Forgot Username/Password
Help on MyBlueKC.com

1. VISIT MyBlueKC.com (Use Google Chrome)

2. FORGOT USERNAME or RESET PASSWORD
   • Click on FORGOT USERNAME or FORGOT PASSWORD
   • Blue KC Member ID Card is required
   • Enter required information and click Continue
   • Username will be displayed
   • Password will be sent to the selected email by clicking on Send My Link

3. UPDATE YOUR EMAIL ADDRESS?
   • Once logged in, click on the PROFILE icon in the upper right-hand corner
   • Select Security
   • Scroll down to Account Email and click Update

4. ACCESS AHY
   • Once logged in to MyBlueKC.com, click on the A Healthier You on the left hand side of the page to access the A Healthier You portal.
   • First time users will be prompted to complete the A Healthier You registration questions upon initial access.

Having Trouble? If you have questions contact Blue KC Customer Service
Monday through Friday from 8:00 a.m. to 8:00 p.m.