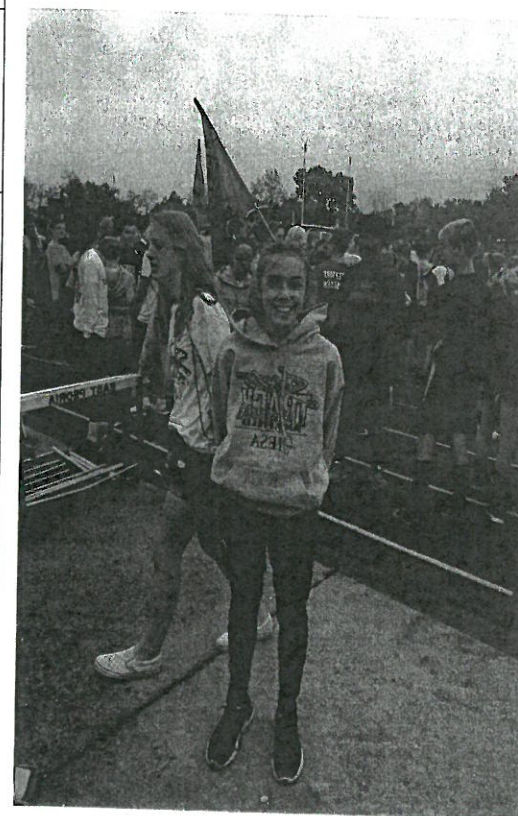


# DVMS Girls' Track March 2020

Coaches  
 Stephen Carter  
 scarter@dunlapcusd.net  
 Ellen Benefield  
 Patrick Sullivan

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Practice At DVMS 3:30-5:00	3 Practice At DVMS 3:30-5:00	4 Practice At DVMS 3:30-5:00	5 Practice At DVMS 3:30-5:00	6 No Practice	7
8	9 Practice At DHS 3:30-5:30	10 Practice At DHS 3:30-5:30	11 Practice At DHS 3:30-5:30	12 Practice At DHS 3:30-5:30	13 Practice At DHS 3:30-5:30	14 Practice At DHS 9:00-10:30 (OPTIONAL)
15	16 Intersquad Meet At DHS 4:00	17 Practice At DHS 3:30-5:30	18 Practice At DHS 3:30-5:30	19 Practice At DHS 3:30-5:30	20 Practice At DHS 3:30-5:30	21
22	23	24 Practice AT DHS 9:00-10:30 (OPTIONAL)	25 Practice AT DHS 9:00-10:30 (OPTIONAL)	26	27 Practice AT DHS 9:00-10:30 (OPTIONAL)	28 Practice AT DHS 9:00-10:30 (OPTIONAL)
29	30 Practice At DHS 3:30-5:30	31 Practice At DVMS 3:30-5:00				



Teagan 2nd in State in Long Jump & school records in Long Jump and 400 Meter Dash

**“Success is no accident. It is hard work, perseverance, learning, studying, sacrifice and, most of all, LOVE of what you are doing.”**

# DVMS Girls' Track April 2020

Coaches  
 Stephen Carter  
 scarter@dunlapcusd.net  
 Ellen Benefield  
 Patrick Sullivan

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Practice At DHS 3:30-5:30	2 Meet At DHS 4:00	3 Practice At DHS 3:30-5:30	4
5	6 Practice At DHS 3:30-5:30	7 Practice At DVMS 3:30-5:00	8 Meet At DHS 4:00	9 Practice At DHS 3:30-5:30	10 Practice AT DHS 9:00-10:30 (OPTIONAL)	11 Practice AT DHS 9:00-10:30 (OPTIONAL)
12	13 Practice AT DHS 9:00-10:30 (OPTIONAL)	14 Meet At Metamora High School 4:15	15 Practice At DVMS 3:30-5:00	16 Practice At DHS 3:30-5:30	17 Practice At DHS 3:30-5:30	18 Meet At Pekin High School 1:00
19	20 Practice At DHS 3:30-5:30	21 Meet At Farming High School 4:00	22 Meet At DHS 6th Grade 4:00	23 Meet At East Peoria Eastside 4:30	24 Practice At DVMS 3:30-5:00	25 St. Phil's Invite Eastside 10:00
26	27 Meet At Morton High School 4:30	28 Practice At DHS 3:30-5:30	<del>29 Meet At Washing High School 6th Grade</del>	30 Practice At DHS 3:30-5:30		

**“Never underestimate the power you give yourself by believing in you.”**

# DVMS Girls' Track May 2020

Coaches  
 Stephen Carter  
 scarter@dunlapcusd.net  
 Ellen Benefield  
 Patrick Sullivan

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Practice At DHS 3:30-5:30	2 Pekin Invite At Pekin HS 9:00
3	4 Meet At DHS 4:00	5 Practice At DHS 3:30-5:30	6 Practice At DHS 3:30-5:30	7 Practice At DHS 3:30-5:30	8 Practice At DHS 3:30-5:30	9 Practice AT DHS 9:00-10:30 (OPTIONAL)
10	11 Meet Germantown (Met HS) 4:15	12 Practice At DHS 3:30-5:30	13 Practice At DVMS 3:30-5:00	14 Practice At DHS 3:30-5:30	15 Practice At DHS 3:30-5:30	16 SECTIONAL At Morton High School 9:00
17	18 Practice At DHS 3:30-4:30	19 Practice At DHS 3:30-4:30	20 Practice At DHS 3:30-4:30	21 Practice At DHS 3:30-4:30	22 STATE Eastside TBA	23 STATE Eastside TBA
24	25	26	27	28	29	30
31						

**Success isn't given. It's earned on the track and on the field with blood, sweat and the occasional tear.**