



A NOTE FROM THE ELEMENTARY SCHOOL OFFICE

Dear families,

I would like to post another [video](#) greeting for this week to say hello to the students, and support parents.

I admire the perseverance our parents have demonstrated during the past weeks in supporting their children's online learning. Having to manage children's technology usage is not an easy challenge and I'd like to share a simple infographic created by the Ed Tech team of Western Academy of Beijing.

 [Top Tips for Healthy Tech At Home.pdf](#)

I would also like to share a pdf of indoor activity ideas I've found in case parents are looking for ways to occupy the children at home. Please see the attachment in this email.

 [Indoor Activities For Children.pdf](#)

In addition, here's a pdf on how to help your children create a Time Management Board. This tool can help your child visually manage their time and organize their assignments.

 [Time Managenet Board.pdf](#)

You are always welcome to contact me on fsambula@aisgz.org if you have any concerns related to social-emotional wellbeing.

With warm regards,

Mr. Frank



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