

# March

## Breakfast Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> <b>Breakfast Burrito</b> Eggs & Cheese in a Wrap Apple Slices Peach Cup	<b>3</b> Egg, Tomato & Cheese Frittata w/Toast Orange Wedges Pear Cup	<b>4</b> Sausage & Egg on English Muffin Pineapple Cup Mixed Fruit Cup	<b>5</b> French Toast Fresh Fruit Topping Apple Sauce Cup Grape Cup	<b>6</b> Breakfast Pizza Egg & Ham on a WG Pizza Crust Mixed Berry Cup Melon Cup
<b>9</b> Pancakes Blueberry Topping Orange Wedges Pear Cup	<b>10</b> Egg and Vegetable Wrap Hash Brown Potatoes Mixed Berry Cup Melon Cup	<b>11</b> <b>Oatmeal Bar</b> Assorted Toppings Raisins Brown Sugar Cinnamon Apples Sausage Peach Cup	<b>12</b> Egg, Mixed Peppers & Cheese Frittata w/Roll Pineapple Cup Mixed Fruit Cup	<b>13</b> Egg & Cheese Bagel Tater Tots Apple Sauce Cup Grape Cup
<b>16</b> Waffle and Syrup Sausage Apple Slices Peach Cup	<b>17</b> Sausage & Egg on English Muffin Orange Wedges Pear Cup	<b>18</b> Egg, Tomato & Cheese Frittata w/Toast Pineapple Cup Mixed Fruit Cup	<b>19</b> <b>Breakfast Burrito</b> Eggs, Sausage & Cheese in a Wrap Apple Sauce Cup Grape Cup	<b>20</b> Pancakes W/ Sliced Banana and Sausage Mixed Berry Cup Melon Cup
<b>23</b> Egg and vegetable Wrap Hash Brown Potatoes Orange Wedges Pear Cup	<b>24</b> French Toast Fresh Fruit Topping Mixed Berry Cup Melon Cup	<b>25</b> Egg & Cheese Flat Bread Breakfast Pizza Pineapple Cup Mixed Fruit Cup	<b>26</b> <b>Oatmeal</b> Sliced Bananas Raisins Brown Sugar Cinnamon Apples Sausage Peach Cup	<b>27</b> Sausage & Egg on A Kaiser Roll Apple Sauce Cup Grape Cup
<b>30</b> Ham & Cheese Bagel Apple Slices Peach Cup	<b>31</b> Waffle and Cinnamon Sugar Apples Sausage Orange Wedges Pear Cup			

### Special News...

**Student Breakfast**  
**\$1.50 – Daily Menu\***  
**Adults \$1.95+ Tax**

**Breakfast Includes:**  
 Entrée, Fruit, Juice and  
 Choice of 1% White or  
 Fat-Free White or  
 Chocolate Milk.

\* Students **Must** Choose  
**Three of the Four** Food  
 Items Offered at **Breakfast**  
 to Receive the **Special Meal**  
 Price (Note: **One Must Be**  
**Fruit**).

The "Huskies" Bountiful  
 Buffet Menu Features  
 Traditional Breakfast  
 Favorites Including  
 Scrambled Eggs, Turkey  
 Bacon/Sausage, Cheeses,  
 Hot and Cold Cereals,  
 Yogurt (w/Toppings)  
 Along with Whole Grain  
 Breads, Bagels and  
 Assorted Muffins. **The**  
**Above-mentioned Items**  
**are Served Every**  
**Morning.**

\*\*\*The Breakfast Fare is  
 Prepared with Little or No  
 Added Fat, Sugar or Salt.\*\*\*

\*= Includes Oatmeal,  
 Granola, Raisins & Hard  
 Boiled Eggs.

Menus are subject to  
 change without notice.

Regardless of portion size, the FSMC is responsible for meeting all requirements under the Final Rule Nutrition Standards in the National School Lunch and School Breakfast Programs. This includes min-max calories, saturated fat and sodium along with specific component offerings for all fruits, vegetables, grains, meat/meat alternates and milk.

*This institution is an equal opportunity provider and employer.*

If you have any questions or comments, please call the Food Service Department at 914-630-3114 Steve Morreale

