

ELEMENTARY SCHOOL BREAKFAST MENU

MARCH

SCHOOL BREAKFAST

OUT OF THIS WORLD!™



Parents: Your child can get healthy breakfast options at school that are out of this world!

Students who eat school breakfast are more likely to:

Reach higher levels of achievement in reading and math

Score higher on standardized tests

Have better concentration and memory



Be more alert

Maintain a healthy weight

**STUDENT
NUTRITION
PROGRAM**

GROTON PUBLIC SCHOOLS



Mon	Tue	Wed	Thu	Fri
2 Assorted Cereal Muffin (assorted selection) Diced Pears	3 Planetary Yogurt Parfait Galaxy Granola & Grahams Berry Bot Fruit 	4 Whole Grain Lemon Bread Fresh Florida Orange	5 Blueberry Muffin String Cheese Fresh Banana	6 Whole Wheat Mini Bagel with WOW Butter Spread Fresh Banana
March 2 - 6, 2020 is National School Breakfast Week!				
9 Assorted Cereal Non-Fat Yogurt Diced Pineapple	10 Whole Grain Cinnamon Roll Non-Fat Yogurt Applesauce Cup	11 Egg & Cheese on a Wheat Bagel Sliced Peaches	12 Apple Cinnamon Muffin String Cheese Fresh Mac Apple	13 No School Today! Professional Development Day
16 Assorted Cereal Muffin (assorted selection) Raisins	17 Whole Grain Banana Bread Red Seedless Grapes	18 Egg & Cheese on a Wheat Bagel Diced Peaches	19 Whole Grain Corn Muffin String Cheese Fresh Banana	20 Strawberry Scone Fresh Cut Strawberries
23 Assorted Cereal Non-Fat Yogurt Diced Pineapple	24 Whole Grain Berry Bread Fresh Florida Orange	25 Egg, Ham & Cheese on an English Muffin Mandarin Oranges	26 Fruit & Yogurt Parfait with Cinnamon Granola Annie's Bunny Grahams Apple Slices	27 Whole Wheat Mini Bagel with Cream Cheese Fresh Banana
30 Assorted Cereal Muffin (assorted selection) Diced Peaches	31 Whole Wheat Pumpkin Bread Fresh Florida Orange	 8 oz. low fat or fat-free milk and 100% fruit juice are offered <u>every day</u> with breakfast. Children qualifying for free or reduced-price lunch also qualify for free or reduced-price breakfast		

Menu items subject to change.

Breakfast Pricing

Full Price: \$1.50 Reduced Price: \$0.30 Milk Only: \$0.50