



# SMITH KNIGHTS TRACK & FIELD 2020



**Boys Coaches:**

Patrick Dawood: [pdawood@troy.k12.mi.us](mailto:pdawood@troy.k12.mi.us)  
 Duane Losey: [mailto:dlosey@troy.k12.mi.us](mailto:mailto:dlosey@troy.k12.mi.us)

**Girls Coaches:**

April Reem: [AReem@troy.k12.mi.us](mailto:AReem@troy.k12.mi.us)  
 Jimmy Henry: [jimmy.henry6@icloud.com](mailto:jimmy.henry6@icloud.com)

Welcome to the Smith Knights Track and Field Teams! We are excited for another season of ‘fun in the sun’ as we compete to be our best! Track is a very unique sport in that there are 16 different events (13 running and 3 field) allowing for many opportunities to participate and excel. Student/athletes are challenged each meet to set personal bests, not win their event/race ~ “Always Your Best!”

Please note that all 7<sup>th</sup> and 8<sup>th</sup> graders are welcome and that it is ‘ok’ to participate in another sport during the track season and still be a part of our teams. In the past we’ve had many student/athletes playing soccer, lax, baseball, etc. and still participate in track! Give us a call or email if you have questions regarding scheduling.

Please see the Smith Website (<https://smith.troy.k12.mi.us/athletics/spring-sports/track> ) as well as below for more information.

**ALL PRACTICES 3-4:15**				
Monday	Tuesday	Wednesday	Thursday	Friday
	<b>APRIL 14</b> Practice <i>Turn in physicals/p2p</i>	15 Practice <i>Turn in physicals/p2p</i>	16 Practice <i>Turn in physicals/p2p</i>	17 Specials Practice <i>Turn in physicals/p2p</i>
20 Practice	21 Practice	22 Practice	23 <b>NO PRACTICE</b>	24 Specials Practice
27 (Mock Meet) Practice	<b>28 MEET (A) 4:00 @ WEST</b>	29 Practice	<b>30 MEET (H) 4:00 vs V.HOUSEN</b>	<b>MAY 1</b> Specials Practice
4 Practice	<b>5 MEET (H) 4:00 vs REUTHER</b>	6 Practice	7 Practice	8 Specials practice
11 Practice	<b>12 MEET (A) 4:00 @ HART</b>	13 <i>Practice</i>	<b>14 MEET (H) 3:45 LARSON</b>	15 Specials Practice
18 Practice	<b>19 MEET(A) 3:45 @ BAKER</b>	20 Practice	<b>21 MEET (H) 3:45 BOULAN</b>	22 Specials Practice
25 <b>NO PRACTICE</b>	<b>26 CITY MEET 3:00 @ TROY HIGH SCHOOL EARLY RELEASE</b>	<b>27 PIZZA PARTY UNIFORM TURN IN</b>	<b>28 OAKLAND COUNTY MEET 1:00 @ CLARKSTON EARLY RELEASE *QUAILFYING TIMES</b>	29
<p><b>Transportation;</b> Busing will be available to bring athletes home (Smith) from West &amp; Hart only.  <u>Athletes will need to be picked up from all other home/away meet locations. <i>Plan to pick up your athlete NO LATER than 6:30 on meet days.</i></u></p>				



## **SMITH KNIGHTS TRACK & FIELD**

**2020**



**Attendance:** We want and encourage all 7<sup>th</sup> and 8<sup>th</sup> grade boys and girls to participate in Smith Knight Track & Field. You are welcome to be on the track team even if you have another after school activity that may conflict on some days with our practice schedule. All participants are expected to be at practice on a regular basis unless otherwise arranged with the athlete's coach(es).

**Discipline:** All participants are expected to follow the Smith motto of "Safety, Respect, and Responsibility." Be on time, give your best effort, and have the best interest of the 'team' in mind. Participants who fail to follow these guidelines and the Troy Athletic Code of Conduct may be excluded from competing in a meet and/or asked to leave the team.

**Eligibility:** All participants must maintain eligibility based on grades and behavior in order to compete in Track & Field. Please see Smith Handbook for eligibility requirements.

**Dress Code:** Please be prepared for all types of weather. Practice attire must be appropriate for running and according to the school dress code. Running-specific shoes are strongly recommended. Track spikes are not necessary. If spikes are purchased they should not be longer than 1/8".

**Equipment:** Student/athletes will be issued a Smith Knight Uniform Track Top to use on meet days for the season. We are asking that they have black shorts to wear on meet days (please NO stripes as this can disqualify relay teams). A locker and a lock are available if the student/athlete needs one. The top and lock (if received) will be turned in on 'Pizza Party' day.

### **Participation Requirements**

All Athletes must complete and return the forms/payment below to be eligible to participate. Athletes will be unable to compete without these items on file with the office/coach.

### **Paperwork: Checklist**

1. Medical Physical Examination Card from doctor/clinic.  
(Needed before conditioning can take place.  
If you played another sport this year you are all set) \_\_\_\_\_
2. TSD Pay to Participate Form/Transportation Agreement/Letter of Understanding (Due before 1<sup>st</sup> meet) \_\_\_\_\_



## Athletic Participation Fee, Transportation Agreement and Letter of Understanding



One form needed for each Student Athlete - PLEASE PRINT

Student:	Age:	Date of Birth:	Grade:
Parent/Guardian Name:			
Address:		City:	Zip:
Phone:	Other Phone Contact:		
Sport:	Student ID #:	Previous Sport:	

I have reviewed this form and understand that the fee paid does not guarantee participation time, control over any conditions of the team, club or Athletic Department. I also understand that paying the fee does not in any way alter Troy School District policies, codes of conduct, building rules, the selection process or individual team rules and regulations.

Troy School District will not provide **weekend** transportation for high school sports and **drop-off only** for contests.\* Middle School contests will be **drop-off only** for all events.\* Students are to be picked up no later than fifteen (15) minutes after the completion of event and/or practice.

I acknowledge that it is my responsibility as the parent/guardian to arrange return transportation for my student athlete.

\*Some exceptions may apply for specific sports.

**Please check one of the following:**

PLEASE NOTE: Athletic Participation Fee is paid through the **athletics link** on *Payschools* \*

- High School Student Athlete - \$175.00/per sport (for 1<sup>st</sup> & 2<sup>nd</sup> sport) \$350.00 maximum per student
- Middle School Student Athlete - \$75.00/per sport (for 1<sup>st</sup> & 2<sup>nd</sup> sport) \$150.00 maximum per student
- \$600.00 maximum one-time annual fee per household has been met.

*Please list all other students in household (Grades 6-12) who are participating in sports:*

\_\_\_\_\_

- Request for Waiver - Applicant must be **approved** for the "Free and/or Reduced Lunch Program" through the Troy School District.

**A student will NOT BE allowed to participate, or issued a uniform, unless all signatures are affixed and the athletic fee has been paid.**

**Student Athlete Signature:** \_\_\_\_\_

**School which Student Athlete Attends:** \_\_\_\_\_

**Parent Signature:** \_\_\_\_\_

\*All payments must be made through *Payschools*, available through the TSD website (www.troy.k12.mi.us). If unable to make payment through *Payschools*, please contact the TSD Athletic Office at 248-823-5154 to make arrangements to drop off payment.