

*The*  
POST OAK  
SCHOOL

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BISSONNET CAMPUS &  
MUSEUM DISTRICT CAMPUS



SUMMER 2020

## CONTENTS

Young Children’s Community (YCC). . . . .	3
Primary . . . . .	3
Elementary Transition . . . . .	4
Elementary . . . . .	4
Middle School . . . . .	13
High School. . . . .	15
Pricing . . . . .	17
Registration. . . . .	17
NEW Summer Registration Policy. . . . .	17

# SUMMERTIME AT POST OAK

Summer at The Post Oak School is a time of wonder and exploration. Montessori principles continue to guide our work in prepared environments with a distinctive flavor of summer. Students enjoy fun activities such as splash days, outdoor play, gardening, arts and crafts, cooking, and transition classes. On July 2, they will proudly participate in our grand Independence Day parade. We hope you will join us for fun in the summer at Post Oak!

Summer programs are available for current Post Oak students who have re-enrolled for the upcoming school year.

## YOUNG CHILDREN'S COMMUNITY (YCC)

Our summer YCC class will take place in a familiar, caring environment led by a Montessori-trained teacher. The routine of the day will be comfortable, encouraging growth and independence, with activities that may include gardening, water play, and outdoor fun.

The full-day class will be offered for eight weeks. The half-day class will be offered for four weeks, from June 2 through 26. Current full-day Post Oak students have priority for the full-day class. Current half-day YCC students will be enrolled on a first-come, first-served basis as space becomes available.



## PRIMARY

Summertime in the Primary Community is a blast! Friday splash days, outdoor activities, crafts, games, music, and more are combined with the familiar work of the Primary environment. Along with one regular Primary class, we will also offer one Primary Spanish immersion class. Both Primary classes will be led by Montessori-trained teachers. Full-day children should enroll for full days in summer. Extended care during the summer session is for children already enrolled in the extended-day program at the end of May.

## ELEMENTARY TRANSITION

This class for students transitioning from Primary to Lower Elementary in the fall of 2020 will be offered for all eight weeks of summer. It is set up in a Lower Elementary classroom and is taught by our Elementary faculty. This class provides an opportunity to strengthen skills, orient students to the new environment, and prepare them for entry into the Lower Elementary classroom in the fall. It is strongly recommended that transitioning students attend for at least three weeks. The day's schedule is from 8:15 a.m. to 3:15 p.m.

## ELEMENTARY

Elementary students entering grades 2 through 6 next fall will enjoy a wide variety of entertaining and instructional summer camp activities. Most classes will be led by Post Oak teachers. Plan ahead to ensure a space for your child.

A schedule of weekly activities at the Elementary level is listed below.

### Week 1: June 1-5

#### **Coder Kids**

*Coder Kids staff*

Come participate in the Coder Kids program where kids pick up fundamental coding skills and have a ton of fun while they're at it! We utilize many different activities at two different levels, which all teach basic coding logic and skills. Each week ends with a showcase where you get to see all of the progress that your children have made during the week. Come join us!

#### **Scratch Coding: Outer Space**

Make games, animations, and get creative! Scratch is a block-based programming language developed by MIT, and it is the perfect place for new or early coders to start. Master the fundamentals on an easy-to-learn

platform: variables, conditionals, sequence, logic, and more! If you can imagine it, you can code it!

#### **Scratch Jr**

Use Scratch Jr to create projects using code and learn the basic principles of computer programming. Snap coding blocks together to create a portfolio of coding projects in preparation for Scratch. Projects will be a combination of animations, stories, and simple games.

#### **Hoops and Circus**

*Mad About Hoops Staff*

Juggling, tight rope walking, balloon twisting, plate spinning, face painting, and more! This class is great for both boys and girls. Age appropriate stretching, circus crafts, and circus arts are in every class. Students will explore

circus skills that improve their balance, hand-eye coordination, and confidence in a fun and safe environment. Students will also learn hula hoop skills that will not only impress but build stamina and help students develop a healthy relationship with fitness. After a week in our camp, you will think your student joined the circus!

### **Songwriting**

*Sydni Doughtie*

Let's spend the week by creating parodies of popular songs. By the end of the week, each student will have a song of their own.

### **Tennis Skills**

*Coach Gary Sweetnam*

Coach Sweetnam will introduce the game of tennis using low compression balls and modified nets. They will learn

and practice fundamental tennis skills and engage in fun games.

### **Yoga and Mindfulness**

*Farrah Farley*

Students will learn yoga and meditation through reviewing foundations of yoga poses, breath work, and self-regulation. Each lesson will have its own "adventure," incorporating repeated breathing practices, imagination, games, bilingual music, and a short discussion of the lesson of the day, be it kindness, love, mindfulness, or patience.

## **Week 2: June 8-12**

### **Basic Kitchen Cooking Skills**

*Lindsay Mistretta*

This course is for students interested in learning and practicing a variety of





cooking skills to gain confidence in the kitchen. They will learn basic knife skills, as well as how to use various kitchen utensils and appliances, a stovetop, and an oven as they create tasty treats every day.

### **Book Making**

*Errol Pinto*

This class introduces students to ingenious ways to craft hand-made books using commonly available materials in various shapes and sizes, which can be used to publish treasured creative writing and art. All materials will be provided.

### **Co-ed Volleyball Camp**

*Shani Vanterpool*

This co-ed camp will focus on developing knowledge of the game through both individual work and team drills. Students will learn the

fundamentals, develop and improve skills as they participate in fun drills and game play. Everyone will leave with a positive outlook and gain confidence in their potential and abilities as a volleyball player.

### **Origami**

*Errol Pinto*

Origami is an ancient Japanese paper craft that provides endless moments of fun, focus, fine motor coordination, calm, and concentration through creating three dimensional geometric objects. Warning! This activity can be addictive!

### **Poetry**

*Maya Pinto*

Students will develop knowledge and skills to create original poetry imbued with emotion, imagery, cadence, and the effective but thrifty use of



vocabulary. Inspiration will be drawn from interacting with timeless works of famous poets.

### **Stamp Collecting**

*Maya Pinto*

Students will discover geography, history, biology, and human culture through the passion of philately. This hobby is an absorbing activity that takes you on a virtual journey around the world. All materials will be provided.

### **Yoga and Mindfulness**

*Farrah Farley*

Students will learn yoga and meditation through reviewing foundations of yoga poses, breath work, and self-regulation. Each lesson will have its own “adventure,” incorporating repeated breathing practices, imagination, games, bilingual music, and a short discussion of the lesson of the day, be it kindness, love, mindfulness, or patience.

## **Week 3: June 15–19**

### **Fencing**

*Houston Sword Sports*

Students will be introduced to fundamental fencing skills through games and other activities. They will learn the history of the sport, how to move, attack and defend, and have a chance to test their skills with other beginners. Equipment will be provided.

### **Hoops and Yoga**

*Mad About Hoops Staff*

This isn't your mom's yoga class! In this class, students will learn the fundamentals of yoga through a variety of age appropriate lessons and activities for both boys and girls. In addition to learning new poses each day, we will explore concepts such as breath control, gratitude, stress management, and meditation with games, crafts, and other exercises that keep students both excited and engaged. After yoga, we work on improving stamina and building confidence during our hoop fitness inspired lessons and games. You will be so impressed with what your students can do after a week in our camp. Our class helps students cultivate strong bodies and strong minds!

### **Minecraft Master Engineering using LEGO**

*Play-Well TEKologies staff*

Bring Minecraft to life using LEGO® parts! Build a motorized walking Creeper, a terrifying Ghast, and a motorized Minecart! This project-based camp combines the basic format of our core engineering-themed programs based on the world of Minecraft. Students will explore real-world concepts in physics, engineering, and architecture while building their favorite Minecraft objects. Students will have a blast, even without any prior experience with Minecraft or LEGO® materials.

## **More Basic Cooking Skills Class**

*Lindsay Mistretta*

Students will continue learning and practicing a variety of cooking skills to gain confidence and independence in the kitchen. They will learn basic knife skills, as well as how to use various kitchen utensils and appliances, a stovetop, and an oven as they create tasty treats every day.

## **Week 4: June 22-26**

### **Art Appreciation**

*Orly Kluk*

Learn about the life and work of a different artist each day. Students will have the opportunity to create their own piece of art inspired by the artist of the day.

### **Coder Kids**

*Coder Kids Staff*

Come participate in the Coder Kids program where kids pick up fundamental coding skills and have a ton of fun while they're at it! We utilize many different activities at two different levels, which all teach basic coding logic and skills. Each week ends with a showcase where you get to see all of the progress that your children have made during the week. Come join us!

### **Scratch Coding: Castles & Dragons**

Make games, animations, and get creative! Scratch is a block-based programming language developed by

MIT, and it is the perfect place for new or early coders to start. Master the fundamentals on an easy-to-learn platform: variables, conditionals, sequence, logic, and more! If you can imagine it, you can code it!

### **Coding Logic Builder**

Develop a strong foundation in logic and computational thinking, the core of all learning and coding! Use the best in logic games and apps like Robot Turtles, CodeSpark, Lightbot, CodeKarts, and Code.org to practice overcoming logic challenges and prepare for more advanced topics!

### **Eco Explorers**

*Zoe Nuhfer*

This class will explore fundamental ecological concepts, as well as aspects of different plant and animal life, through a combination of hands-on activities, games, and crafts. Projects may include field journals, collages, a Great Migration challenge, a Macroinvertebrate Mania game, and much more.

### **Sewing Workshop**

*Orly Kluk*

Students will engage in simple sewing projects based on their skill level. Hand stitching, embroidery, and machine sewing will all be included. No previous sewing experience is necessary.



## **UE Co-ed Sports Camp**

*Coach Arte Collins*

Upper Elementary boys and girls are welcome to attend this sports camp. Each day, participants will play and focus on different sports such as football, basketball, baseball, kickball, and track. They will learn proper stretching techniques and the fundamentals of the sport, all while having fun! Students will participate in drills, games, and learn aspects of playing different positions. Each day will conclude with a review of the sport and techniques students can practice on their own.

## **Yoga and Mindfulness**

*Farrah Farley*

Students will learn yoga and meditation through reviewing foundations of yoga poses, breath work, and self-regulation. Each lesson will have its own “adventure,” incorporating repeated breathing practices, imagination, games, bilingual music, and a short discussion of the lesson of the day, be it kindness, love, mindfulness, or patience.

## **Week 5: June 29–July 2**

### **Mystery Week at Post Oak**

*Sydni Doughtie and Desiree Goins*

We will spend our days playing on the playground, having some fun, when suddenly—GASP! Who stole all the playground balls? We have a mystery on

our hands! All week we will be doing word scrambles, scavenger hunts, and other activities to collect clues and solve the mystery. We will also be learning cool tricks like how to create your own invisible ink at home. This is a week full of riddles and puzzles around Post Oak!

## **Upper Elementary Basketball Camp**

*Coach Craig Upchurch*

Upper Elementary boys and girls are welcome to attend this basketball clinic. During the week, participants will focus on shooting, ball-handling, post play, perimeter play, defense, and special areas. They will learn the fundamentals of this sport, all while having fun! Students will participate in drills, games, and understand aspects of playing different positions.

## **Week 6: July 6–10**

### **Board Games**

*Cory Eckert*

Students can test their skills at Monopoly, Jenga, Apples to Apples, and more.

### **Bread Baking**

*Cory Eckert*

We'll learn how to mix, measure, knead, and bake yeast breads and pizzas, and we'll make fast-rise breads like muffins. We'll eat all over experiments! All students will take home a cookbook.

## **Fencing**

*Houston Sword Sports*

Students will be introduced to fundamental fencing skills through games and other activities. They will learn the history of the sport, how to move, attack and defend, and have a chance to test their skills with other beginners. Equipment will be provided.

## **Tennis Skills**

*Coach Gary Sweetnam*

Coach Sweetnam will introduce the game of tennis using low compression balls and modified nets. They will learn and practice fundamental tennis skills and engage in fun games.

## **Transportation Master: Engineering Around the World using LEGO®**

*Play-Well TEKnologies staff*

Want to see the seven wonders of the world? Now you can in this creative hands-on environment through LEGO®. Learn how modes of transportation work to get you from place to place. Explore the Statue of Liberty by ferry, take a bullet train through Japan, and even a safari adventure in Africa. See all this through the fundamentals of STEM concepts that form the basis of these projects.

## **Upper Elementary Drama Camp**

*Dana Bowman*

This is a week-long course in which students will write, perform, and

produce their own play. During this course, students will receive lessons on playwriting, acting, and theatrical design, which will enable them to create their own play. We will rehearse this play and perform it at the end of the second week. During the course, in addition to acting and writing, students will also have the opportunity to make prop, set, and costume pieces out of crafting materials for the play.

Note that this is a full-day activity.

## **Week 7: July 13–17**

### **Art: Patterns as Compositional Structure**

*Saida Fagala*

Using the work of famed artist Sonya Delaunay as inspiration, students examine two-dimensional patterns as a compositional structure. Resist techniques will be utilized in water-media-based works. Students will use acrylic paint, watercolor, and mixed media.

### **Camp Demi-God**

*Cory Eckert*

This year, Camp Demi-God is visiting Asgard with Thor and Loki! Campers will research the Norse pantheon, create family crests for the Norse gods and goddesses, and write a readers theatre play about a specific Norse myth.

## **Co-ed Volleyball Camp**

*Shani Vanterpool*

This co-ed camp will focus on developing knowledge of the game through both individual work and team drills. Students will learn the fundamentals, develop and improve skills as they participate in fun drills and game play. Everyone will leave with a positive outlook and gain confidence in their potential and abilities as a volleyball player.

## **How to Use Your Cricut Machine (beginners)**

*Sandra De Leon*

If your child is a brand-new owner of a Cricut, this is the class for them! They will learn the ins and outs of their machine, how to use Design Space, and how to make some awesome projects! They will leave this class ready to explore the world of Cricut on their own, how to pick a font, adjust spacing, weld, and the process of weeding and cutting!

## **Minecraft**

*Cory Eckert*

Students will work collaboratively on problem-solving and construction projects using a private server and Minecraft: Education Edition.

## **Week 8: July 20-24**

### **Art: Recycling Projects**

*Saida Fagala*

Students will learn to create art using found objects in their classroom and community.

They will learn about different mediums to work with such as drawing, painting, and sculpture. Students will gain an appreciation for art around them and be able to think critically and create art from everyday objects.

### **Community Service Learning**

*Jenna Pel*

Students will learn the importance of service to our community. Students will embark on service outings such as sorting food at the Houston Food Bank and delivering pet food to homebound seniors via InterFaith Ministries' AniMeals. Service learners will also stay on campus and make items such as cat toys for the Houston SPCA, cards for veterans at the Houston VA, and birthday cards for seniors at Interfaith Ministries. Students will come away with practical solutions and memorable experiences of impacting communities close to their hearts.

### **Cricut Crafts**

*Sandra De Leon*

Ready to make some awesome DIY crafts? We will work with the Cricut machine to create simple designs on

fabrics, wood, glass, paper crafts, and vinyl to personalize items and much more! Get ready to get creative!

### Lego Challenge

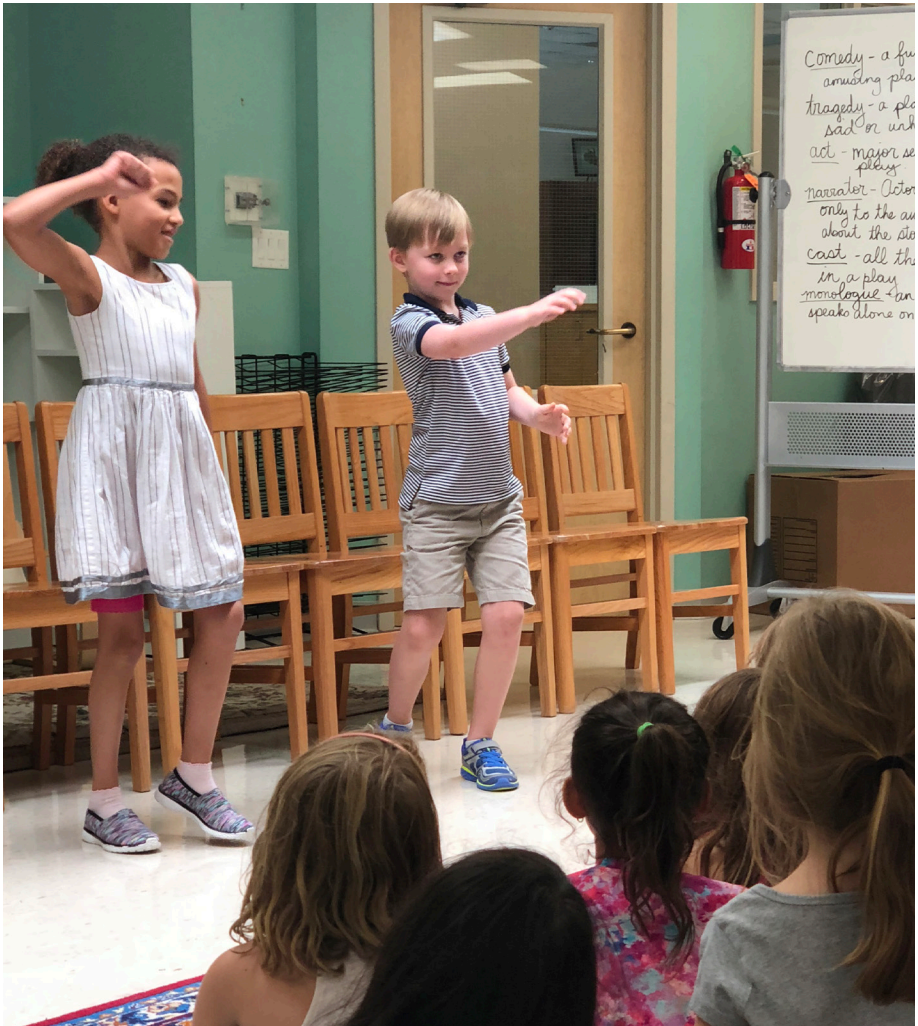
*Cory Eckert*

Students will have fun using their imagination and building with Legos. Each day they will be presented with a new challenge to tackle using creativity, teamwork, and problem-solving skills.

### Soccer Fundamentals

*Jenna Pel*

Students will learn and practice soccer skills such as passing, dribbling, shooting, and goalkeeping. We will put the FUN in fundamentals! All skill levels are welcome.



## MIDDLE SCHOOL

### **Chinese Mandarin for Beginners & Chinese Culture**

*Shoulong Zhou*

This class is for Middle and High School students who would like to have a taste of the Chinese language or already plan to learn it during the regular school year. Chinese culture will also be taught and experienced through various activities.

This class is offered the weeks of June 1 to 5 and June 8 to 12. Class meets daily from 9:00 a.m. to 3:00 p.m.

The weekly cost is \$600 per student. Space is limited.

### **Co-Ed Volleyball Camp**

*Shani Vanterpool*

This co-ed camp, intended for Middle School and High School students, will focus on developing knowledge of the game through both individual work and team drills. Students will learn the fundamentals, develop, and improve skills as they participate in fun drills and game play. Everyone will leave with a positive outlook and gain confidence in their potential and abilities as a volleyball player.

The class will meet from 9:00 a.m. to noon daily the week of June 8 to 12, and from 1:00 to 4:00 p.m. the week of July 13 to 17.

Class will take place in the gym on the Bissonnet Campus. The weekly cost is \$300 per student.

### **Co-ed Sports Camp**

*Coach Arte' Collins*

Middle School and High School boys and girls are welcome to attend this sports camp. Each day, participants will focus on and play different sports such as football, basketball, baseball, kickball, and track. They will learn proper stretching techniques and the fundamentals of the sport, all while having fun! Students will participate in drills, games, and learn aspects of playing different positions. Each day will conclude with a review of the sport and techniques students can practice on their own.

The class meets daily from 1:00 to 4:00 p.m. during the week of June 22 to 26. Class takes place in the gym at the Bissonnet Campus.

The weekly cost is \$300 per student.

### **Co-ed Basketball Camp**

*Coach Craig Upchurch*

Middle School and High School boys and girls are welcome to attend this basketball clinic. During the week, participants will focus on shooting, ball-handling, post play, perimeter play, defense, and special areas. They will learn the fundamentals of this sport, all while having fun! Students will participate in drills, games, and



understand aspects of playing different positions.

The class meets daily from 1:00 to 4:00 p.m. during the week of June 29 to July 2 and takes place in the gym at the Bissonnet Campus.

The weekly cost is \$240 per student.

### **Drama Camp**

*Dana Bowman*

This is a week-long course in which students will write, perform, and produce their own play. During this course, students will receive lessons on playwriting, acting, and theatrical design, which will enable them to create their own play. We will rehearse this play and perform it at the end of the second week. During the course, in addition to acting and writing, students will also have the opportunity to make prop, set, and costume pieces out of crafting materials for the play.

The class will meet from 9:00 a.m. to 3:00 p.m. daily with a break for lunch during the week of July 13 to 17 on the Museum District Campus.

The weekly cost is \$500 per student. A minimum of six students will be required.

### **Humanities Crash Course**

*Jenna Pel*

Students will have a hands-on primer to the Middle School humanities curriculum over the course of the week.

Students will spend a day exploring content relating to our four humanities themes: law and government, dramatic change, human migration, and 20th-century U.S. Students will get an introduction into research and make presentations on their research. This is a great introduction into the humanities curriculum for rising Middle School students.

The class meets daily from 9:00 a.m. to noon during the week of July 13 to 17.

The weekly cost is \$300 per student.

### **Technology Organization & Integration: Google Suites**

*Monica Lundeen*

This half-day course is for Post Oak students who will be in 7th, 8th, or 9th grade next year. Students will spend one week working with Google Suites, learning the ins and outs of Calendar, Drive, Docs, Sheets, and Slides and how to integrate technology and executive functioning skills.

This class is offered the weeks of June 1–5, June 8–12, June 15–19, and June 22–26. Class meets daily from 9 a.m. to noon.

The weekly cost is \$300 per student.

# HIGH SCHOOL

## **Co-ed Volleyball Camp**

*Shani Vanterpool*

This co-ed camp, intended for Middle School and High School students, will focus on developing knowledge of the game through both individual work and team drills. Students will learn the fundamentals, develop, and improve skills as they participate in fun drills and game play. Everyone will leave with a positive outlook and gain confidence in their potential and abilities as a volleyball player.

The class will meet from 9:00 a.m. to noon daily during the week of June 8 to 12, and from 1:00 to 4:00 p.m. during the week of July 13 to 17.

Class will take place in the gym on the Bissonnet Campus.

The weekly cost is \$300 per student.

## **Co-ed Sports Camp**

*Coach Arte' Collins*

Middle School and High School boys and girls are welcome to attend this sports camp. Each day, participants will play and focus on different sports such as football, basketball, baseball, kickball, and track. They will learn proper stretching techniques and the fundamentals of the sport, all while having fun! Students will participate in drills, games, and learn aspects of playing different positions. Each day

will conclude with a review of the sport and techniques students can practice on their own.

The class meets daily from 1:00 to 4:00 p.m. during the week of June 22 to 26. Class takes place in the gym at the Bissonnet Campus.

The weekly cost is \$300 per student.

## **Co-ed Basketball Camp**

*Coach Craig Upchurch*

Middle School and High School boys and girls are welcome to attend this basketball clinic. During the week, participants will focus on shooting, ball-handling, post play, perimeter play, defense, and special areas. They will learn the fundamentals of this sport, all while having fun! Students will participate in drills, games, and understand aspects of playing different positions.

The class meets daily from 1:00 to 4:00 p.m. during the week of June 29 to July 2 and takes place in the gym at the Bissonnet Campus.

The weekly cost is \$240 per student.

## **Math Boot Camp**

*Jeremy Grisbee*

This half-day course is for 9th through 12th-grade students at The Post Oak School who wish to advance their math skills during the summer. It is targeted to all students, whether trying to prepare for the IB Mathematics

course or exams, to advance in the Integrated Math curriculum, or simply to remediate concepts from previous semesters. Students will also participate in one seminar each week.

Math Boot Camp is offered for the first three weeks from June 1 to 5, June 8 to 12, and June 15 to 19. Students may attend one, two, or all three weeks.

Class meets daily from 9:00 a.m. to noon, with a short break between two study and work sessions.

The weekly cost is \$300 per student.

### **Extended Essay Writing Workshop**

*Kim Harrison*

This class is for rising seniors who want structured time to work on their IB Extended Essay rough drafts. Students will have research and writing support and will leave either having finished their rough draft or will make significant progress and leave with a plan for finishing by the end of summer break.

The camp will be offered for two weeks, June 22 to 26 and July 13 to 17. Students are encouraged to attend one or both of these sessions, depending upon their needs and summer schedule. A minimum of five students per workshop will be required.

Class meets daily from 9:00 a.m. to noon.

The weekly cost is \$300 per student.

### **College Essay Writing Boot Camp**

*Dr. James Quillin*

This is an intensive, one week workshop designed to train, focus, and inspire rising high school juniors and seniors to write their college essays with the goal of having three essays completed by the end of the course.

This class is offered the week of July 20 to 24. Class meets daily from 9:00 a.m. to noon.

The weekly cost is \$300 per student. Space is limited.

### **Chinese Mandarin for Beginners & Chinese Culture**

*Shoulong Zhou*

This class is for Middle and High School students who would like to have a taste of the Chinese language or already plan to learn it during the regular school year. Chinese culture will also be taught and experienced through various activities.

This class is offered the weeks of June 1 to 5 and June 8 to 12. Class meets daily from 9:00 a.m. to 3:00 p.m.

The weekly cost is \$600 per student. Space is limited.

## PRICING

Schedule	Price per week	Ages
8:30 a.m.–12:00 p.m.	\$225	YCC & Primary
8:30 a.m.–3:30 p.m.	\$350	All levels
7:00–8:30 a.m. (Morning Care)	\$30	All levels
3:30–6:00 p.m. (Afternoon Care)	\$75	All levels

Schedule for June 29–July 2 (4 days)	Price per week	Ages
8:30 a.m.–12:00 p.m.	\$180	FDYCC & Primary
8:30 a.m.–3:30 p.m.	\$280	All levels
7:00–8:30 a.m. (Morning Care)	\$24	All levels
3:30–6:00 p.m. (Afternoon Care)	\$60	All levels

## REGISTRATION

Log on to [My Backpack](#) to register your child. For non-Post Oak students, please contact Auxiliary Programs Coordinator Dinah Chetrit by phone at 713-661-6688 or by email at [dinahchetrit@postoakschool.org](mailto:dinahchetrit@postoakschool.org).

## NEW SUMMER REGISTRATION POLICY

All registered summer school weeks must be paid for before the start of the summer school term in order for your child to attend. Payment is required at the time of registration via e-Check. If your child is wait-listed and not admitted to a class, you will be refunded the amount paid for that class.

Any cancellations must be made by the Wednesday before the start of the week of summer school your child is registered to attend in order to get a refund. NO refunds shall be issued if your child does not attend classes or the cancellation deadline is not met.

A student who attends for one day will be considered to have attended for the entire week. No partial weeks will be billed unless there is a holiday or school is closed by the administration.

If you have any questions, please contact Dinah Chetrit, Auxiliary Programs Coordinator, at [dinahchetrit@postoakschool.org](mailto:dinahchetrit@postoakschool.org) or 713-661-6688.



[www.postoakschool.org](http://www.postoakschool.org)