

Something for everyone! Back-to-back sessions year round. Learn more on our website or stop by for a tour.

Kids Club Classes

Gymnastics

Classes available for tots, tumblers, and gymnasts. Start your little one in a tots class as young as 1 year old.

Open Gymnastics on Friday PM & Saturday AM

Cheerleading

Learn the basics of cheerleading and tumbling: motions, jumps, dance, forward rolls, cartwheels, balance, flexibility, stunting. Designed for beginners with limited experience.

Baseball

This program teaches the basics fundamentals of baseball. Students will learn proper base running, throwing, batting and fielding. Bring your own glove and come enjoy the fun.

Basketball

Learn the terminology of basketball and fundamental dribbling, shooting, and rebounding skills. Practice sportsmanship and teamwork. Open Basketball Saturday AM

Birthday Parties

Celebrate your child's next birthday at River City.

Choose from any of the above activities and pair it with their favorite theme: Jawsome Shark, Emoji, Super Hero, Unicorn, Magic, Mermaid, Sports, Princess, Dinosaurs.

Each birthday child receives a commemorative T-shirt for their friends to sign.

Swimming

Learn the fundamentals of each stroke, water safety, and survival skills. Small class sizes. Ages 6 months through adult.

Open Swimming on Saturday/Sunday Mid-Day

Soccer

Our clinics provide skill-based introduction focusing on technique, sportsmanship, and teamwork. Ages 6-9.

Volleyball

Nothing encourages collaboration, communication, and perseverance like team sports. Our volleyball clinic focuses on fundamental technique, strategy, and drills.

Tennis

River City is central Illinois' top provider in tennis. Whether you are a novice or a pro, we have the staff and programming to fit your tennis needs.

River City Kids Club is also home to Fun-N-Fit Academy where we care for children from 6 months to 12 years old. Fun-N-Fit also offers preschool, before/after school care, and FUN

summer camp.

8603 N University Ave., Peoria IL 61615 www.clubsatrivercity.com

309-693-5700



Present this flier to receive 50% off your initiation fee.

Welcome to Peoria's leading fitness and health club!

Being a member at **River City Athletic Club** means more than physical fitness.

We strive to help you improve your quality of life, make new friends and enhance your overall and personal well-being.

We offer annual and summer memberships for the individual, couple, and family.

Learn more on our website or stop by for a tour.

<u>Sports</u>	<u>Weight Room</u>
Basketball Volleyball Racquetball Squash Badminton Pickleball Indoor 1/10 Mile Track	Cardio Equipment Free Weights and Weight Machines TRX Suspension Training
<u>Classes</u>	<u>Tennis</u>
Les Mills Group Fitness Classes with Nationally Certified Instructors Cycling Studio Virtual and Yoga Studio	2 Tennis Facilities 12 Indoor Tennis Courts Outdoor Clay Tennis Courts
<u>Aqua</u>	For the Kids
Indoor 25 Yard Lap Pool 4 Outdoor Pools Open for Summer Whirlpool, Sauna, and Steam Room in both Men's and Women's Locker Rooms	Open Gymnastics in Training Center Open Swim in Indoor Pool Onsite Babysitting Services Discounts on Youth Programs

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