



Do you know that March 2-6 is National School Breakfast Week?



Parents: Your child can get healthy breakfast options at school that are out of this world!

Students who eat school breakfast are more likely to:

Reach higher levels of achievement in reading and math

Score higher on standardized tests

Have better concentration and memory

Be more alert

Maintain a healthy weight



Check out our March breakfast menu and join us!

STUDENT NUTRITION PROGRAM

GROTON PUBLIC SCHOOLS



ELEMENTARY SCHOOL MARCH LUNCH MENU

View account balances at

MyPaymentsPlus.com

Lunch Pricing

- Full Price: \$2.80
- Reduced Price: \$0.40
- Milk Only: \$0.50
- Staff Lunch: \$4.25

Mon	Tue	Wed	Thu	Fri
2 Crispy Chicken Sandwich on a Wheat Roll Tater Tots Mandarin Oranges	3 Cheese Bites with Marinara Dipping Sauce Garlic Knot Roasted Broccoli Diced Peaches	4 Hot Dog on a Whole Wheat Roll Baked Beans Confetti Coleslaw Fresh Bartlett Pear	5 French Toast Sticks Chicken Sausage Links Hash Brown Patty Fresh Green Apple	6 Pizza Day! Cheese or Chef's Choice Garden Salad Fresh Banana
9 Chicken Nuggets with Ranch Dipping Sauce Smiley Fries Steamed Broccoli Mandarin Oranges	10 Stuffed Shells with Marinara Garlic Bread Roasted Green Beans Pineapple Cup	11 Beef & Cheese Nachos Lettuce and Tomato Spanish Rice & Black Beans Salsa Cup Assorted Fruit Cup	12 Pizza Day! Cheese or Chef's Choice Spinach Salad 100% Juice Italian Ice	13 No School Today! Professional Development Day
16 Teriyaki Chicken over Fried Brown Rice Stir Fry Vegetables Garlic Breadstick Applesauce	17 Shamrock-Shaped Chicken Nuggets Wheat Roll Tater Tots Fresh Strawberries	18 Spaghetti with Meat Sauce Garlic Bread Kale Caesar Salad Strawberry Shortcake	19 Hot Dog on a Whole Wheat Roll Seasoned Yellow Corn Red Delicious Apple	20 Pizza Day! Cheese or Chef's Choice Garden Salad Florida Orange Wedges
23 Chicken & Waffles with Warm Syrup Cinnamon Baked Carrots Strawberry Applesauce	24 Macaroni & Cheese Corn Muffin Roasted Green Beans Fresh Banana	25 Breaded Mini Corn Dogs Honey-Mustard Baked Beans Green Seedless Grapes	26 Turkey & Cheese Sandwich Cherry Tomato & Corn Salad Doritos Bagged Apples	27 Pizza Day! Cheese or Chef's Choice Romaine Caesar Salad 100% Juice Italian Ice
30 Chicken Caesar Wrap on a Whole Wheat Tortilla Cucumber & Tomato Salad Pretzels Diced Peaches	31 Grilled Cheese Sandwich on Whole Wheat Bread Ranch Potato Wedges Watermelon Applesauce	<p>Our Rainbow Vegetable Tray Is offered daily with all lunches.</p> <p>All meals include:</p> <ul style="list-style-type: none"> <li style="margin-right: 10px;">2 oz. Meat/Meat Alternate <li style="margin-right: 10px;">2 oz. Whole Grains <li style="margin-right: 10px;">1/2 c. Fruit <li style="margin-right: 10px;">3/4 c. Vegetables <li style="margin-right: 10px;">8 oz. Milk (low fat or fat-free) 		

Alternate lunches available daily - Contact your school's kitchen manager for daily options.

Menu items subject to change.