

Monday	Tuesday	Wednesday	Thursday	Friday
Twisted Mozzarella Breadsticks Marinara Sauce <i>Garlic Broccoli</i> Fresh Pineapple Cups 100% Juice 2	WG Nacho Chips 3 Taco Beef or Fajita Chicken Brown Rice Refried Beans <i>Mexicali Corn</i> Orange Wedges	WG Rotini Pasta 4 Meatballs Marinara or Alfredo Sauce Garlic & Herb Knot Green Beans Applesauce	Popcorn Chicken 5 <i>Garlic Mashed Potatoes</i> Roasted Carrots Gravy Dinner Roll Banana Split Boats	6 Assorted Homemade Pizza Crisp Romaine Salad Frozen Blueberries with Whipped Topping
Italian Combo 9 Marinara Sauce Mixed Green Salad Seasoned Broccoli Fruit Cocktail	WG Tortilla 10 Taco Beef or Fajita Chicken Shredded Cheddar Cheese Brown Rice Refried Beans Fresh Pineapple Cups	Chicken or Eggplant 11 Parmesan WG Pasta w/Red Sauce <i>Caesar Salad</i> Mixed Berry Crisp	French Toast Sticks 12 Tri-Taters <i>Cinnamon Carrots</i> Chicken Sausage or Bacon Egg Patty 100% Juice	French Bread Pizza 13 Vegetable Dippers Homemade Ranch Dip Frozen Strawberries With Whipped Topping
Waffle Cut Fries 16 <i>Vegetarian Chili</i> Cheddar Cheese Green Beans <i>Homemade Cornbread</i> Fruit Cocktail	WG Nacho Chips 17 Taco Beef or Fajita Chicken Brown Rice Refried Beans Mexicali Corn Orange Wedges	WG Rotini Pasta 18 Meatballs Marinara or Cheese Sauce Garlic & Herb Knot Garlic Broccoli Applesauce	Cherry Blossom Chicken 19 Vegetable Fried Rice <i>Chinese Style Vegetables</i> Fresh Pineapple Cups	20 Assorted Homemade Pizza Crisp Romaine Salad Frozen Blueberries with Whipped Topping
23 Toasted Cheese Sandwich Chicken Noodle Soup Green Beans Sliced Peaches	WG Tortilla 24 Taco Beef or Fajita Chicken Shredded Cheddar Cheese Brown Rice Refried Beans Melon Cups	WG Elbow Macaroni 25 Meatballs Marinara or Alfredo Sauce Garlic & Herb Knot Garlic Broccoli Apples	Chicken & Waffles 26 Tater Tots <i>Roasted Butternut Squash</i> With Cinnamon Clementines	French Bread Pizza 27 Vegetable Dippers Homemade Ranch Dip Frozen Strawberries With Whipped Topping
Twisted Mozzarella Breadsticks 30 Marinara Sauce <i>Garlic Broccoli</i> Fresh Pineapple Cups 100% Juice	WG Nacho Chips 31 Taco Beef or Fajita Chicken Brown Rice Refried Beans Mexicali Corn Orange Wedges	It's National Nutrition Month! <ul style="list-style-type: none"> • 3/2-3/6 is National School Breakfast Week. COME SEE US! • New breakfast items featured each day AND raffle prizes • 3/11 is Registered Dietitian-Nutritionist Day • <i>All items in italics are new menu items. Let us know what you think!</i> 		

- All meals include 2 oz protein, 2 oz whole grains, 1 Cup fruit, 1 Cup vegetable, and 8 fl oz fat-free flavored milk or 1% unflavored milk
- Please make checks payable to Stonington Public Schools Food Services or SPS Food Services
- Menu subject to change as needed without notice.
- Applications for free and reduced meals can be submitted at any time during the school year!
- WG=Whole Grain, WW=Whole Wheat