



March '20 Breakfast & Lunch Menu

Iredell Statesville Schools: High School Menu

Offered Daily: 1/2 pint Milk: FF (13), 1% (13), or
 Chocolate 1% (20), Strawberry FF (19) or Vanilla FF (19)

(~carb counts)

**Menu subject to change due to weather, calendar
 changes, administrative directive, equipment malfunction,
 and/or product availability.**

Cinnamon Toast Crunch (22) Cheeseburger (26) Oven Fried Chicken, Roll (22) Sweet Potato Souffle (56) Green Beans (5) Applesauce Cup (24) 2	Strawberry Parfait (51) Mac & Cheese, Roll (48) Pork BBQ Sandwich (26) Baked Beans (28) Creamy Coleslaw (7) Chilled Peaches (17) 3	Lucky Charms (23) Spaghetti w/ Breadstick (56) Pizza Dipping Sticks (39) Fresh Garden Salad (3) Sweet Yellow Corn (16) Fruit Pearls (11) 4	Cinnamon Toast Bar (40) Hot Dog w/Toppings (30) Mandarin Chicken, Rice (63) Deli Roasters (20) Broccoli w/ Cheese (7) Warm Peach Cobbler (51) 5	Cocoa Puffs (25) Pepperoni Pizza (30) Chicken Fajitas (30) Tater Tots (16) Tomatoes & Ranch (4) Assorted Fruit Juice (15) 6
				
9	10	11	12	13
Teacher Workday Make Up Day 16	Mini Pancakes (36) Chic Fillet Sandwich (37) Turkey & Cheese Sandwich (28) Sweet Green Peas (13) Dill Pickles (0) Chilled Peaches (17) 17	Yogurt w/ Grahams (33) Hamburger (25) Pork Chop Sandwich(43) Mashed Potatoes (15) Homestyle Greens (6) Assorted Fruit Juice (15) 18	Biscuit & Gravy (39) Beefy Nachos (36) Chicken Alfredo, Breadstick (46) Green Beans (5) Sweet Waffle Fries (26) Fruity Jell-O (30) 19	Snowballs (34) Cheese Pizza (30) Fish Sandwich (41) Steamed Cabbage (3) Carrots & Ranch (11) Strawberry Cup (22) 20
Sausage Biscuit (27) Mozzarella Sticks w/ Marinara (40) Orange Chicken w/ Rice(59) Glazed Carrots (12) Broccoli w/ Cheese (7) Chilled Sliced Pears(15) 23	Super Honey Bun (34) Corndog (30) Fiestada Pizza (43) Refried Beans w/ Chips (28) Potato Smiles (20) Warm Peach Cobbler (51) 24	Breakfast Pizza (26) Chicken BBQ Sandwich (34) Grilled Cheese Sandwich (36) Tomato Soup, Crackers (34) Sweet Yellow Corn (16) Raisins (29) 25	Glazed Cinnamon Roll (43) Lasagna w/ Breadstick (40) Chicken Tenders, Roll (25) Seasoned Potato Wedges (21) Fresh Garden Salad (3) Baked Cinnamon Apples (30) 26	Dunking Stix (48) Pizza Pocket (30) Beef Ravioli, Breadstick (45) Pinto Beans (20) Tomatoes & Ranch (4) Assorted Fruit Juice (15) 27
French Toast Sticks (38) Spicy Chic Fillet (40) Beefy Soft Taco (31) Lettuce and Tomatoes (3) Sweet Potato Crinkles (17) Fruit Cocktail (14) 30	Blueberry Muffin (26) Chicken Nuggets, Roll (25) Beef Riblet Sandwich (37) Cheesy Potato Soup, Crackers (54) Green Beans (5) Fruity Jell-O (30) 31	 <p>SCHOOL BREAKFAST OUT OF THIS WORLD!™</p> <p>March 2 - 6</p>		

Whole Grain Poptarts, assorted cereals, grahams, fruit, and juice are daily alternate breakfast selections