereal or Oatmeal & String Cheese	Mini French Toast w/Turkey Sausage Cinnamon Roll Assorted Cereal or Oatmeal & Sunflower Seeds	Breakfast Sausage Pizza Pancake on a Stick with Tater Tots Assorted Cereal or Oatmeal & Graham Crackers
Monday 3-30	Tuesday 3-31			
French Toast Sticks with Turkey Sausage Cinnamon Roll Assorted Cereal or Oatmeal & String Cheese	Chicken & Waffles with Tater Tots Omelet with Hashbrown Assorted Cereal or Oatmeal & Graham Crackers			
Fruit Offerings	Fruit Offerings	Fruit Offerings	Fruit Offerings	Fruit Offerings
Apples Oranges Bananas Raisins Peaches	Apples Oranges Bananas Raisins	Apples Oranges Bananas Raisins Kiwi	Apples Oranges Bananas Raisins	Apples Oranges Bananas Raisins



We use menu identifiers in the café to help students recognize **Local, Clean, Fresh** and **Vegetarian** options. **Local** designates options made with locally-grown and produced ingredients. **Clean** designates options with a short ingredient list and/or no artificial additives. **Fresh** designates options that are made from scratch. **Vegetarian** items noted with **V**.

This explains what to do if you believe you have been treated unfairly. In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, DC 20250-9410 or call 866-632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at 800-877-8339, or 800-845-6136 (Spanish).





Palo Alto Unified School District BRUNCH Menu February 2020

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Monday 2-3	Tuesday 2-4	Wednesday 2-5	Thursday 2-6	Friday 2-7
French Toast Sticks with Turkey Sausage Cinnamon Roll Assorted Cereal or Oatmeal & String Cheese	Chicken & Waffles with Tater Tots Omelet with Hashbrown Assorted Cereal or Oatmeal & Graham Crackers	Egg , Sausage, Cheese English Muffin Fruit & Yogurt Parfait Assorted Cereal or Oatmeal & String Cheese	Mini Strawberry Pancakes with Tater Tots Bagel & Cream Cheese Assorted Cereal or Oatmeal & Sunflower Seeds	Breakfast Sausage Pizza Bosco Sticks Assorted Cereal or Oatmeal & Graham Crackers
Monday 2-10	Tuesday 2-11	Wednesday 2-12	Thursday 2-13	Friday 2-14
Egg, Cheese Breakfast Sandwich with Turkey Sausage Benefit Bar Assorted Cereal or Oatmeal & Sunflower Seeds	Waffle Sticks with Turkey Sausage Breakfast Burrito with Tater Tots Assorted Cereal or Oatmeal & Graham Crackers	Egg, Ham & Cheese English Muffin with Turkey Sausage Yogurt Cup with Muffin Assorted Cereal or Oatmeal & String Cheese	No School Staff Development Day	Lincoln's Birthday
Monday 2-17	Tuesday 2-18	Wednesday 2-19	Thursday 2-20	Friday 2-21
Washington's Birthday	Local Holiday	Egg , Sausage, Cheese English Muffin Fruit & Yogurt Parfait Assorted Cereal or Oatmeal & String Cheese	Mini Strawberry Pancakes with Tater Tots Bagel & Cream Cheese Assorted Cereal or Oatmeal & Sunflower Seeds	Breakfast Sausage Pizza Bosco Sticks Assorted Cereal or Oatmeal & Graham Crackers
Monday 2-24	Tuesday 2-25	Wednesday 2-26	Thursday 2-27	Friday 2-28
Egg, Cheese Breakfast Sandwich with Turkey Sausage Benefit Bar Assorted Cereal or Oatmeal & Sunflower Seeds	Waffle Sticks with Turkey Sausage Breakfast Burrito with Tater Tots Assorted Cereal or Oatmeal & Graham Crackers	Egg, Ham & Cheese English Muffin with Turkey Sausage Yogurt Cup with Muffin Assorted Cereal or Oatmeal & String Cheese	Mini French Toast w/Turkey Sausage Cinnamon Roll Assorted Cereal or Oatmeal & Sunflower Seeds	Breakfast Sausage Pizza Pancake on a Stick with Tater Tots Assorted Cereal or Oatmeal & Graham Crackers
Fruit Offerings	Fruit Offerings	Fruit Offerings	Fruit Offerings	Fruit Offerings
Apples Oranges Bananas Raisins Peaches	Apples Oranges Bananas Raisins	Apples Oranges Bananas Raisins Kiwi	Apples Oranges Bananas Raisins	Apples Oranges Bananas Raisins



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Palo Alto Unified School District BRUNCH Menu January 2020

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Monday 1-6	Tuesday 1-7	Wednesday 1-8	Thursday 1-9	Friday 1-10
Local Holiday	Chicken & Waffles with Tater Tots Omelet with Hashbrown Assorted Cereal or Oatmeal & Graham Crackers	Egg , Sausage, Cheese English Muffin Fruit & Yogurt Parfait Assorted Cereal or Oatmeal & String Cheese	Mini Strawberry Pancakes with Tater Tots Bagel & Cream Cheese Assorted Cereal or Oatmeal & Sunflower Seeds	Breakfast Sausage Pizza Bosco Sticks Assorted Cereal or Oatmeal & Graham Crackers
Monday 1-13	Tuesday 1-14	Wednesday 1-15	Thursday 1-16	Friday 1-17
Egg, Cheese Breakfast Sandwich with Turkey Sausage Benefit Bar Assorted Cereal or Oatmeal & Sunflower Seeds	Waffle Sticks with Turkey Sausage Breakfast Burrito with Tater Tots Assorted Cereal or Oatmeal & Graham Crackers	Egg, Ham & Cheese English Muffin with Turkey Sausage Yogurt Cup with Muffin Assorted Cereal or Oatmeal & String Cheese	Mini French Toast w/Turkey Sausage Cinnamon Roll Assorted Cereal or Oatmeal & Sunflower Seeds	Breakfast Sausage Pizza Pancake on a Stick with Tater Tots Assorted Cereal or Oatmeal & Graham Crackers
Monday 1-20	Tuesday 1-21	Wednesday 1-22	Thursday 1-23	Friday 1-24
Martin Luther King Jr. Day	Chicken & Waffles with Tater Tots Omelet with Hashbrown Assorted Cereal or Oatmeal & Graham Crackers	Egg , Sausage, Cheese English Muffin Fruit & Yogurt Parfait Assorted Cereal or Oatmeal & String Cheese	Mini Strawberry Pancakes with Tater Tots Bagel & Cream Cheese Assorted Cereal or Oatmeal & Sunflower Seeds	Breakfast Sausage Pizza Bosco Sticks Assorted Cereal or Oatmeal & Graham Crackers
Monday 1-27	Tuesday 1-28	Wednesday 1-29	Thursday 1-30	Friday 1-31
Egg, Cheese Breakfast Sandwich with Turkey Sausage Benefit Bar Assorted Cereal or Oatmeal & Sunflower Seeds	Waffle Sticks with Turkey Sausage Breakfast Burrito with Tater Tots Assorted Cereal or Oatmeal & Graham Crackers	Egg, Ham & Cheese English Muffin with Turkey Sausage Yogurt Cup with Muffin Assorted Cereal or Oatmeal & String Cheese	Mini French Toast w/Turkey Sausage Cinnamon Roll Assorted Cereal or Oatmeal & Sunflower Seeds	Breakfast Sausage Pizza Pancake on a Stick with Tater Tots Assorted Cereal or Oatmeal & Graham Crackers
Fruit Offerings	Fruit Offerings	Fruit Offerings	Fruit Offerings	Fruit Offerings
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