

SHS Hot Lunch Menu by DElectable BBQ & Catering

March 2020


Daily Lunch Options

Baked Potato Bar w/entree sides \$5.15

8" Turkey & Cheese Sub Sandwich or Ham & Cheese Sub Sandwich with Chips \$6.00 Ham or Turkey Croissant Sandwich with Chips \$6.00

BBQ Chicken. Chicken Caesar Salad Wrap. Southwest Chicken Wrap or Tofu Wrap with Chips \$6.00

Caesar Salad-\$5.15 Chicken Caesar Salad-\$6.00 House Salad -\$5.15 Cobb Salad-\$6.00 Chicken Southwest Salad \$6.00, Add Avocado - \$0.50

2	3	4	5	6
Scratch Made Mac & Cheese Fresh Fruit Cookie	Chicken or Tofu Teriyaki Brown Rice Veggies Cookie	Nonna's Homemade Meatball Sub Fresh Veggies Brownie	Hot Cakes Sausage Links Fresh Strawberries	Fresh-Made Pizza Cheese or Pepperoni Oranges Cookie
9 Grilled Ham and Cheese Sandwich Fresh Fruit Corn Cookie	10 Pulled Pork Sandwich Baked Beans Applesauce Cookie	11 Penne Pasta with Nonna's Homemade Meat Sauce or Butter Noodles Fresh Veggies Brownie	12 Cheeseburger, Hamburger or Veggie Burger Tater Tots Mini Yogurt Parfait	13 NO SCHOOL
16 NO SCHOOL	17 Shepherd's Pie Irish Apple Cake Muffins 	18 Nonna's Homemade Meatball Sub Fresh Veggies Brownie	19 Hot Cakes Sausage Links Fresh Strawberries	20 Fresh-Made Pizza Cheese or Pepperoni Oranges Cookie
23 Homemade Beef or Veggie Chili Cornbread Fruit	24 Chicken or Cheese Quesadilla Black Beans Chips & Salsa Churro	25 Penne Pasta with Nonna's Homemade Meat Sauce or Butter Noodles Fresh Veggies Brownie	26 Cheeseburger, Hamburger or Veggie Burger Fries Mini Yogurt Parfait	27 Chicken or Veggie Yakisoba Fresh Fruit Cookie
30 Homemade Chicken Noodle Soup Dinner Roll Applesauce Rice Krispy Treat	31 Chicken Burrito Bowl Black Beans Cilantro Lime Rice Churro	1 Nonna's Homemade Meatball Sub Fresh Veggies Brownie	2 Hot Cakes Sausage Links Fresh Strawberries	3 Fresh-Made Pizza Cheese or Pepperoni Oranges Cookie

Menu items contain gluten dairy, soy & eggs. Gluten free, dairy free, soy free & egg free hot lunch options are available upon request.