

**Wellness Council Agenda**  
2/12/2020  
8:45AM-12:00PM  
District Office Conference Room 14

1. Welcome and Introductions
  - a. New Chair - [Jen Brown](#)
  - b. Wellness email address [wellness@ucfsd.net](mailto:wellness@ucfsd.net)
  - c. [UCF Wellness Website](#)
  - d. [FOCUS](#) - Betty Kucharczuk & Aneesha Dhargalkar
  
2. Announcements
  - a. [UPenn Partnership](#) update - More to come in May when we focus on Social Emotional Learning
    - i. [Consortium Newsletter Vol 1 Issue 1](#)
  - b. [PAYS](#) occurred in October 2019 - information shared with UCFSD in the spring
  - c. [Climate Surveys](#) being administered in Spring 2020
  - d. [Wellness Conference](#) - held on November 5, 2019
  - e. [Hillendale Wellness Day](#) - January 28, 2020
  - f. [QPR](#) Parent Night on February 19, 2020 from 7PM-9PM in the UHS Auditorium  
\*9th grade students are being trained at school on February 25, 2020
  - g. March 6-7 is the [National Day of Unplugging](#)
  - h. [School Start Time Study Recommendation](#) - [Sleep Deprivation in Adolescents](#)
  - i. [Safe2Say Something](#) - 1 year in
  
3. Schedule
  - a. 8:45-9:00 Introduction and Announcements while Enjoying Elementary School Breakfast Options Provided by UCFSD Food Services
  - b. 9:00-9:30 [Overview of Lunch and Learn](#) with Jimmy Conley
  - c. 9:30-10:00 [Food Services Presentation](#) with Marie Wickersham
    - i. Goal for 2019-2020: Enhance the food service program to offer more diverse and locally sourced food selections to support the community and meet a variety of student preferences
    - ii. Middle School Cafeteria Renovation and New Food Service Program
    - iii. Elementary School Food Service Program Discussion
  - d. 10:00-10:20 More on Lunch and Learn with Jimmy Conley
  - e. 10:20-11:15 Experience Lunch and Learn at UHS
  - f. 11:15-12:00 Feedback and Q&A on Lunch and Learn and Food Services
  
4. 2019-2020 Wellness Council Meeting Schedule
  - a. Wednesday, May 6, 2020, 1:00-3:30, DO Conference Room 14

To access this agenda go to <http://bit.do/WellnessFeb2020>

