

# Greenwich Public Schools Elementary Menu March 2020

**Why Pack Lunch?**

\$3.70 includes whole fresh hand fruit in season, unlimited fresh fruit & veggie cups, and choice of milk

**Look This Month!  
Crunchy Kale Chips**



Local Empire Apples Served All Month!  
**Blue Hills Orchard**  
Wallingford, Connecticut



**Meet the Farmer:** Eric Henry won Connecticut's Outstanding Young Farmer Award in 2009 and runs Blue Hills Orchard 300 acre farm.



Unlimited Fruits & Vegetables included with your Meal



**MONDAY**

**2**  
**Whole Grain Waffles**  
with All Natural Chicken Breakfast Sausage

**Chicken**  
**Filet Sandwich**  
with Lettuce and Sliced Tomatoes



**TUESDAY**

**3**  
**Fiesta Black Bean Bowl**  
with Steamed Brown Rice. Served with Your Favorite Toppings

**CONFETTI CORN SALSA**



**WEDNESDAY**

**4**  
**Pasta Bar** - Homemade Meat Sauce or Non-GMO Marinara Sauce. Served with Whole Grain Garlic Toast

**HARVEST BLEND ROASTED VEGETABLES**

ON THE MENU!  
Broccoli and Cheese Stuffed Baked Potato



**THURSDAY**

**5**  
**Home-Baked Macaroni and Cheddar Cheese**  
**CRISPY BAKED ZUCCHINI ROUNDS**

ON THE MENU!  
Veggie Quesadilla w/ Pinto Beans & Cheese



**FRIDAY**

**6**  
**Roasted Peppers & Onion Pizza**  
Non GMO - Tomato Sauce & Shredded Mozzarella Cheese

**Bean and Cheese Burrito**  
with Salsa & Sour Cream

**9**  
**Mediterranean Grilled Chicken Pita**

**Veggie Frittata**  
on Whole Grain Roll

**10**  
**Chicken Fajitas**  
with Roasted Peppers, Onions with Salsa and Sour Cream on the Side

**CRUNCHY KALE CHIPS**

**11**  
**Pasta Bar** - Homemade Meat Sauce or Non-GMO Marinara Sauce. Served with Whole Grain Garlic Toast

**BEANS AND BRAISED GREENS**

**12**  
**Hummel Brother's Frankfurter Uncured**  
All-Beef served with Oven Baked Steak Fries

**Sizzling Chicken**  
Vegetable Noodle Stir-Fry

**13**  
**Wild Mike's Ultimate Cheese Breadsticks**  
served with Marinara Dipping Sauce

**CHARRED ORANGE BROCCOLI**

**16**  
**Whole Grain Pancakes**  
with All Natural Chicken Breakfast Sausage  
**MAINE BAKED STUFFED POTATOES**

**17**  
**Street Tacos**  
Seasoned Taco Meat and Whole Grain Tortilla served with Your Favorite Toppings, Black Beans, Cheddar Cheese & Brown Rice  
**Falafal Nugget Wrap with Fresh Tzatziki Sauce**

**18**  
**Pasta Bar** - Homemade Meat Sauce or Non-GMO Marinara Sauce. Served with Whole Grain Garlic Toast  
**CORN AND EDAMAME SALAD**

**19**  
**100% Beef Hamburger**  
All-Beef served with Oven Baked Steak Fries  
**CRUNCHY KALE CHIPS**

**20**  
**French Bread Pizza**  
Non GMO - Tomato Sauce & Shredded Mozzarella Cheese  
**Veggie Quesadilla**  
with Pinto Beans and Brown Rice

**23**  
**Whole Grain French Toast**  
with All Natural Chicken Breakfast Sausage  
**Chicken Drumstick**  
Crispy Oven-Baked

**24**  
**Chicken Tinga Tacos**  
Served with your Favorite Toppings & Brown Rice  
**Home Baked Macaroni and Cheddar Cheese**

**25**  
**Pasta Bar** - Homemade Meat Sauce or Non-GMO Marinara Sauce. Served with Garlic Toast  
**Quinoa Vegetable Salad**

**26**  
**Chicken and Cheese Quesadilla**  
**MAINE BAKED STUFFED POTATOES**

**27**  
**Classic Cheese Pizza**  
Non GMO - Tomato Sauce & Shredded Mozzarella Cheese  
**CRUNCHY KALE CHIPS**