

March

Breakfast Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Breakfast Burrito Eggs & Cheese in a Wrap Apple Slices Peach Cup	3 Egg, Tomato & Cheese Frittata w/Toast Orange Wedges Pear Cup	4 Sausage & Egg on English Muffin Pineapple Cup Mixed Fruit Cup	5 French Toast Fresh Fruit Topping Apple Sauce Cup Grape Cup	6 Breakfast Pizza Egg & Ham on a WG Pizza Crust Mixed Berry Cup Melon Cup
9 Pancakes Blueberry Topping Orange Wedges Pear Cup	10 Egg and Vegetable Wrap Hash Brown Potatoes Mixed Berry Cup Melon Cup	11 Oatmeal Bar Assorted Toppings Raisins Brown Sugar Cinnamon Apples Sausage Peach Cup	12 Egg, Mixed Peppers & Cheese Frittata w/Roll Pineapple Cup Mixed Fruit Cup	13 Egg & Cheese Bagel Tater Tots Apple Sauce Cup Grape Cup
16 Waffle and Syrup Sausage Apple Slices Peach Cup	17 Sausage & Egg on English Muffin Orange Wedges Pear Cup	18 Egg, Tomato & Cheese Frittata w/Toast Pineapple Cup Mixed Fruit Cup	19 Breakfast Burrito Eggs, Sausage & Cheese in a Wrap Apple Sauce Cup Grape Cup	20 Pancakes W/ Sliced Banana and Sausage Mixed Berry Cup Melon Cup
23 Egg and vegetable Wrap Hash Brown Potatoes Orange Wedges Pear Cup	24 French Toast Fresh Fruit Topping Mixed Berry Cup Melon Cup	25 Egg & Cheese Flat Bread Breakfast Pizza Pineapple Cup Mixed Fruit Cup	26 Oatmeal Sliced Bananas Raisins Brown Sugar Cinnamon Apples Sausage Peach Cup	27 Sausage & Egg on A Kaiser Roll Apple Sauce Cup Grape Cup
30 Ham & Cheese Bagel Apple Slices Peach Cup	31 Waffle and Cinnamon Sugar Apples Sausage Orange Wedges Pear Cup			

Special News...

Student Breakfast
\$1.50 – Daily Menu*
Adults \$1.95+ Tax

Breakfast Includes:
 Entrée, Fruit, Juice and
 Choice of 1% White or
 Fat-Free White or
 Chocolate Milk.

* Students **Must** Choose
Three of the Four Food
 Items Offered at **Breakfast**
 to **Receive the Special Meal**
 Price (Note: **One Must Be**
Fruit).

The "Huskies" Bountiful
 Buffet Menu Features
 Traditional Breakfast
 Favorites Including
 Scrambled Eggs, Turkey
 Bacon/Sausage, Cheeses,
 Hot and Cold Cereals,
 Yogurt (w/Toppings)
 Along with Whole Grain
 Breads, Bagels and
 Assorted Muffins. **The**
Above-mentioned Items
are Served Every
Morning.

***The Breakfast Fare is
 Prepared with Little or No
 Added Fat, Sugar or Salt.***

*= Includes Oatmeal,
 Granola, Raisins & Hard
 Boiled Eggs.

Menus are subject to
 change without notice.

Regardless of portion size, the FSMC is responsible for meeting all requirements under the Final Rule Nutrition Standards in the National School Lunch and School Breakfast Programs. This includes min-max calories, saturated fat and sodium along with specific component offerings for all fruits, vegetables, grains, meat/meat alternates and milk.

This institution is an equal opportunity provider and employer.

If you have any questions or comments, please call the Food Service Department at 914-630-3114 Steve Morreale

