

MCA Weekly Specials

March 2nd-6th, 2020



Specialty Pizza:

Eat Fit Bagel Pizza OR Cheese & Pepperoni Pizza **2.50**

Eat Fit NOLA



**Monday: Red Beans & Brown Rice w/ Smoked Sausage
w/ Broccoli Parmesan & WW Roll** **5.50**

**Tuesday: Grilled Chicken Tenders (Mojito Lime)(2) w/ Turnip Greens
& WW Roll**

Wednesday: Roast Beef Poboy w/ French Fries *NOT EAT FIT*****

**Thursday: 6oz. Pesto Chicken Breast w/ Vegetable Medley & WW
Roll**

Friday: Cajun Baked Fish w/ Zucchini & Yellow Squash & WW Roll

CLASSICS:

Monday: Chicken Cordon Blue w/ Scalloped Potatoes & Roll **5.50**

**Tuesday: Fried Chicken Tenders (2) w/ Macaroni & Cheese
& Fresh Roll**

Wednesday: Roast Beef Poboy w/ French Fries

Thursday : Chicken Enchilada Casserole w/ Buttered Corn & Roll

Friday: Fried Fish w/ Zucchini & Yellow Squash & Roll

Soup / Specialty Bar of the Day:

Monday: Italian Artichoke Soup / Baked Potato Bar **2.75 /**

Tuesday: Mock Turtle Soup / Baked Potato Bar **3.25**

Wednesday: Butternut Squash Soup \$3.50 / Baked Potato Bar

Thursday: Mushroom & Brie Soup \$3.50 / BBQ Chicken Chips Bar

**Friday:  Shrimp & Okra Gumbo \$3.50 w/ Brown Rice / Baked
Potato Bar**

