Front Office

**Arrival Time:** Students are not allowed to enter the building before 7:30. If a student is dropped off before 7:30 they should remain outside until the school building is open.

**Hora de llegada:** los estudiantes no pueden entrar al edificio antes de las 7:30. Si se deja a un estudiante antes de las 7:30, debe permanecer afuera hasta que el edificio escolar esté abierto.

**Grading Periods:** The A4 grading period ends on Friday, February 14. Please ensure your student is completing and submitting all their assignments. Report Cards will go out on Friday, February 21st. The A5 grading period begins on Tuesday, February, 18th.

**Período de calificación A4:** El período de calificaciones A4 finaliza el viernes 14 de febrero. Asegúrese de que su estudiante complete y envíe todas sus tareas. Las boletas de calificaciones saldrán el viernes 21 de febrero. El período de calificación A5 comienza el martes 18 de febrero.

![Varsity Soccer Senior Night](image1.png)

**Athletics**

Middle School Track had their first meet!

From the Principal

At YES Prep Public Schools, we partner with families to ensure that students do not engage in behaviors that risk the safety of themselves or others. We want to make you aware of a prank challenge on social media that involves three people jumping in a row at different times while trying to trip the middle person. We believe all students have the right to feel safe at school. Any student who harms another, even as part of a prank, receives immediate consequences. If you are aware of any behavior that jeopardizes the safety of a student, please contact your Principal or Dean of Students.

En las Escuelas Públicas YES Prep, nos asociamos con las familias para garantizar que los estudiantes no participen en comportamientos que pongan en riesgo la seguridad de ellos mismos o de otros. Queremos informarle sobre un desafío de broma en las redes sociales que involucra a tres personas saltando en una fila en diferentes momentos mientras intentan hacer tropezar a la persona intermedia. Creemos que todos los estudiantes tienen derecho a sentirse seguros en la escuela. Cualquier estudiante que dañe a otro, incluso como parte de una broma, recibe consecuencias inmediatas. Si conoce algún comportamiento que ponga en peligro la seguridad de un estudiante, comuníquese con su director o decano de estudiantes.

**Academics**

**Common Assessments:** The second round of common assessments will be the week of February 24-27. Please ensure your student is completing all of their work, attending any assigned tutorials, and/or asking for any help when they need it.

**Evaluaciones comunes:** La segunda ronda de evaluaciones comunes será la semana del 24 al 27 de febrero. Asegúrese de que su estudiante complete todo su trabajo, asista a los tutoriales asignados y / o solicite ayuda cuando la necesite.
Before the Test Tips

1. Get a good night’s sleep and eat a high protein breakfast. Drink plenty of water.

2. Practice guided imagery, visualizations of succeeding on the test, mentally “going where the information is stored in your brain”, or breathing techniques.

3. Don’t study right before the test. Concentrate on being calm and mentally accessing the information you have already studied.

4. Get to the test a little early.

5. Don’t engage in negative talk with other students before the test, such as “I’m so nervous – I don’t know if I studied enough.”

6. Eliminate negative thoughts or self-talk by replacing them with a positive affirmation, like “I am prepared for the test and I will do well” or “I am smart – I can do this.”

7. Ask your professor if you can use a blank piece of paper during the test (be sure to ask or it may look like you are cheating). Use the paper for “brain dumping” or “mind mapping” during the exam.

8. Make a decision to ignore students who finish the test before you. Research shows that students who leave early usually don’t score as well as those who take more time.

Complete this activity and submit to the Family Notes Raffle Box for a chance to win 50 props!

Guess Who?

A Rice Owl who loves math & data!

Write your guess here:

______________________________________________________________

Your Name: ____________________________________________

Parent’s Name: _______________________________________

Parent’s Signature: ________________________________

Date: ________________________________