

Welcome to our Lunch Cafe at... K

LAFAYETTE PRE

March 2020

Monday	Tuesday	Wednesday	Thursday	Friday
2 Baked Chicken Tenders Sweet Corn Diced Pear Cup	3 Fluffy Whole Grain Pancakes ✓ Turkey Sausage Patty Sweet Potato Fries Organic Applesauce Maple Syrup	4 Classic Cheese Pizza ✓ Fresh Baby Carrots Cinnamon Applesauce	5 Chicken Fajita Mexican Style Rice With Black Beans Fresh Banana	6 Grilled Cheese Sandwich ✓ Sliced Peaches Caesar Salad
9 Crispy Chicken Drumstick Dinner Roll Sweet Corn Diced Pear Cup	10 Belgium Waffle Bites Turkey Sausage Patty Sweet Potato Fries Organic Applesauce Maple Syrup	11 Classic Cheese Pizza ✓ Caesar Salad ✓ Cinnamon Applesauce	12 Homemade Mac & Cheese ✓ Fresh Baby Carrots Fresh Banana	13 Cheeseburger Cucumber Coins Fresh Orange
16 Baked Chicken Tenders Sweet Corn Diced Pear Cup	17 Fluffy Whole Grain Pancakes ✓ Turkey Sausage Patty Sweet Potato Fries Organic Applesauce Maple Syrup	18 Classic Cheese Pizza ✓ Fresh Baby Carrots Pineapple	19 Grilled Cheese Sandwich ✓ Garden Salad Fresh Banana	20 Crispy Chicken Sandwich Cucumber Coins Fresh Orange
23 Baked Chicken Tenders Sweet Corn Diced Pear Cup	24 Belgium Waffle Bites Turkey Sausage Patty Sweet Potato Fries Organic Applesauce Maple Syrup	25 Classic Cheese Pizza ✓ Fresh Baby Carrots Fresh Strawberries	26 Nachos Grande Fiesta Corn Fresh Banana	27 Cheeseburger Potato Puffs Fresh Orange
30 Crispy Chicken Drumstick Dinner Roll Sweet Corn Diced Pear Cup	31 Egg and Cheese Sandwich ✓ Sweet Potato Fries Diced Peach Cup			



Our marketing and communications programs encourage a healthy "Fooditude," that is, a healthy attitude about food. Through innovative menus and promotions, we strive to create a healthy fooditude that leaves students inspired to achieve all levels of success.



HARVEST of the MONTH

Whitsons proudly supports clean, sustainable agriculture! We also focus on using ingredients that are locally sourced, all-natural, organic and non-GMO whenever possible.



LUNCH \$2.85
REDUCED .40
ALL LUNCHES INCLUDE
PROTEIN, GRAIN, FRESH
FRUIT, VEGETABLE &
CHOICE OF
MILK: 1% WHITE OR FAT
FREE CHOCOLATE
Please make choice



Vegetarian



Made With Natural Ingredients



Pork



Made With Organic Ingredients
an equal opportunity provider.



*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain conditions. Menu is subject to change, notice posted.