



Middle/Upper School Lunch Menu

March 2020

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Chicken Finger Wrap	2	Taco's	3	Beef Brisket Biscuit	4	California Salad	5	Breakfast Bowl	6
Look for Catch of the Day Rigatoni Bolognese Veggie Wrap Tater Tots Assorted Desserts		Look for Catch of the Day Stuffed Shells Veggie Taco's Spanish Rice Assorted Desserts		Look for Catch of the Day Citrus Glazed BBQ Chicken Citrus Glazed BBQ Tofu Mac & Cheese Assorted Desserts		Look for Catch of the Day Cheeseburger Impossible Burger Spicy Potato Wedges Assorted Desserts		Look for Catch of the Day Chicken Fingers Veggie Quiche Baked Fries Assorted Desserts	
Cheesesteak	9	Roast Pork	10	Noodle Bowl	11	Blackjack Chicken	12		
Look for Catch of the Day Popcorn Chicken Veggie Steak Sandwich Curly Fries Assorted Desserts		Look for Catch of the Day Chicken Pesto Pasta Quinoa Primavera Mashed Potatoes Assorted Desserts		Look for Catch of the Day Sausage Peppers & Onions Tofu Noodle Bowl Baked Fries Assorted Desserts		Look for Catch of the Day Creamy Beef Pasta Garden Blackjack Burger Tater Tots Assorted Desserts			
Nachos	16	Blackjack Burgers	17	Italian Chicken Sandwich	18	Pizza	19		
Look for Catch of the Day General Tso's Chicken Veggie Nachos Steamed Brown Rice Assorted Desserts		Look for Catch of the Day Shepherds Pie Impossible Burger Tater Tots Assorted Desserts		Look for Catch of the Day Tortellini Red/White Greens & Beans Baked Fries Assorted Desserts		Look for Catch of the Day Boneless Wing Bar Veggie Pizza Chefs Choice Assorted Desserts			

Spring Break

Chicken Strip Salad	30	Caribbean Street Taco's	31		Contact FORDScatering Office/Home/Parties Call Maria Faracchio x1373 mfaracchio@haverford.org	Contact THE FORDS STORE For your uniforms, apparel, spirit, & performance wear! Call, ext. 1242 alamaj@haverford.org
Look For Catch of the Day Meatball Subs Garden Burger Baked Fries Assorted Desserts		Broiled Cod w/ Mango Salsa Pineapple Glazed Jerked Chicken Grilled Jerk Tofu Caribbean Confetti Rice Assorted Grilled Vegetables				

Remember: We strive to be 100% Peanut/Nut Free when packing lunches from home.