



# MARCH 2020

## WVS & DMS

Student Price-\$2.90  
Reduced Price-\$0.40  
Adult Price-\$4.25

This institution is an equal opportunity provider

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Twisted Mozzarella Breadstick</b> Marinara Sauce Broccoli Fruit Cocktail	<b>WG Nacho Chips</b> Seasoned Beef Cheddar Cheese Sauce Brown Rice Refried Beans Orange Wedges	<b>WG Rotini Pasta</b> Meatballs Marinara or Cheese Sauce Green Beans Apples	<b>Popcorn Chicken</b> Mashed Potatoes Corn Gravy Fresh Grapes	<b>Assorted Homemade Pizza</b> Crisp Romaine Salad Carrot Dippers Homemade Ranch Dip Blueberries w/Whipped Topping
<b>Cheese Bites</b> Chicken Noodle Soup Marinara Sauce <i>Garlic Broccoli</i> Fresh Melon Cups	<b>Hamburger or Cheeseburger</b> Whole Wheat Bun Ranch Potato Wedges Baked Beans Clementines	<b>WG Rotini Pasta</b> Meatballs Marinara or Cheese Sauce Green Beans Fresh Pineapple Cups	<b>French Toast Sticks</b> Tiny Triangle Patties Chicken Sausage or Chicken Bacon Egg Patty 100% Juice	<b>Assorted Homemade Pizza</b> Crisp Romaine Salad Carrot Dippers Homemade Ranch Dip Strawberries w/Whipped Topping
<i>Meatless Monday</i> Mozzarella Sticks Marinara Sauce Mixed Green Salad Broccoli 100% Juice	<b>Cherry Blossom Chicken</b> <i>Vegetable Fried Rice</i> <i>Chinese Style Vegetables</i> Fruit Cocktail	<b>Homemade Macaroni &amp; Cheese</b> Roasted Cauliflower Mixed Berry Crisp	<b>Chicken Tenders</b> Tater Tots WW Dinner Roll Banana Split Cups	<b>Assorted Homemade Pizza</b> Crisp Romaine Salad Carrot Dippers Homemade Ranch Dip Blueberries w/Whipped Topping
<b>Toasted Cheese Sandwich</b> Broccoli Cheddar Soup Garlic Broccoli Flavored Applesauce	<b>Hot Dogs on WW Bun</b> Smily Fries Baked Beans Fresh Pineapple Cups	<b>WG Penne Pasta</b> Meatballs Marinara or Alfredo Sauce California Blend Vegetables Diced Pears	<b>Breaded or Glazed Chicken</b> Drumstick Oven Fries <i>Creamy Coleslaw</i> <i>Homemade Cornbread</i> Sidekicks 100% Juice Cup	<b>Assorted Homemade Pizza</b> Crisp Romaine Salad Carrot Dippers Homemade Ranch Dip Strawberries w/Whipped Topping
<b>Twisted Mozzarella Breadstick</b> Marinara Sauce Broccoli Fruit Cocktail	<b>WG Nacho Chips</b> Seasoned Beef Cheddar Cheese Sauce Brown Rice Refried Beans Orange Wedges	<b>It's National Nutrition Month!</b> <ul style="list-style-type: none"> <li>• 3/2-3/6 is National School Breakfast Week. <b>COME SEE US!</b></li> <li>• New breakfast items featured each day with daily prize</li> <li>• 3/11 is Registered Dietitian-Nutritionist Day</li> <li>• <i>All items in italics are new menu items. Let us know what you think!</i></li> </ul>		

- All meals include a minimum of 2 oz protein, 2 oz whole grains, 1 cup fruit, 1 cup vegetable, and 8 fl oz fat-free flavored milk or 1% unflavored milk
- Free & Reduced meal applications can be submitted at any time during the school year
- Please make checks payable to Stonington Public Schools Food Service or SPS Food Service
- Menu subject to change as needed.
- WG=Whole Grain, WW=Whole Wheat

