

St. Paul Parish Lent 2020

Lent begins on Ash Wednesday, February 26.

As a parish family, now it is the time to prepare ourselves for this annual retreat in preparation for the great feast of the Lord's Resurrection. How are you getting ready? Here are some ideas!

Lenten Regulations: Fast & Abstinence

With the beginning of the Lent, the Church proclaims anew Christ's call to penance and conversion of life. Joined with the universal Church as a sign to the world to heed the call of penance and conversion, we embrace the Lenten practices of fasting, almsgiving and prayer. Lent from Ash Wednesday to Holy Friday is a time for self-denial, charity and prayer. The specific discipline of the Church in the United States regarding penitential days is:

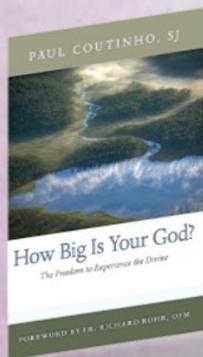
- The days of fast and abstinence are

Ash Wednesday and Good Friday.

- The other Fridays of Lent are Days of Abstinence.

Those between the ages of 18 and 59 are obliged to fast. By this obligation, the individual is permitted only one full meal a day. At the age of 14, people are obliged to abstain from the eating of meat, but not eggs, milk products or condiments of any kind, even though made from animal fat. The obligation to observe the laws of fast and abstinence substantially or as a whole is a serious

obligation. The failure to observe one penitential day in itself is not considered serious. It is the failure to observe any penitential days at all, or a substantial number of days, which must be considered serious. The obligation of receiving the Eucharist at least once a year should still be fulfilled during the period from the First Sunday of Lent, February 29 - March 1 to Trinity Sunday, June 6 - 7.



Lenten Book Club

Join us this Lent as we read and discuss Fr. Paul Coutinho's book "How Big Is Your God?: The Freedom to Experience the Divine." In this book, Fr. Coutinho, SJ, challenges us to grow stronger and deeper in our faith and in our relationship with God—a God whose love knows no bounds. The book club will be on the following Monday: March 2, March 9, March 16, March 23, March 30 and April 6 from 12:45-1:30 pm in Rooms 1 & 2 in the Spiritual Center. Register for the book club by contacting the Parish Office at (609) 924-1743. All are welcome!

LENTEN RESOURCES

Formed.org/lent
Lenten Reflections
Experience the Catholic Faith in a Whole New Way

DO SOMETHING
life-changing.
JOIN US FOR BEST LENT EVER.
www.bestlentever.com

The Little Black Books for Lent
Available this weekend is the "The Little Black Book" a six minute daily mediation on the gospels of Lent. You are invited to take one as an aid for your Lenten journey.

Ash Wednesday

Wednesday, Feb. 26
Ashes will be distributed during all liturgies

Liturgy Schedule
Masses: 6:45 am, 8:15 am, 12:10 pm & 7:00 pm (bilingual)
Liturgy of the Word: 4:00 pm & 5:30 pm

LENTEN LITURGICAL SCHEDULE

Daily Mass
Monday, Wednesday and Friday
6:45 am; 8:15 am; 12:10 pm
Tuesday and Thursday
6:45 am; 8:15 am; 5:30 pm

Stations of the Cross
Friday Evenings of Lent at 7:00 pm
in English and 8:00 pm in Spanish

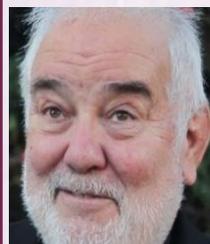
Reconciliation
Thursday following 5:30 pm Mass
Saturday at 4:00 pm

OUR PARISH WELCOMES FOR OUR LENTEN JOURNEY



Kathleen Keefe
A Lenten Talk on Divine Mercy
Monday, March 30 at 6:30 pm
 Priestly and Family Renewal have been the focus of Kathleen Keefe's apostolic work in the Church for the past twenty years. Encouraged by the late John Cardinal O'Connor to pursue her vision, she founded Peace Through Divine Mercy in the New York Archdiocese in 1988 as an apostolate of intercession for priests and families. It evolved into the apostolic work of Enthronement, which has spread throughout the United States and other countries including Ireland, where it has been established since 1998 under Bishop Séamus Hegarty, Bishop of Derry, N. Ireland. The Divine Mercy Enthronement movement for the healing of families, initiated by Mrs. Keefe in 1991, is a fruit of the work of intercession. Applying her background as a family counselor, teacher, and mother of seven, Kathleen has compiled a series of teachings on the healing dimension of Divine Mercy from parish missions and retreats she has conducted over a ten year period in the United States, Italy and Northern Ireland.

A frequent speaker on the topics of forgiveness and healing in the light Divine Mercy, Kathleen co-authored The Image of Mercy, with Boston's auxiliary Bishop Emilio S. Allué in 1996. Her more recent books include: Mother of God, Mother of Priests (2001), The Sorrowful Mysteries of the Rosary for Bishops and Priests (2002), and The Seven Sacraments in the Light of Divine Mercy(2003), as well as healing services and holy hours for parishes.



FR. RICHARD MCALEAR, OMI
A LENTEN HEALING RETREAT
MARCH 23 TO MARCH 25
 Fr. McAlear is known internationally for his teaching on the Eucharist and for his Ministry of Healing. For more than thirty years, Fr. McAlear has traveled around the world preaching the mercy and love of God that comes through Jesus Christ. He is a highly sought out conference speaker and retreat director.

Monday, March 23
 Confessions
 6:30 - 9:00 pm
 Lounge 1

Tuesday, March 24
 Lenten Teaching/Reflection
 6:15 - 8:00 pm
 Auditorium

Wednesday, March 25
 Mass for Healing
 6:30 - 9:30 pm
 Church

Good Friday -- Outdoor Stations of the Cross

Do you like the **visual arts**, theater, lighting, props ...
 We need your help! We are looking for volunteers, adults and older teens, to help us bring the **STATIONS OF THE CROSS** to ... **Still-Life**.
 To find out more, to lend a prop, to design a Station, ... please contact Claire at cgmachl@gmail.com.



Tuesday, April 7



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Tenebrae, (meaning "darkness" or "shadows," is based on a twelfth-century late night/early morning service and is an extended meditation on the passion of Christ. It involves extinguishing candles one by one as Christ goes through his passion.

Soup and Salad Supper

Friday Evenings of Lent
 from February 28 to April 3
 6:00 to 6:45 PM
 St. Paul School Cafeteria



Sponsored by the Knights of Columbus



Create a clean heart within me

Parish Reconciliation Service with individual Confession

Wednesday, April 1
 7:00 pm



Holy Week

PALM SUNDAY OF THE PASSION OF THE LORD	THURSDAY OF THE LORD'S SUPPER	FRIDAY OF THE LORD'S PASSION	HOLY SATURDAY
Saturday, April 4 5:30 pm	Morning Prayer 9:00 am	Morning Prayer 9:00 am	Morning Prayer 9:00 am
Sunday, April 5 7:00, 8:30, 10:00, 11:30 am & 5:00 pm Misa en Español a 7:00 pm	Bilingual Evening Mass of the Lord's Supper at 7:30 pm Adoration of the until Midnight in the Mercy Chapel	Bilingual Celebration of the Lord's Passion at 3:00 pm Bilingual Outdoor Stations at 7:00 pm	Easter Vigil (Bilingual) 8:00 pm EASTER SUNDAY 7:00, 8:30, 10:00, 10:15, 11:30 am Misa en Español a 1:30 pm